

# Pre-intermediate Italian wordlist

## File 1

### Vocabulary Banks

#### DESCRIBING PEOPLE

<b>bald</b> <i>adj</i>	/bɔ:ld/	He's <b>bald</b> . He's got no hair.	calvo / a
<b>beard</b> <i>adj</i>	/bɪəd/	He has a <b>beard</b> and a moustache.	barba
<b>big</b> <i>adj</i>	/bɪg/	In the UK women often wear <b>big</b> hats at weddings.	grande
<b>blue</b> <i>adj</i>	/blu:/	She has big <b>blue</b> eyes.	azzurro / a
<b>clever</b> <i>adj</i>	/'klevə/	He is very <b>clever</b> . He is quick at learning and understanding things.	intelligente
<b>curly</b> <i>adj</i>	/'kɜ:li/	She has <b>curly</b> red hair.	riccio / a
<b>extrovert</b> <i>n</i>	/'ekstrəvɜ:t/	He's such an <b>extrovert</b> . He loves it when everyone looks at him.	estroverso / a
<b>fat</b> <i>adj</i>	/fæt/	My dog is quite old, and a bit <b>fat</b> .	grasso / a
<b>friendly</b> <i>adj</i>	/'frendli/	The students at my college are very <b>friendly</b> .	cordiale
<b>fun</b> <i>adj</i>	/fʌn/	A person who is <b>fun</b> is a person who you have a good time with.	spassoso / a
<b>funny</b> <i>adj</i>	/'fʌni/	A person who is <b>funny</b> makes you laugh.	divertente
<b>generous</b> <i>adj</i>	/'dʒenərəs/	A person who likes giving people things is <b>generous</b> .	generoso / a
<b>hard-working</b> <i>adj</i>	/hɑ:d 'wɜ:kɪŋ/	She never stops. She is so <b>hard-working</b> .	laborioso / a
<b>height</b> <i>n</i>	/haɪt/	He's medium <b>height</b> and very thin.	altezza
<b>kind</b> <i>adj</i>	/kaɪnd/	Thank you for the present – you are very <b>kind</b> .	gentile
<b>lazy</b> <i>adj</i>	/'leɪzi/	A person who doesn't want to work is <b>lazy</b> .	pigro / a
<b>long</b> <i>adj</i>	/lɒŋ/	She has <b>long</b> straight hair.	lungo / a
<b>mean</b> <i>adj</i>	/mi:n/	He's not very nice. He can be quite <b>mean</b> .	cattivo / a
<b>moustache</b> <i>adj</i>	/mə'sta:ʃ/	He has a beard and a <b>moustache</b> .	baffi
<b>nice</b> <i>adj</i>	/naɪs/	He's a very <b>nice</b> person.	gradevole
<b>overweight</b> <i>adj</i>	/'əʊvə'weɪt/	He's quite short and a bit <b>overweight</b> .	sovrappeso
<b>quiet</b> <i>adj</i>	/'kwaɪət/	She is really <b>quiet</b> . She doesn't say much.	silenzioso / a
<b>red</b> <i>adj</i>	/red/	She has curly <b>red</b> hair.	rosso / a
<b>serious</b> <i>adj</i>	/'sɪəriəs/	He is very <b>serious</b> . He doesn't like to have fun.	serio / a
<b>short</b> <i>adj</i>	/'ʃɔ:t/	He's quite <b>short</b> and a bit overweight.	basso / a
<b>shy</b> <i>adj</i>	/'ʃaɪ/	She's <b>shy</b> , so she finds it hard to talk to people she doesn't know.	timido / a
<b>slim</b> <i>adj</i>	/slɪm/	He's very tall and <b>slim</b> .	magro / a
<b>straight</b> <i>adj</i>	/streɪt/	She has long <b>straight</b> hair.	diritto / a
<b>stupid</b> <i>adj</i>	/'stju:pɪd/	Don't they know anything? They are so <b>stupid</b> !	stupido / a
<b>talkative</b> <i>adj</i>	/'tɔ:kətɪv/	A person who talks a lot is <b>talkative</b> .	loquace
<b>tall</b> <i>adj</i>	/tɔ:l/	He's very <b>tall</b> and slim.	alto / a
<b>thin</b> <i>adj</i>	/θɪn/	He's medium height and very <b>thin</b> .	snello / a
<b>unfriendly</b> <i>adj</i>	/'ʌn'frendli/	Nobody wants to spend time with him because he's so <b>unfriendly</b> .	scostante
<b>unkind</b> <i>adj</i>	/'ʌn'kaɪnd/	Don't be so <b>unkind</b> . It's not nice.	scortese

## Things you wear

<b>belt</b> <i>n</i>	/bɛlt/	I wear a <b>belt</b> to keep my trousers up.	cintura
<b>boots</b> <i>pl n</i>	/bu:ts/	She wears <b>boots</b> when it rains.	stivali
<b>bracelet</b> <i>n</i>	/'breɪslət/	She wears a <b>bracelet</b> on her arm every day.	braccialetto
<b>cap</b> <i>n</i>	/kæp/	I wear a <b>cap</b> when I play tennis.	berretto
<b>cardigan</b> <i>n</i>	/'kɑ:dɪgən/	I need my <b>cardigan</b> – it's too cold!	cardigan
<b>carry</b> <i>v</i>	/'kæri/	I <b>carry</b> an umbrella everywhere. It rains a lot.	portare
<b>coat</b> <i>n</i>	/kəʊt/	I always wear a <b>coat</b> when I go out.	cappotto
<b>dress</b> <i>n</i>	/dres/	I usually wear a <b>dress</b> to work.	vestito
<b>dress</b> <i>v</i>	/dres/	I <b>dress</b> my daughter every day for school.	vestire
<b>earrings</b> <i>pl n</i>	/'ɪərɪŋz/	These are big <b>earrings</b> ! They nearly touch your shoulder.	orecchini
<b>gloves</b> <i>pl n</i>	/glɒvz/	Some people wear <b>gloves</b> when they ski.	guanti
<b>hat</b> <i>n</i>	/hæt/	Where's my <b>hat</b> ? It's cold outside!	cappello
<b>jacket</b> <i>n</i>	/'dʒækɪt/	I don't always wear a suit but I do wear a <b>jacket</b> .	giacca
<b>jeans</b> <i>pl n</i>	/dʒi:nz/	I prefer black <b>jeans</b> to blue ones.	jeans
<b>leggings</b> <i>pl n</i>	/'legɪŋz/	<b>Leggings</b> are a popular alternative to trousers.	legging
<b>necklace</b> <i>n</i>	/'nekləs/	I like your <b>necklace</b> . Is it new?	collana
<b>ring</b> <i>n</i>	/rɪŋ/	I'm married, so I wear a <b>ring</b> .	anello
<b>sandals</b> <i>pl n</i>	/'sændlz/	He wears <b>sandals</b> to the beach.	sandali
<b>scarf</b> <i>n</i>	/skɑ:f/	A <b>scarf</b> can help to keep you warm.	sciarpa
<b>shirt</b> <i>n</i>	/'ʃɜ:t/	I wear a white <b>shirt</b> to work most days.	camicia
<b>shoes</b> <i>pl n</i>	/'ʃu:z/	I have got 20 pairs of <b>shoes</b> .	scarpe
<b>shorts</b> <i>pl n</i>	/'ʃɔ:ts/	I play tennis in <b>shorts</b> and a T-shirt.	pantaloncini
<b>skirt</b> <i>n</i>	/'skɜ:t/	My dad doesn't like me wearing a short <b>skirt</b> .	gonna
<b>socks</b> <i>pl n</i>	/'sɒks/	Do you wear <b>socks</b> with sandals?	calze
<b>suit</b> <i>n</i>	/'su:t/	I don't always wear a <b>suit</b> but I do wear a jacket.	completo, abito da uomo, tailleur
<b>sweater</b> <i>n</i>	/'swetə/	I wear a <b>sweater</b> to go jogging because it's so cold.	maglia
<b>tie</b> <i>n</i>	/taɪ/	Many men in England wear a <b>tie</b> to work.	cravatta
<b>tights</b> <i>pl n</i>	/'taɪts/	I prefer to wear <b>tights</b> under a skirt.	collant
<b>top</b> <i>n</i>	/'tɒp/	That's a nice <b>top</b> .	top
<b>tracksuit</b> <i>n</i>	/'træksu:t/	I wear a <b>tracksuit</b> before a football game.	tuta
<b>trainers</b> <i>pl n</i>	/'treɪnəz/	I don't like <b>trainers</b> . I prefer shoes.	scarpe da ginnastica
<b>trousers</b> <i>pl n</i>	/'traʊzəz/	Most of my <b>trousers</b> are black.	calzoni
<b>T-shirt</b> <i>n</i>	/'ti:ʃɜ:t/	I wear a <b>T-shirt</b> and shorts to the beach.	T-shirt
<b>wear</b> <i>v</i>	/weə/	They <b>wear</b> the same clothes nearly every day.	indossare

## Useful words and phrases

<b>appearance</b> <i>n</i>	/ə'pɪərəns/	Write a description of his <b>appearance</b> and personality.	aspetto
<b>artist</b> <i>n</i>	/'ɑ:tɪst/	Look at the painting by the British <b>artist</b> David Hockney.	artista
<b>carpet</b> <i>n</i>	/'kɑ:pɪt/	There is a red <b>carpet</b> on the floor.	tappeto
<b>compatible</b> <i>adj</i>	/'kəm'pætəbl/	Perhaps Holly could find me a guy who is more <b>compatible</b> .	compatibile
<b>divorced</b> <i>adj</i>	/dɪ'vɔ:st/	I am a <b>divorced</b> dad of three.	divorziato / a
<b>experiment</b> <i>n</i>	/'ɪks'pɪrɪmənt/	In our <b>experiment</b> , single people ask their mother and their best friend to help them meet a partner.	esperimento
<b>famous</b> <i>adj</i>	/'feɪməs/	Mr and Mrs Clark made clothes for <b>famous</b> people.	famoso / a
<b>get on well with</b>	/get ɒn wel wɪð/	I'm friendly and I <b>get on well with</b> most people.	andare d'accordo con
<b>go on a date</b>	/gəʊ ɒn ə deɪt/	Charlotte will <b>go on a date</b> with each man.	uscire
<b>guy</b> <i>n</i>	/gaɪ/	Perhaps Holly could find me a <b>guy</b> who is more compatible.	ragazzo
<b>infidelity</b> <i>n</i>	/'ɪnfɪ'deləti/	The cat is a symbol of <b>infidelity</b> .	infedeltà

living room <i>n</i>	/ˈlɪvɪŋ ru:m/	What pictures do you have on the wall in your <b>living room</b> ?	soggiorno
painting <i>n</i>	/ˈpeɪntɪŋ/	Look at the <b>painting</b> by the British artist David Hockney.	dipinto
partner <i>n</i>	/ˈpɑ:tənə/	She lives in Brighton and she doesn't have a <b>partner</b> at the moment.	partner
personality <i>n</i>	/ˌpɜ:sə'næləti/	Write a description of his appearance and <b>personality</b> .	personalità
position <i>n</i>	/pə'zɪʃn/	The <b>position</b> of the couple in the painting is unusual.	posizione
poster <i>n</i>	/ˈpəʊstə/	I have an unusual <b>poster</b> on the wall in my bedroom.	poster
pregnant <i>adj</i>	/ˈpregnənt/	I am <b>pregnant</b> , and the baby is due in May.	incinta
relationship <i>n</i>	/rɪ'leɪʃnʃɪp/	What was David Hockney's <b>relationship</b> with Mr and Mrs Clark?	rapporto
sense of humour <i>n</i>	/sens əv 'hju:mə/	I think I have a good <b>sense of humour</b> . I make lots of people laugh.	senso dell'umorismo
separated <i>adj</i>	/ˈsepəreɪtɪd/	I am <b>separated</b> from my wife.	separato / a
single <i>adj</i>	/ˈsɪŋɡl/	This week's <b>single</b> person is Charlotte Ramirez.	single
smile <i>n</i>	/smaɪl/	I prefer tall men who have a nice <b>smile</b> .	sorriso
sociable <i>adj</i>	/ˈsəʊʃəbl/	I'm quite friendly and <b>sociable</b> .	socievole
symbol <i>n</i>	/ˈsɪmbl/	The open window is a <b>symbol</b> of the love between them.	simbolo
unusual <i>adj</i>	/ʌn'ju:ʒəl/	The position of the couple in the painting is <b>unusual</b> .	insolito / a
vase <i>n</i>	/vɑ:z/	There's a table, and a <b>vase</b> with flowers it.	vaso
What does she look like?	/wɒ dʌz ʃi lʊk laɪk/	<b>What does she look like?</b> She's tall and slim with brown hair.	Che aspetto ha?
What is she like?	/wɒt ɪz ʃi laɪk/	<b>What is she like?</b> She's really nice and friendly.	Com'è di carattere?

## More words in File 1

classical music <i>n</i>	/klæsɪkl 'mju:zɪk/	I like men who are into literature and <b>classical music</b> .	musica classica
fashion <i>n</i>	/ˈfæʃn/	He loves <b>fashion</b> . He buys new clothes every week.	moda
painter <i>n</i>	/ˈpeɪntə/	Do you have a favourite <b>painter</b> ?	pittore / pittrice
prefer <i>v</i>	/prɪ'fɜ:z/	I <b>prefer</b> tall men who have a really nice smile.	preferire
relax <i>v</i>	/rɪ'læks/	What clothes do you wear when you want to <b>relax</b> at the weekend?	rilassarsi
wedding <i>n</i>	/ˈwedɪŋ/	In the UK, women often wear big hats at a <b>wedding</b> .	matrimonio
world <i>n</i>	/wɜ:ld/	I want to travel around the <b>world</b> .	mondo

## File 2

### Vocabulary Banks

#### HOLIDAYS

basic <i>adj</i>	/ˈbeɪsɪk/	We stayed in hostels, which were <b>basic</b> but clean.	spartano / a
beautiful <i>adj</i>	/ˈbju:tɪfl/	For our last four days we went to Ko Chang, a <b>beautiful</b> island.	bellissimo / a
book flights online	/bʊk flaɪts ɒn'laɪn/	I usually <b>book flights online</b> because it's cheaper than using a travel agent.	prenotare i voli on-line
buy souvenirs	/baɪ ˌsu:və'nɪəz/	I <b>buy souvenirs</b> for my family when I'm on holiday.	comprare souvenir
cloudy <i>adj</i>	/ˈklaʊdi/	It was very <b>cloudy</b> with no sun at all.	nuvoloso / a
comfortable <i>adj</i>	/ˈkʌmfətəbl/	The hotel is really <b>comfortable</b> . I sleep well every night.	confortevole
crowded <i>adj</i>	/ˈkraʊdɪd/	There were people everywhere. The streets were <b>crowded</b> .	affollato / a
delicious <i>adj</i>	/dɪ'lɪʃəs/	The food was <b>delicious</b> . I loved it.	delizioso / a
dirty <i>adj</i>	/ˈdɜ:ti/	We checked out of the hotel because the rooms were so <b>dirty</b> .	sporco / a

<b>disgusting</b> <i>adj</i>	/dɪs'gʌstɪŋ/	The food was <b>disgusting</b> . I couldn't eat it.	disgustoso / a
<b>foggy</b> <i>adj</i>	/'fɒɡi/	It was so <b>foggy</b> I couldn't see anything.	nebbioso / a
<b>go abroad</b>	/gəʊ ə'brɔ:ɪd/	I prefer to <b>go abroad</b> on holiday.	andare all'estero
<b>go away for the weekend</b>	/gəʊ ə'weɪ fə ðə ,wi:k'end/	I like to <b>go away for the weekend</b> to the countryside.	andare via nel fine settimana
<b>go by car / bus / plane / train</b>	/gəʊ baɪ kɑ: / bʌs / pleɪn / treɪn/	I prefer to <b>go by car</b> because I don't like public transport.	andare in auto / in autobus / in aeroplano / in treno
<b>go camping</b>	/gəʊ 'kæmpɪŋ/	I would rather <b>go camping</b> than stay in a hotel.	andare in campeggio
<b>go for a walk</b>	/gəʊ fər ə wɔ:k/	Where can you <b>go for a walk</b> near where you live?	fare una camminata
<b>go on holiday</b>	/gəʊ ɒn 'hɒlədeɪ/	Where did she <b>go on holiday</b> ?	andare in vacanza
<b>go out at night</b>	/gəʊ aʊt ət 'naɪt/	Where do you <b>go out at night</b> ?	andare la sera
<b>go sightseeing</b>	/gəʊ 'saɪtsi:ɪŋ/	I like to <b>go sightseeing</b> on holiday.	fare giri turistici
<b>go skiing / walking / cycling</b>	/gəʊ 'ski:ɪŋ / 'wɔ:kɪŋ / 'saɪklɪŋ/	I often go on holiday in the winter to <b>go skiing</b> .	sciare / camminare / andare in bicicletta
<b>go swimming / sailing / surfing</b>	/gəʊ 'swɪmɪŋ / 'seɪlɪŋ 'sɜ:ʃɪŋ/	I like to <b>go swimming</b> in the sea when I'm on holiday.	nuotare / fare vela / fare surf
<b>have a good time</b>	/hæv ə gʊd 'taɪm/	How was the party? Did you <b>have a good time</b> ?	divertirsi
<b>helpful</b> <i>adj</i>	/'helpfl/	Everyone was really friendly and <b>helpful</b> .	disponibile
<b>hire a bicycle / skis</b>	/'haɪər ə 'baɪsɪkl / ski:z/	I'll <b>hire skis</b> when I go on my skiing trip, as I don't have my own.	noleggiare la bici / gli sci
<b>lovely</b> <i>adj</i>	/'lʌvli/	The weather was <b>lovely</b> and the beaches were wonderful.	splendido / a
<b>luxurious</b> <i>adj</i>	/lʌg'ʒʊəriəs/	It's really expensive and <b>luxurious</b> .	lussuoso / a
<b>noisy</b> <i>adj</i>	/'nɔɪzi/	I couldn't sleep because it was so <b>noisy</b> .	rumoroso / a
<b>nothing special</b>	/nʌθɪŋ 'speʃl/	There was <b>nothing special</b> about the hotel. It could be anywhere in the world.	niente di speciale
<b>rent an apartment</b>	/rent ən ə'pɑ:tmənt/	We're going to <b>rent an apartment</b> in Budapest for a week.	affittare un appartamento
<b>spend money / time</b>	/spend 'mʌni / taɪm/	My dad doesn't like to <b>spend money</b> , so he hates going on holiday.	spendere soldi / passare il tempo
<b>stay in a hotel / at a campsite / with friends</b>	/steɪ ɪn ə həʊ'tel / ət ə 'kæmpsaɪt / wɪð frendz/	I prefer to <b>stay in a hotel</b> when I go on holiday.	stare in albergo / in campeggio / con gli amici
<b>sunbathe</b> <i>v</i>	/'sʌnbetɪð/	We <b>sunbathe</b> on the beach every day.	prendere il sole
<b>sunny</b> <i>adj</i>	/'sʌni/	I like to go on holiday to <b>sunny</b> places.	soleggiato / a
<b>take photos</b>	/teɪk 'fəʊtəʊz/	We like to <b>take photos</b> of all our friends.	scattare foto
<b>uncomfortable</b> <i>adj</i>	/ʌn'kʌmfɪtəbl/	The bed was really <b>uncomfortable</b> . I couldn't sleep.	scomodo / a
<b>unfriendly</b> <i>adj</i>	/ʌn'frendli/	The people were really <b>unfriendly</b> . I didn't like them at all.	scostante
<b>unhelpful</b> <i>adj</i>	/ʌn'helpfl/	The waiter was very <b>unhelpful</b> . He didn't explain any of the dishes.	poco servizievole
<b>very windy</b> <i>adj</i>	/veri 'wɪndi/	It was <b>very windy</b> . I lost my hat.	molto ventoso / a
<b>warm</b> <i>adj</i>	/wɔ:m/	Although it was November, it was a <b>warm</b> night.	caldo / a

## Useful words and phrases

<b>alright</b> <i>adj</i>	/ɔ:l'raɪt/	It wasn't awful or nice – it was just <b>alright</b> .	accettabile
<b>announce</b> <i>v</i>	/ə'naʊns/	At 11 o'clock they will <b>announce</b> the results.	annunciare
<b>argue</b> <i>v</i>	/'ɑ:gju: /	We <b>argue</b> about everything.	discutere
<b>aristocrat</b> <i>n</i>	/'æɪrɪstəkɹæt/	She was the granddaughter of Count Maurice de Bendor, a rich <b>aristocrat</b> .	aristocratico / a
<b>atmosphere</b> <i>n</i>	/'ætməsfɪə/	The hotel is wonderful, and has a very friendly <b>atmosphere</b> .	atmosfera
<b>awful</b> <i>adj</i>	/'ɔ:fl/	It was <b>awful</b> ! We argued about everything.	orribile
<b>break up</b> <i>v</i>	/breɪk 'ʌp/	We decided to <b>break up</b> .	lasciarsi
<b>disaster</b> <i>n</i>	/dɪ'zɑ:stə/	If you're with the wrong person, a holiday can be a <b>disaster</b> .	disastro

<b>election</b> <i>n</i>	/ɪˈleɪʃn/	Where can the people see the <b>election</b> results?	elezione
<b>fall in love</b>	/fɔ:l ɪn lʌv/	Did they <b>fall in love</b> on their first date?	innamorarsi
<b>fantastic</b> <i>adj</i>	/fænˈtæstɪk/	We rented an apartment with a <b>fantastic</b> view of the canals.	fantastico / a
<b>feel sorry</b>	/fi:l ˈsɔ:ri/	I <b>feel sorry</b> for her. It's not a good situation.	dispiacersi
<b>flirt</b> <i>v</i>	/flɜ:t/	They were really friendly and Mia started to <b>flirt</b> with one of the boys.	flirtare
<b>historical</b> <i>adj</i>	/hɪˈstɔ:rɪkl/	Is there a famous <b>historical</b> photo that you admire?	storico / a
<b>horrible</b> <i>adj</i>	/ˈhɒrəbl/	The food was <b>horrible</b> . I couldn't eat it.	pessimo / a
<b>hostel</b> <i>n</i>	/ˈhɒstl/	We stayed in a <b>hostel</b> , which was basic but clean.	ostello
<b>in a hurry</b>	/ɪn ə ˈhʌri/	She was going very fast because she was <b>in a hurry</b> .	avere fretta
<b>madly</b> <i>adj</i>	/ˈmædli/	They were <b>madly</b> in love.	follemente
<b>marry</b> <i>v</i>	/ˈmæ:ri/	He hoped that she would <b>marry</b> well, perhaps a member of a royal family.	sposarsi
<b>nervous</b> <i>adj</i>	/ˈnɜ:vəs/	Some people were smiling, but others were tense and <b>nervous</b> .	nervoso / a
<b>news photographer</b> <i>n</i>	/nju:z fəˈtɒgrəfə/	Look at the photo which <b>news photographer</b> Tom Pilston took in 2008.	fotoreporter
<b>perfect</b> <i>adj</i>	/ˈpɜ:fɪkt/	The place is <b>perfect</b> .	perfetto / a
<b>property</b> <i>n</i>	/ˈprɒpəti/	Maurice de Biedern owned a lot of <b>property</b> in Paris and Monaco.	proprietà
<b>questionnaire</b> <i>n</i>	/ˌkwɛstʃəˈneə/	In pairs, interview your partner with the holiday <b>questionnaire</b> .	questionario
<b>rebel</b> <i>n</i>	/ˈrebl/	She was a <b>rebel</b> and she hated school.	ribelle
<b>romantic</b> <i>adj</i>	/rəʊˈmæntɪk/	The food wasn't very good, but the restaurant was <b>romantic</b> .	romantico / a
<b>royal</b> <i>adj</i>	/ˈrɔ:əl/	He hoped that she would marry well, perhaps a member of a <b>royal</b> family.	reale
<b>screen saver</b> <i>n</i>	/skri:n ˈseɪvə/	Do you have a photo as the <b>screen saver</b> on your computer?	screen saver
<b>terrible</b> <i>adj</i>	/ˈterəbl/	The apartment was <b>terrible</b> – really uncomfortable and dirty.	orrendo / a
<b>wonderful</b> <i>adj</i>	/ˈwʌndəfl/	The weather is <b>wonderful</b> .	meraviglioso / a

## More words in File 2

<b>article</b> <i>n</i>	/ˈɑ:tɪkl/	Read the beginning of a newspaper <b>article</b> .	articolo
<b>brake</b> <i>n</i>	/breɪk/	Quickly, she put her foot on the <b>brake</b> to stop the car.	freno
<b>communist</b> <i>n</i>	/ˈkɒmjənɪst/	In 1968 she was a <b>communist</b> .	comunista
<b>democracy</b> <i>n</i>	/dɪˈmɒkrəsi/	All the students were fighting for peace and <b>democracy</b> .	democrazia
<b>demonstration</b> <i>n</i>	/ˌdemənˈstreɪʃn/	She was a leader in the <b>demonstration</b> .	dimostrazione
<b>emotional</b> <i>adj</i>	/ɪˈməʊʃənl/	When Obama made his speech they all became quiet and <b>emotional</b> .	commosso / a
<b>fight for</b> <i>phr v</i>	/faɪt fɔ:/	All the students decided to <b>fight for</b> democracy.	combattere per
<b>happy ending</b> <i>n</i>	/hæpi ˈendɪŋ/	I prefer books and films that have a <b>happy ending</b> .	lieto fine
<b>Hispanic</b> <i>adj</i>	/hɪˈspænik/	I watched his victory through the faces of all these people, African, <b>Hispanic</b> , Chinese, white.	ispanico / a
<b>peace</b> <i>n</i>	/pi:s/	All the students were fighting for <b>peace</b> and democracy.	pace
<b>planet</b> <i>n</i>	/ˈplænɪt/	There was only one place to be on the <b>planet</b> that night – and I was there.	pianeta
<b>politics</b> <i>n</i>	/ˈpɒlətɪks/	She wasn't interested in <b>politics</b> .	politica
<b>shoulders</b> <i>pl n</i>	/ˈʃəʊldəz/	She was sitting on a friend's <b>shoulders</b> .	spalle
<b>speech</b> <i>n</i>	/spi:tʃ/	When Obama made his <b>speech</b> they all became quiet and emotional.	discorso
<b>sympathize</b> <i>v</i>	/ˈsɪmpəθaɪz/	Who do you <b>sympathize</b> with most, Joe or Mia?	simpatizzare

tense <i>adj</i>	/tens/	Some people were <b>tense</b> and nervous.	teso / a
victory <i>n</i>	/'vɪktəri/	I was watching Obama's <b>victory</b> through the faces of all these people.	vittoria
vote <i>n</i>	/vəʊt/	Have a class <b>vote</b> to decide which ending to listen to.	voto

## File 3

### Useful words and phrases

adopt <i>v</i>	/ə'dɒpt/	Sometimes we <b>adopt</b> words from foreign languages, like <i>barista</i> or <i>latte</i> .	adottare
ages <i>pl n</i>	/eɪdʒɪz/	I haven't heard from you in <b>ages</b> !	secoli
arrivals <i>n</i>	/ə'raɪvlz/	Let's meet at <b>arrivals</b> when you get here.	arrivi
baggage drop-off <i>n</i>	/'bæɡɪdʒ drɒp ɒf/	Take your bag to the <b>baggage drop-off</b> .	consegna bagagli
baggage reclaim <i>n</i>	/'bæɡɪdʒ rɪkleɪm/	Collect your bag from <b>baggage reclaim</b> .	ritiro bagagli
barista <i>n</i>	/bə'rɪstə/	The <b>barista</b> said our coffees will be ready soon.	barista
board <i>v</i>	/bɔ:d/	You can have a shower before you <b>board</b> your flight.	salire a bordo
brunch <i>n</i>	/brʌntʃ/	The word <b>brunch</b> (breakfast + lunch) first appeared in 1896.	brunch
check-in desk <i>n</i>	/'tʃek ɪn desk/	Let's go to the <b>check-in desk</b> first and leave our bags.	banco del check-in
connecting flight <i>n</i>	/kə'nektɪŋ flaɪt/	We have to wait in the airport lounge for our <b>connecting flight</b> .	volo in coincidenza
customs <i>n</i>	/'kʌstəmz/	<b>Customs</b> checked my bag this time.	dogana
delayed <i>adj</i>	/dɪ'leɪd/	Our flight is <b>delayed</b> , so we'll have to wait here for another hour.	in ritardo
departures <i>n</i>	/dɪ'pɑ:tʃəz/	Someone in <b>departures</b> asked me where I was travelling to.	partenze
emoticon <i>n</i>	/ɪ'məʊtɪkɒn/	That <b>emoticon</b> represents a smiling face.	emoticon
facilities <i>pl n</i>	/fə'sɪlətɪz/	All good airports have excellent <b>facilities</b> for business people.	servizi
fix a day	/fɪks ə deɪ/	Then we can <b>fix a day</b> and a time to meet.	fissare il giorno
gadget <i>n</i>	/'ɡædʒɪt/	My smartphone is my favourite <b>gadget</b> .	gadget
gastropub <i>n</i>	/'ɡæstrəʊpʌb/	Let's have dinner at that new <b>gastropub</b> . I hear the food is excellent.	gastropub
gate <i>n</i>	/geɪt/	<b>Gate 11</b> is this way – let's go!	gate
google <i>v</i>	/'ɡu:ɡl/	If I want to learn more about something, I'll <b>Google</b> it.	cercare su Google
latte <i>n</i>	/'lɑ:teɪ/	Can I please have a skinny <b>latte</b> ?	latte
lift <i>n</i>	/lɪft/	I've got too many bags. Where is the <b>lift</b> ?	ascensore
nightmare <i>n</i>	/'naɪtmɛə/	For many people airports are a <b>nightmare</b> .	incubo
passengers <i>pl n</i>	/'pæsɪndʒəz/	Munich airport helps to keep <b>passengers</b> entertained with a 60-seat cinema.	passaggeri
passport control <i>n</i>	/'pɑ:spɔ:t kɒntrəʊl/	Have you got your passport? We are about to go through <b>passport control</b> .	controllo passaporti
perhaps <i>adv</i>	/pə'hæps/	I have a conference there next month and I thought <b>perhaps</b> we could meet.	forse
ringtone <i>n</i>	/'rɪŋtəʊn/	The <b>ringtone</b> on your phone is very annoying!	suoneria
road rage <i>n</i>	/rəʊd reɪdʒ/	Do you ever experience <b>road rage</b> when you're driving?	aggressività al volante
security <i>n</i>	/'sɪ'kjʊərəti/	I always feel nervous when I go through <b>security</b> .	sicurezza
signs <i>pl n</i>	/'saɪnz/	Look at the airport <b>signs</b> .	cartelli
smartphone <i>n</i>	/'smɑ:tfəʊn/	Now that I have a <b>smartphone</b> , I don't use a computer as much as I used to.	smartphone
terminal <i>n</i>	/'tɜ:mɪnəl/	Which <b>terminal</b> do we leave from?	terminal
text <i>v</i>	/tekst/	Do you prefer to <b>text</b> or call your friends?	mandare messaggi
toy boy <i>n</i>	/'tɔɪ bɔɪ/	He's much younger than his girlfriend – he's a <b>toy boy</b> .	toy boy

trolley <i>n</i>	/'trɒli/	Let's get a <b>trolley</b> . These bags are heavy.	carrello
tweet <i>v</i>	/twi:t/	He uses his phone to <b>tweet</b> updates for his friends and family.	twittare
Wi-Fi <i>n</i>	/'waɪ faɪ/	Does this hotel have free <b>Wi-Fi</b> ? I need to check my email.	Wi-Fi
<b>More words in File 3</b>			
conference <i>n</i>	/'kɒnfərəns/	I have a <b>conference</b> there next month and I thought perhaps we could meet.	conferenza
definite <i>adj</i>	/'defɪnət/	I don't have any <b>definite</b> plans for the future.	definitivo / a
exotic <i>adj</i>	/ɪg'zɒtɪk/	Who do you think is going to do a photo shoot in an <b>exotic</b> place?	esotico / a
ex-partner <i>n</i>	/eks 'pɑ:tənə/	Who do you think is going to see an <b>ex-partner</b> ?	ex partner
location <i>n</i>	/ləʊ'keɪʃn/	It is a beautiful <b>location</b> .	località
mime <i>v</i>	/maɪm/	Try to <b>mime</b> the word.	mimare
non-governmental organization <i>n</i>	/nɒn ˌgʌvnməntl ˌɔ:ɡənəɪ'zeɪʃn/	A <b>non-governmental organization</b> doesn't work for the government.	organizzazione non-governativa
nowadays <i>adv</i>	/'naʊədəɪz/	It's a thing which we use for everything <b>nowadays</b> .	al giorno d'oggi
paradise <i>n</i>	/'pærədəɪs/	Singapore airport is <b>paradise</b> for flower lovers.	paradiso
photo shoot <i>n</i>	/'fəʊtəʊ ʃu:t/	Who do you think is going to do a <b>photo shoot</b> in an exotic place?	servizio fotografico
predictions <i>pl n</i>	/'prɪ'dɪkʃnz/	What <b>predictions</b> can you make about the future?	predizioni
reservation number <i>n</i>	/'rezə'veɪʃn nʌmbə/	Thank you for booking with easyJet. Your <b>reservation number</b> is: I5CS2L.	numero di prenotazione
rooftop <i>n</i>	/'ru:ftɒp/	This hotel has a swimming pool on the <b>rooftop</b> .	tetto
travel arrangements <i>pl n</i>	/'trævl ə'reɪndʒmənts/	I can't tell you when I arrive because I don't know my <b>travel arrangements</b> yet.	dettagli di viaggio

## File 4

### Vocabulary Banks

#### HOUSEWORK, MAKE OR DO?

clean the floor	/kli:n ðə flɔ:/	I need to <b>clean the floor</b> . It's very dirty.	pulire il pavimento
clear the table	/klɪə ðə 'teɪbl/	We need to <b>clear the table</b> then do the washing up.	sparecchiare
do a course	/du ə 'kɔ:s/	I am going to <b>do a course</b> to improve my IT skills.	seguire un corso
do an exam / an exercise / homework	/du ən ɪg'zæm / ən 'eksəsaɪz / 'həʊmwɜ:k/	I'd love to go to the cinema, but I have to stay in and <b>do homework</b> .	dare un esame / fare un esercizio / fare i compiti
do housework	/du 'haʊswɜ:k/	I usually <b>do housework</b> every Sunday.	fare i lavori di casa
do sport / exercise	/du 'spɔ:t / 'eksəsaɪz/	I don't <b>do sport</b> , but I do go to the gym every week.	fare sport / esercizio fisico
do the ironing	/du ðə 'aɪənɪŋ/	I don't like to <b>do the ironing</b> .	stirare
do the shopping	/du ðə 'ʃɒpɪŋ/	We <b>do the shopping</b> together.	fare la spesa
do the washing	/du ðə 'wɒʃɪŋ/	I <b>do the washing</b> on Mondays.	fare il bucato
do the washing up	/du ðə wɒʃɪŋ 'ʌp/	We don't <b>do the washing up</b> . We have a dishwasher.	lavare i piatti
lay the table	/leɪ ðə 'teɪbl/	Can you please <b>lay the table</b> for dinner?	preparare la tavola
make a mistake	/meɪk ə mɪ'steɪk/	Try not to <b>make a mistake</b> .	fare un errore
make a noise	/meɪk ə 'nɔɪz/	Your brother is sleeping – try not to <b>make a noise</b> .	fare rumore
make a phone call	/meɪk ə 'fəʊn kɔ:l/	Can I use the phone? I need to <b>make a phone call</b> .	fare una telefonata
make friends	/meɪk 'frendz/	It can take a while to <b>make friends</b> when you move to a new town.	farsi nuovi amici
make lunch	/meɪk 'lʌntʃ/	I don't <b>make lunch</b> . I buy it.	cucinare il pranzo
make plans	/meɪk 'plænz/	We'll <b>make plans</b> to get a new kitchen soon.	fare piani
make the beds	/meɪk ðə 'bedz/	I <b>make the beds</b> when everyone has left the house.	fare i letti

<b>pick up dirty clothes</b>	/pɪk ʌp dɜːti 'kləʊðz/	<i>They never <b>pick up dirty clothes</b> or wet towels from the floor.</i>	raccogliere i vestiti sporchi
<b>put away your clothes</b>	/pʊt əweɪ jɔː 'kləʊðz/	<i>Can you <b>put away your clothes</b>? Your room is a mess.</i>	mettere via i tuoi / vostri vestiti
<b>take out the rubbish tidy your room</b>	/teɪk aʊt ðə 'rʌbɪʃ/ /taɪdi jɔː 'rʊm/	<i>I <b>take out the rubbish</b> on Wednesday. Can you <b>tidy your room</b> please?</i>	portare fuori l'immondizia ordinare la tua / vostra stanza

## SHOPPING

<b>account</b> <i>n</i>	/ə'kaʊnt/	<i>I have an <b>account</b> at the bank.</i>	conto
<b>auction</b> <i>n</i>	/'ɔːkʃn/	<i>What did you buy at the <b>auction</b>?</i>	asta
<b>basket</b> <i>n</i>	/'bɑːskɪt/	<i>Do we need a trolley or a <b>basket</b>?</i>	cestino
<b>changing rooms</b> <i>pl n</i>	/'tʃeɪndʒɪŋ rʊmz/	<i>Where are the <b>changing rooms</b>? I want to try this on.</i>	camerini di prova
<b>checkout</b> <i>n</i>	/'tʃekʌʊt/	<i>I got to the <b>checkout</b> and then I realised I didn't have enough money.</i>	cassa
<b>customer</b> <i>n</i>	/'kʌstəmə/	<i>Have you ever had an angry <b>customer</b> in your shop?</i>	cliente
<b>delivery</b> <i>n</i>	/dɪ'lɪvəri/	<i>When is the <b>delivery</b> coming?</i>	consegna
<b>fit</b> <i>v</i>	/fɪt/	<i>These shoes don't <b>fit</b>. They're too big.</i>	essere di misura
<b>item</b> <i>n</i>	/'aɪtəm/	<i>There is one <b>item</b> you don't need.</i>	articolo
<b>payment</b> <i>n</i>	/'peɪmənt/	<i>How much is the <b>payment</b>?</i>	pagamento
<b>receipt</b> <i>n</i>	/'riːsiːt/	<i>I didn't have the <b>receipt</b> so I couldn't take the jumper back.</i>	scontrino
<b>shop assistant</b> <i>n</i>	/'ʃɒp ə,sɪstənt/	<i>Have you ever had an argument with a <b>shop assistant</b>?</i>	commesso / a
<b>size</b> <i>n</i>	/saɪz/	<i>What <b>size</b> do you need? Medium or large?</i>	misura
<b>suit</b> <i>v</i>	/suːt/	<i>That top doesn't <b>suit</b> me. It's the wrong colour.</i>	stare bene
<b>take back</b> <i>phr v</i>	/teɪk 'bæk/	<i>I wanted to <b>take back</b> the jumper, but I didn't have the receipt.</i>	riportare al negozio
<b>trolley</b> <i>n</i>	/'trɒli/	<i>I need to buy a lot. Get me a <b>trolley</b>, please.</i>	carrello
<b>try on</b> <i>phr v</i>	/traɪ 'ɒn/	<i>I'm going to the changing rooms to <b>try on</b> this shirt.</i>	provare
<b>website</b> <i>n</i>	/'websaɪt/	<i>I know a great <b>website</b> for shopping online.</i>	sito web

## Useful words and phrases

<b>accidentally</b> <i>adv</i>	/,æksɪ'dentəli/	<i>Have you ever <b>accidentally</b> taken something from a shop without paying?</i>	accidentalmente
<b>annoying</b> <i>adj</i>	/ə'nɔɪɪŋ/	<i>Teenagers have <b>annoying</b> habits – but so do their parents!</i>	irritante
<b>bare feet</b> <i>pl n</i>	/beə fi:t/	<i>I walked out into the street in <b>bare feet</b> and jumped into a taxi!</i>	piedi nudi
<b>carer</b> <i>n</i>	/'keərə/	<i>I like being a <b>carer</b>. I enjoy looking after people.</i>	badante
<b>carry on</b> <i>phr v</i>	/'kæəri ɒn/	<i>They <b>carry on</b> texting when I'm telling them something important.</i>	continuare
<b>colleague</b> <i>n</i>	/'kɒliːg/	<i>Have you ever lied to a <b>colleague</b> about your weekend?</i>	collega
<b>depressing</b> <i>adj</i>	/dɪ'presɪŋ/	<i>Why do you think the news is often <b>depressing</b>?</i>	deprimente
<b>details</b> <i>pl n</i>	/'diːteɪlz/	<i>One person in four invents <b>details</b> about their weekend.</i>	dettagli
<b>dishwasher</b> <i>n</i>	/'dɪʃwɒʃə/	<i>I don't do the washing up because I have a <b>dishwasher</b>.</i>	lavapiatti
<b>encourage</b> <i>v</i>	/ɪn'kʌrɪdʒ/	<i>Networking sites may <b>encourage</b> us to invent details about our social lives.</i>	incoraggiare
<b>exclusive</b> <i>adj</i>	/ɪk'sklʉːsɪv/	<i>Lindka Cierach makes very <b>exclusive</b> clothes for women.</i>	esclusivo / a
<b>fancy dress party</b> <i>n</i>	/fænsɪ 'dres pɑːti/	<i>I'm wearing strange clothes because I'm going to a <b>fancy dress party</b>.</i>	festa in maschera
<b>fashion designer</b> <i>n</i>	/'fæʃn dɪzəɪnə/	<i>Lindka Cierach is a <b>fashion designer</b>.</i>	stilista
<b>habit</b> <i>n</i>	/'hæbɪt/	<i>Do you have an annoying <b>habit</b>?</i>	comportamento
<b>high heels</b> <i>pl n</i>	/haɪ 'hi:lz/	<i>Have you ever fallen over because you were wearing very <b>high heels</b>?</i>	tacchi alti
<b>illusion</b> <i>n</i>	/'ɪluːʒn/	<i>People can create an <b>illusion</b> of who they want to be.</i>	illusione



<b>jealous</b> <i>adj</i>	/ˈdʒeləs/	Some people lie because they don't want to make their friends <b>jealous</b> .	geloso / a
<b>massage</b> <i>n</i>	/ˈmæsɑːʒ/	Who gives their mother a <b>massage</b> ?	massaggio
<b>remote</b> <i>n</i>	/rɪˈməʊt/	They always pick up the <b>remote</b> and change the channel.	telecomando
<b>reputation</b> <i>n</i>	/ˌrepjuˈteɪʃn/	What <b>reputation</b> do teenagers have?	reputazione
<b>situation</b> <i>n</i>	/ˌsɪtʃuˈeɪʃn/	Sometimes the <b>situation</b> is just boring.	situazione
<b>social life</b> <i>n</i>	/ˈsəʊʃl laɪf/	Have you ever invented details about your <b>social life</b> ?	vita sociale
<b>social networking</b> <i>n</i>	/səʊʃl ˈnetwɜːkɪŋ/	<b>Social networking</b> sites make people spend more time on the computer.	social network
<b>survey</b> <i>n</i>	/ˈsɜːveɪ/	The <b>survey</b> has shown that 25% of people have very exciting weekends.	sondaggio
<b>tell the truth</b>	/tel ðə ˈtruːθ/	Do you always <b>tell the truth</b> about what you did at the weekend?	dire la verità
<b>wedding dress</b> <i>n</i>	/ˈwedɪŋ dres/	She designed Sarah Ferguson's <b>wedding dress</b> .	abito da sposa

## More words in File 4

<b>chic</b> <i>adj</i>	/ʃiːk/	They are so <b>chic</b> , and their sense of colour is so natural to them.	chic
<b>click</b> <i>v</i>	/kɪk/	<b>Click</b> on that button there.	fare clic
<b>dyslexic</b> <i>adj</i>	/dɪsˈleksɪk/	When I was at school I had problems reading because I was <b>dyslexic</b> .	dislessico / a
<b>fashion sense</b> <i>n</i>	/ˈfæʃn sens/	She always dresses well – she has a really good <b>fashion sense</b> .	gusto per la moda
<b>kill</b> <i>v</i>	/kɪl/	Those shoes will <b>kill</b> your feet!	rovinare
<b>price</b> <i>n</i>	/praɪs/	Did you get a good <b>price</b> ?	prezzo
<b>proceed</b> <i>v</i>	/prəˈsiːd/	Please <b>proceed</b> to passport control.	procedere
<b>roll your eyes</b>	/rəʊl jɔːr ˈaɪz/	Don't <b>roll your eyes</b> when I ask you to do something!	fare la faccia seccata
<b>sewing</b> <i>n</i>	/ˈsəʊɪŋ/	The only things I enjoyed there were art and <b>sewing</b> .	cucito

## File 5

### Vocabulary Banks

#### DESCRIBING A TOWN

<b>boring</b> <i>adj</i>	/ˈbɔːrɪŋ/	The new part of town is quite <b>boring</b> .	noioso / a
<b>castle</b> <i>n</i>	/ˈkɑːsl/	The <b>castle</b> is in the centre of the old town.	castello
<b>cathedral</b> <i>n</i>	/kəˈθiːdrəl/	The <b>cathedral</b> is very popular with tourists.	cattedrale
<b>church</b> <i>n</i>	/tʃɜːtʃ/	The <b>church</b> has beautiful colourful windows.	chiesa
<b>clean</b> <i>adj</i>	/kliːn/	The river is very <b>clean</b> and there are a lot of fish in it.	pulito / a
<b>crowded</b> <i>adj</i>	/ˈkraʊdɪd/	There were people everywhere. It was really <b>crowded</b> .	affollato / a
<b>dangerous</b> <i>adj</i>	/ˈdeɪndʒərəs/	It can be <b>dangerous</b> at night so walk with someone else.	pericoloso / a
<b>department store</b> <i>n</i>	/dɪˈpɑːtmənt stɔː/	You can find everything you want in the <b>department store</b> .	grande magazzino
<b>empty</b> <i>adj</i>	/ˈempti/	Many of the shops are <b>empty</b> . Nobody has any money.	vuoto / a
<b>exciting</b> <i>adj</i>	/ɪkˈsaɪtɪŋ/	The city is <b>exciting</b> . There is so much to do.	stimolante
<b>interesting</b> <i>adj</i>	/ˈɪntrestɪŋ/	The museum was very <b>interesting</b> . I want to go again.	interessante
<b>market</b> <i>n</i>	/ˈmɑːkɪt/	The <b>market</b> sells great fresh fish.	mercato
<b>modern</b> <i>adj</i>	/ˈmɒdn/	The building is very <b>modern</b> and everything else is old. It looks strange.	moderno / a
<b>mosque</b> <i>n</i>	/mɒsk/	The <b>mosque</b> is the biggest in Europe.	moschea
<b>museum</b> <i>n</i>	/mjuːˈziːəm/	I like the national <b>museum</b> the best. You learn so much about the country.	museo
<b>noisy</b> <i>adj</i>	/ˈnɔɪzi/	All the cars make it very <b>noisy</b> .	rumoroso / a
<b>old</b> <i>adj</i>	/əʊld/	There are so many beautiful <b>old</b> buildings.	vecchio / a

palace <i>n</i>	/ˈpæləs/	The royal family lived in the <b>palace</b> .	palazzo
polluted <i>adj</i>	/pəˈlu:tɪd/	The factories and cars make it very <b>polluted</b> .	inquinato / a
quiet <i>adj</i>	/ˈkwaɪət/	It's a small town and quite <b>quiet</b> .	tranquillo / a
safe <i>adj</i>	/seɪf/	It's very <b>safe</b> . There is never any trouble.	sicuro / a
shopping centre <i>n</i>	/ˈʃɒpɪŋ sentə/	The <b>shopping centre</b> has over 200 shops.	centro commerciale
statue <i>n</i>	/ˈstætʃu:/	There is a <b>statue</b> of the king in the square.	statua
temple <i>n</i>	/ˈtempl/	The <b>temple</b> is visited by many religious tourists.	tempio
town hall <i>n</i>	/taʊn ˈhɔ:l/	The local government meet in the <b>town hall</b> .	municipio

## Useful words and phrases

abbreviations <i>pl n</i>	/əˈbrɪ:viˈeɪʃnz/	<b>Abbreviations</b> , like BFN (bye for now), are becoming more popular.	abbreviazioni
accident <i>n</i>	/ˈæksɪdənt/	I hit another car and had a bad <b>accident</b> .	incidente
anxious <i>adj</i>	/ˈæŋkʃəs/	If you drink too much coffee it can make you feel <b>anxious</b> .	ansioso / a
average <i>adj</i>	/ˈævərɪdʒ/	The <b>average</b> speed of cars in New York City is 15 km/h.	medio / a
body <i>n</i>	/ˈbɒdi/	Skin covers the outside of a person's <b>body</b> .	corpo
bones <i>pl n</i>	/bəʊnz/	This vitamin is important for strong <b>bones</b> and a healthy immune system.	ossa
brain <i>n</i>	/breɪn/	It seems that computer games stimulate the <b>brain</b> .	cervello
characters <i>pl n</i>	/ˈkærəktəz/	Twitter only allows you to use 140 <b>characters</b> .	caratteri
diet <i>n</i>	/ˈdaɪət/	My <b>diet</b> is so unhealthy. I eat junk food all the time.	dieta
feel frustrated	/fi:l frʌˈstreɪtɪd/	Do you <b>feel frustrated</b> when you're behind people who are walking slowly?	innervosirsi
illnesses <i>pl n</i>	/ˈɪlnəsɪz/	Drinking coffee may help to prevent some <b>illnesses</b> like diabetes and Parkinson's disease.	malattie
immediately <i>adj</i>	/ɪˈmi:diətli/	People feel frustrated when an internet page does not open <b>immediately</b> .	immediatamente
immune system <i>n</i>	/ɪˈmju:n sɪstəm/	This vitamin is important for strong bones and a healthy <b>immune system</b> .	sistema immunitario
impatient <i>adj</i>	/ɪmˈpeɪʃnt/	People get very <b>impatient</b> because they think they're wasting time.	impaziente
inhabitants <i>pl n</i>	/ɪnˈhæbɪtənts/	Which city had the friendliest and most polite <b>inhabitants</b> ?	abitanti
irritable <i>adj</i>	/ˈɪrɪtəbl/	Do you get <b>irritable</b> if you sit for an hour without doing anything?	irritabile
lifestyle <i>n</i>	/ˈlaɪfstɑɪl/	My <b>lifestyle</b> is too unhealthy. I need to exercise.	stile di vita
on time	/ɒn ˈtaɪm/	We aren't going to arrive <b>on time</b> .	in tempo
patient <i>adj</i>	/ˈpeɪʃnt/	People aren't as <b>patient</b> as they were in the past.	paziente
polite <i>adj</i>	/pəˈlaɪt/	Which city had the friendliest and most <b>polite</b> inhabitants?	gentile
prevent <i>v</i>	/prɪˈvent/	Several studies show that drinking coffee helps to <b>prevent</b> some illnesses.	prevenire
save time	/seɪv ˈtaɪm/	These stories are for busy parents who need to <b>save time</b> .	risparmiare tempo
several <i>det</i>	/ˈsevrəl/	<b>Several</b> studies show that drinking coffee helps to prevent some illnesses.	parecchi, diversi
stimulate <i>v</i>	/ˈstɪmjuleɪt/	It seems that computer games <b>stimulate</b> the brain.	stimolare
stories <i>pl n</i>	/ˈstɔ:ri:z/	These are shorter versions of traditional <b>stories</b> .	storie
stressed <i>adj</i>	/strest/	We spend more time than ever sitting in our cars, feeling <b>stressed</b> .	stressato / a
traditional <i>adj</i>	/trəˈdɪʃənl/	These are shorter versions of <b>traditional</b> stories.	tradizionale
traffic <i>n</i>	/ˈtræfɪk/	Our cars are faster, but the <b>traffic</b> is worse, so we drive more slowly.	traffico

unwell <i>adj</i>	/ʌn'wel/	I feel <b>unwell</b> . I'm not going to work.	indisposto / a
verdict <i>n</i>	/'vɜ:dɪkt/	Do you agree with the travel survey's <b>verdict</b> that London has the best nightlife?	verdetto
waste time	/'weɪst taɪm/	I don't watch much TV because I don't like to <b>waste time</b> .	sprecare tempo

## More words in File 5

architecture <i>n</i>	/'ɑ:kɪtektʃə/	Which city has the best <b>architecture</b> ?	architettura
change <i>n</i>	/tʃeɪndʒ/	If you are given too much <b>change</b> , do you tell the shop assistant?	resto
continent <i>n</i>	/'kɒntɪnənt/	Think about your country or <b>continent</b> . Which cities are the best?	continente
culture <i>n</i>	/'kʌltʃə/	Europe's big cities offer travellers a huge variety of <b>culture</b> .	cultura
frightening <i>adj</i>	/'fraɪtnɪŋ/	What's the most <b>frightening</b> film you've ever seen?	terrorizzante
generous <i>adj</i>	/'dʒenərəs/	Who's the most <b>generous</b> person in your family?	generoso / a
keyring <i>n</i>	/'ki:rɪŋ/	I bought a <b>keyring</b> of the Eiffel Tower as a souvenir.	portachiavi
nightlife <i>n</i>	/'naɪtlaɪf/	London has the best public parks and the best <b>nightlife</b> .	vita notturna
scientific <i>adj</i>	/'saɪəntɪfɪk/	The tests were not very careful or <b>scientific</b> .	scientifico / a
sunscreen <i>n</i>	/'sʌnskri:n/	You should wear <b>sunscreen</b> so you don't get burnt.	crema solare

## File 6

### Vocabulary Banks

#### OPPOSITE VERBS

arrive <i>v</i>	/ə'raɪv/	What time does the train <b>arrive</b> at the station?	arrivare
borrow <i>v</i>	/'bɒrəʊ/	Can I <b>borrow</b> some money? I'll pay you back tomorrow.	prendere in prestito
break <i>v</i>	/breɪk/	How did you <b>break</b> your glasses?	rompere
buy <i>v</i>	/baɪ/	I don't like renting. I want to <b>buy</b> a house.	comprare
catch <i>v</i>	/kætʃ/	I need to <b>catch</b> the next train.	prendere
fail <i>v</i>	/feɪl/	Did he <b>fail</b> the exam?	essere bocciato
find <i>v</i>	/faɪnd/	Why can you never <b>find</b> your keys?	trovare
finish <i>v</i>	/'fɪnɪʃ/	I'll come back and <b>finish</b> the job tomorrow.	finire
forget <i>v</i>	/fə'get/	Sorry, I always <b>forget</b> people's names.	dimenticare
get <i>v</i>	/get/	Do you think you'll <b>get</b> a good job in the future?	avere
learn <i>v</i>	/lɜ:n/	Are you going to <b>learn</b> a new language next year?	imparare
leave <i>v</i>	/li:v/	Please <b>leave</b> a message if I don't answer the phone.	lasciare
lend <i>v</i>	/lend/	Can you <b>lend</b> me five dollars?	prestare, dare in prestito
lose <i>v</i>	/lu:z/	They'll <b>lose</b> the match. They're terrible players.	perdere
mend <i>v</i>	/mend/	Can you <b>mend</b> my shirt? The button fell off.	aggiustare
miss <i>v</i>	/mɪs/	Did we <b>miss</b> the train? When is the next one?	perdere
pass <i>v</i>	/'pɑ:s/	My parents will be so happy if I <b>pass</b> the exam.	superare
pull <i>v</i>	/pʊl/	Push the door, don't <b>pull</b> it.	tirare
push <i>v</i>	/'pʊʃ/	<b>Push</b> the door, don't pull it.	spingere
receive <i>v</i>	/'ri:sɪ:v/	Did you <b>receive</b> my email?	ricevere
remember <i>v</i>	/'rɪ'membə/	Do you usually <b>remember</b> to give it back?	ricordarsi
repair <i>v</i>	/'ri:peə/	I need to ask someone to <b>repair</b> my computer. It doesn't work.	riparare
sell <i>v</i>	/sel/	I want to <b>sell</b> my car and buy a new one.	vendere
send <i>v</i>	/send/	I need to <b>send</b> an email to John before the end of the day.	inviare
start <i>v</i>	/'stɑ:t/	What time does it <b>start</b> ?	iniziare

stop v	/stɒp/	Please <b>stop</b> making so much noise.	smettere
teach v	/ti:tʃ/	I'm going to China to <b>teach</b> English.	insegnare
turn off phr v	/tʒ:n 'ɒf/	<b>Turn off</b> the light. I want to get some sleep.	spegnere
turn on phr v	/tʒ:n 'ɒn/	Can you <b>turn on</b> the TV? There's something I want to watch.	accendere
win v	/wɪn/	I hope we'll <b>win</b> this match.	vincere

## Useful words and phrases

alarm clock n	/ə'la:m klɒk/	Were you sleeping when the <b>alarm clock</b> rang this morning?	sveglia
album n	/'ælbəm/	He recently went to New Orleans to record an <b>album</b> of 15 songs.	album
constantly adv	/'kɒnstəntli/	I am someone who is <b>constantly</b> expecting a plane to drop on my head.	costantemente
episode n	/'epɪsəʊd/	Which <b>episode</b> of House M.D. is your favourite?	episodio
expect v	/ɪk'spekt/	If you're an optimist you <b>expect</b> good things to happen.	aspettarsi
get engaged	/get ɪn'geɪdʒd/	They fell in love and decided to <b>get engaged</b> .	fidanzarsi
impress v	/'ɪm'pres/	I want to <b>impress</b> them and get the job.	impressionare, favorevolmente
interpretation n	/ɪn,tʒ:prɪ'teɪʃn/	I read a book about the <b>interpretation</b> of dreams.	interpretazione
list n	/'lɪst/	Write the words in the <b>list</b> in the right columns.	elenco
long distance adj	/'lɒŋ 'dɪstəns/	The <b>long distance</b> relationship first cooled and then ended.	a lunga distanza
optimist n	/'ɒptɪmɪst/	Are you an <b>optimist</b> or a pessimist?	ottimista
owl n	/aʊl/	Were you frightened of the <b>owl</b> ?	civetta
passionate adj	/'pæʃənət/	Laurie is a talented musician and is <b>passionate</b> about the blues.	appassionato / a
patient n	/'peɪʃnt/	You're going to listen to a psychoanalyst talking to a <b>patient</b> .	paziente
pessimist n	/'pesɪmɪst/	Dr House, from the hit TV series House M.D., is famous for being a <b>pessimist</b> .	pessimista
psychoanalyst n	/'saɪkəʊ'ænəlɪst/	You're going to listen to a <b>psychoanalyst</b> talking to a patient.	psicanalista
record v	/re'kɔ:d/	He recently went to New Orleans to <b>record</b> an album of 15 songs.	registrare
series n	/'sɪəri:z/	Even after seven <b>series</b> of House M.D. he still feels pessimistic about it.	serie
strangers pl n	/'streɪndʒəz/	Complete <b>strangers</b> come up to him in the street and say 'Cheer up, mate!'	estranei
success n	/sək'ses/	Laurie never thought that House M.D. was going to be a <b>success</b> .	successo
talented adj	/'tæləntɪd/	Like Dr House, Laurie is also a <b>talented</b> musician.	di talento
towel n	/'taʊəl/	Can I borrow a <b>towel</b> for the shower?	asciugamano

## More words in File 6

Definitely (not).	/'defɪnətli (nɒt)/	Do you want to go out tonight? ~ <b>Definitely</b> . I'm so bored!	Certamente (no).
I doubt it.	/aɪ daʊt ɪt/	Is it open? ~ <b>I doubt it</b> . It's very late.	Non credo.
previous adj	/'pri:vɪəs/	Do you want to go back to the <b>previous</b> version?	precedente
Probably (not).	/'prɒbəbli (nɒt)/	I don't think so. <b>Probably not</b> .	Probabilmente (no).
version n	/'vɜ:ʒn/	Do you want to go back to the <b>previous version</b> ?	versione

## File 7

### Vocabulary Banks

#### VERB FORMS

(don't) mind doing	/(dəʊnt) maɪnd 'du:ɪŋ/	<i>I <b>don't mind doing</b> the cooking but I hate washing up.</i>	(non) dispiacere
decide to go	/dɪ'saɪd tə 'gəʊ/	<i>Where did you <b>decide to go</b> on holiday?</i>	decidere di andare
enjoy reading	/ɪn'dʒɔɪ 'ri:dɪŋ/	<i>I <b>enjoy reading</b>. I read a book a week.</i>	amare la lettura
feel like cooking	/fi:l laɪk 'kʊkɪŋ/	<i>I <b>feel like cooking</b> fish tonight.</i>	aver voglia di cucinare
finish tidying	/fɪnɪʃ 'taɪdɪŋ/	<i>Can you <b>finish tidying</b> your room?</i>	finire di ordinare
forget to turn off	/fə'get tə tɜ:n 'ɒf/	<i>Don't <b>forget to turn off</b> the light.</i>	dimenticare di spegnere
go on working	/gəʊ ɒn 'wɜ:kɪŋ/	<i>I'm tired. I don't know how long I can <b>go on working</b>.</i>	continuare a lavorare
hate being	/heɪt 'bi:ŋ/	<i>I <b>hate being</b> old. I want to be young again.</i>	odiare essere
hope to see	/həʊp tə 'si:/	<i>I <b>hope to see</b> you at the weekend.</i>	sperare di vedere
learn to drive	/lɜ:n tə 'draɪv/	<i>I want to <b>learn to drive</b>. I hate walking!</i>	imparare a guidare
like having	/laɪk 'hævɪŋ/	<i>I <b>like having</b> my dog. He's so friendly.</i>	essere contento / a di avere
love getting up	/lʌv 'getɪŋ ʌp/	<i>I <b>love getting up</b> early and doing as much as possible.</i>	piacere alzarsi
need to go	/ni:d tə 'gəʊ/	<i>I <b>need to go</b> to the shop. We haven't got any milk.</i>	dover andare
offer to help	/'ɒfə tə 'help/	<i>The shop assistant was not friendly, and didn't <b>offer to help</b>.</i>	offrire il proprio aiuto
plan to get married	/plæn tə get 'mæɪrɪd/	<i>We <b>plan to get married</b> next year.</i>	avere in programma di sposarsi
pretend to be ill	/prɪ'tend tə bi 'ɪl/	<i>Did you ever <b>pretend to be ill</b> so you didn't have to go to school?</i>	fingere di essere malato / a
promise to pay	/'prɒmɪs tə 'peɪ/	<i>I <b>promise to pay</b> you back later.</i>	impegnarsi a pagare
remember to bring	/'rɪ'membə tə 'brɪŋ/	<i><b>Remember to bring</b> your laptop. The computer is broken.</i>	ricordarsi di portare
spend time talking	/spend taɪm 'tɔ:kɪŋ/	<i>My family live far away, so I <b>spend time talking</b> to them on the phone.</i>	passare il tempo a parlare
start raining	/stɑ:t 'reɪnɪŋ/	<i>When did it <b>start raining</b>?</i>	cominciare a piovare
start to rain	/stɑ:t tə 'reɪn/	<i>When did it <b>start to rain</b>? It's so wet out there.</i>	cominciare a piovare
stop making	/stɒp 'meɪkɪŋ/	<i><b>Stop making</b> so much noise!</i>	smettere di fare
try to get	/traɪ tə 'get/	<i>I'll <b>try to get</b> it but there might not be any left.</i>	provare a prendere
want to catch	/wɒnt tə 'kætʃ/	<i>I <b>want to catch</b> the 12.30 train.</i>	voler prendere
would like to buy	/wəd laɪk tə 'baɪ/	<i>I <b>would like to buy</b> a car but I don't have the money.</i>	vorrei comprare

#### Useful words and phrases

ambitions <i>pl n</i>	/æm'bɪʃnɪz/	<i>Her parents will want to know about your <b>ambitions</b>.</i>	aspirazioni
breathe <i>v</i>	/bri:ð/	<i>If you want to sing well you need to learn to <b>breathe</b> correctly.</i>	respirare
controversial <i>adj</i>	/'kɒntrə'vɜ:ʃl/	<i>Don't talk about <b>controversial</b> subjects like religion and politics.</i>	controverso / a
engine <i>n</i>	/'endʒɪn/	<i>The <b>engine</b> on my car doesn't work. I need a new car.</i>	motore
firmly <i>adv</i>	/'fɜ:mli/	<i>When they greet you at the door shake the father's hand <b>firmly</b>.</i>	con forza
full moon <i>n</i>	/'fʊl 'mu:n/	<i>Happiness is kissing someone you love at night under a <b>full moon</b>.</i>	luna piena
good for your health	/gʊd fɔ: jɔ: helθ/	<i>Singing is <b>good for your health</b>.</i>	fare bene alla salute
greet <i>v</i>	/gri:t/	<i>When they <b>greet</b> you at the door shake the father's hand firmly.</i>	accogliere, ricevere
magical <i>adj</i>	/'mædʒɪkl/	<i>There's something <b>magical</b> about making something from nothing.</i>	magico / a
necessary <i>adj</i>	/'nesəsəri/	<i>It isn't <b>necessary</b> to read but it helps.</i>	necessario / a

notice <i>n</i>	/ˈnəʊtɪs/	What does that <b>notice</b> mean?	avviso
obligatory <i>adj</i>	/əˈblɪɡətəri/	It isn't <b>obligatory</b> to stay. Let's go home.	obbligatorio / a
opinion <i>n</i>	/əˈpɪnjən/	If they ask you for your <b>opinion</b> , be honest.	opinione
permitted <i>adj</i>	/pəˈmɪtɪd/	It isn't <b>permitted</b> . It's against the rules.	permesso / a
punctual <i>adj</i>	/ˈpʌŋktʃuəl/	It's very important to be <b>punctual</b> at a first meeting.	puntuale
read music	/ri:d ˈmju:zɪk/	You need to know how to <b>read music</b> to be able to sing well.	leggere la musica
revise <i>v</i>	/rɪˈvaɪz/	I need to <b>revise</b> for my exam.	ripassare
rhythm <i>n</i>	/ˈrɪðəm/	I love the <b>rhythm</b> of the music.	ritmo
service <i>n</i>	/ˈsɜ:vɪs/	The <b>service</b> here is excellent.	servizio
stay friends	/steɪ ˈfrendz/	Do you think it is difficult to <b>stay friends</b> with an ex-boyfriend?	restare amici
survive <i>v</i>	/səˈvaɪv/	Then I had to do some tests to see if I could <b>survive</b> in different situations.	farcela
tactic <i>n</i>	/ˈtæktɪk/	Asking them what your partner was like as a child is a brilliant <b>tactic</b> .	tattica
weak <i>adj</i>	/wi:k/	No father likes a <b>weak</b> handshake!	debole

## More words in File 7

incredibly <i>adv</i>	/ɪnˈkredəbli/	It's an <b>incredibly</b> difficult language to learn.	incredibilmente
intensive <i>adj</i>	/ɪnˈtensɪv/	I did a one-month <b>intensive</b> course in Spanish.	intensivo / a
phrasebook <i>n</i>	/ˈfreɪz bʊk/	You mustn't use a dictionary or <b>phrasebook</b> .	frasario
subtitles <i>pl n</i>	/ˈsʌbtartlz/	Do you enjoy films with <b>subtitles</b> ?	sottotitoli
use your hands	/ju:z jɔ: hændz/	You mustn't <b>use your hands</b> or mime.	usare le mani

## File 8

### Vocabulary Banks

#### GET

get a job	/get ə ˈdʒɒb/	I want to <b>get a job</b> when I finish school.	trovare un lavoro
get a message	/get ə ˈmesɪdʒ/	Did you <b>get a message</b> from him?	ricevere un messaggio
get a newspaper	/get ə ˈnju:zpeɪpə/	I went to <b>get a newspaper</b> this morning.	comprare un giornale
get a present	/get ə ˈpreznt/	I need to <b>get a present</b> for my mum. It's her birthday next week.	comprare un regalo
get a ticket	/get ə ˈtɪkɪt/	You need to <b>get a ticket</b> before you get on the bus.	comprare il biglietto
get an email	/get ən ˈi:meɪl/	I <b>get an email</b> from my mum every week.	ricevere un'e-mail
get angry	/get ˈæŋɡri/	I try not to <b>get angry</b> but it happens.	arrabbiarsi
get better	/get ˈbetə/	I hope I <b>get better</b> next week. I want to go back to work.	stare meglio
get colder	/get ˈkəʊldə/	Is it going to <b>get colder</b> next week?	fare più freddo
get divorced	/get dɪˈvɔ:st/	Why did you <b>get divorced</b> ? - I didn't get on with my wife.	divorziare
get fit	/get ˈfɪt/	I want to <b>get fit</b> . I'm so fat.	tenersi in forma
get home	/get ˈhəʊm/	I <b>get home</b> at 5.00 p.m. most days.	arrivare a casa
get lost	/get ˈlɒst/	We <b>get lost</b> every time you drive!	perdersi
get married	/get ˈmærid/	We are going to <b>get married</b> next year.	sposarsi
get nervous	/get ˈnɜ:vəs/	I <b>get nervous</b> before tests.	diventare nervoso / a
get on well with	/get ɒn ˈwel wɪð/	I <b>get on well with</b> my wife's parents.	andare molto d'accordo con
get to school	/get tə ˈsku:l/	I <b>get to school</b> at 8.00 a.m. every morning.	arrivare a scuola
get to work	/get tə ˈwɜ:k/	I <b>get to work</b> at 9.00 a.m. every morning.	arrivare al lavoro
get up <i>phr v</i>	/get ˈʌp/	What time do you <b>get up</b> in the morning?	alzarsi
get worse	/get ˈwɜ:s/	Why did my mark <b>get worse</b> ?	peggiorare

## CONFUSING VERBS

borrow money from somebody	/bɒrəʊ 'mʌni frɒm sʌmbədi/	I'll need to <b>borrow money from</b> my parents. I don't have enough.	prendere soldi a prestito da...
bring your dictionary / something back from holiday	/brɪŋ jɔ: 'dɪkʃənri / 'sʌmθɪŋ bæk frɒm 'hɒlədeɪ/	<b>Bring your dictionary</b> to class next week, please.	portare il dizionario / qualcosa dalla vacanza
carry a bag / a baby	/kæri ə 'bæg / ə 'beɪbi/	I <b>carry a bag</b> to work every day.	portare una borsa / in braccio un bambino
earn a salary / money	/ɜ:n ə 'sæləri / 'mʌni/	She's a student but she has a part-time job to <b>earn money</b> .	percepire lo stipendio / guadagnare soldi
find your glasses / a job	/faɪnd jɔ: 'glɑ:sɪz / ə 'dʒɒb/	I hope I'll <b>find a job</b> soon.	trovare gli occhiali / un lavoro
hope that something good will happen / to do something	/həʊp ðæt 'sʌmθɪŋ gʊd wɪl 'hæpən / tə də 'sʌmθɪŋ/	This year has been terrible. I <b>hope that something good will happen</b> soon.	sperare che succeda qualcosa di buono / di fare qualcosa
know somebody well / something	/nəʊ sʌmbədi 'wel / 'sʌmθɪŋ/	I <b>know something</b> about her that is quite surprising.	conoscere bene qualcuno / qualcosa
lend money to somebody	/lend 'mʌni tə sʌmbədi/	I always <b>lend money to</b> you and you never give it back.	prestare soldi a...
look at a photo / your watch	/lʊk ət ə 'fəʊtəʊ / jɔ: 'wɒtʃ/	<b>Look at your watch.</b> We're going to be late!	guardare una foto / l'orologio
look for your glasses / a job	/lʊk fɔ: jɔ: 'glɑ:sɪz / ə 'dʒɒb/	Shall I help you <b>look for your glasses</b> ?	cercare gli occhiali / un lavoro
look happy / about 25 years old	/lʊk 'hæpi / əbaʊt twenti ,faɪv jɜ:z 'əʊld/	You don't look 30. You <b>look about 25 years old</b> .	sembrare felice / un venticinquenne
look like your mother / a model	/lʊk laɪk jɔ: 'mʌðə / ə 'mɒdl/	You <b>look like your mother</b> , not your father.	assomigliare alla madre / sembrare un / una modello / a
lose your glasses / a match	/lu:z jɔ: 'glɑ:sɪz / ə 'mætʃ/	What's the matter? Did you <b>lose your glasses</b> ?	perdere gli occhiali / un orologio
meet somebody for the first time / at 11 o'clock	/mi:t sʌmbədi fɔ: ðə fɜ:st 'taɪm / ət ɪ'levn ə 'klɒk/	Let's <b>meet at 11 o'clock</b> outside the school.	incontrare qualcuno per la prima volta / alle 11
miss the bus / a class	/mɪs ðə 'bʌs / ə 'kla:s/	We're a bit late. Did we <b>miss the bus</b> ?	perdere l'autobus / un corso
say something to somebody / sorry / hello	/seɪ 'sʌmθɪŋ tə sʌmbədi / 'sɒri / hə'ləʊ/	<b>Say hello</b> to Colin for me.	dire qualcosa a qualcuno / scusi / ciao
take an umbrella / your children to school	/teɪk ən ʌm'brelə / jɔ: 'tʃɪldrən tə sku:l/	You should <b>take an umbrella</b> because it's going to rain.	prendere l'ombrello / portare i bambini a scuola
tell somebody something / a lie / a joke	/tel sʌmbədi 'sʌmθɪŋ / ə 'laɪ / ə 'dʒɔ:k/	Do you think it's ever OK to <b>tell a lie</b> ?	dire qualcosa a qualcuno / una bugia / raccontare una barzelletta
wait for a bus / for a long time	/weɪt fɔ: ə 'bʌs / fɔ: ə lɒŋ 'taɪm/	I'm going to <b>wait for a bus</b> . It's too far to walk.	aspettare l'autobus / a lungo
watch TV / a match	/wɒtʃ ,ti: 'vi: / ə 'mætʃ/	Let's <b>watch TV</b> . There's a good movie on.	guardare la TV / una gara
wear clothes / jewellery	/weə 'kləʊðz / 'dʒu:əlri/	I'm not allowed to <b>wear jewellery</b> to work.	indossare abiti / gioielli
win a prize / a match / a medal	/wɪn ə 'praɪz / ə 'mætʃ / ə 'medl/	Do you <b>win a prize</b> or is it just for fun?	vincere un premio / una gara / una medaglia

## Useful words and phrases

<b>advantage</b> <i>n</i>	/əd'vɑ:ntɪdʒ/	The <b>advantage</b> of not having a car is that it saves a lot of money.	vantaggio
<b>avoid</b> <i>v</i>	/ə'vɔɪd/	This seems an easy one – go, but try to <b>avoid</b> her where possible.	evitare
<b>blizzard</b> <i>n</i>	/'blɪzəd/	A <b>blizzard</b> is a very bad storm with snow and strong winds.	bufera di neve
<b>calmly</b> <i>adv</i>	/'kɑ:mli/	'Do you think for one moment,' she said <b>calmly</b> , 'that I could come to your home while Héloïse is there?'	con calma
<b>century</b> <i>n</i>	/'sentʃəri/	In what <b>century</b> do you think the story takes place?	secolo
<b>change your mind</b>	/'tʃeɪndʒ jɔ: maɪnd/	If you start planning for the big day, it will make things worse if you then <b>change your mind</b> .	cambiare idea
<b>circumstances</b> <i>pl n</i>	/'sɜ:kəmstænsɪz/	Are there any <b>circumstances</b> in which you think it's OK to tell a lie?	circostanze
<b>completely</b> <i>adv</i>	/'kəm'pli:tli/	I can trust you <b>completely</b> .	completamente
<b>cyclone</b> <i>n</i>	/'saɪkləʊn/	A <b>cyclone</b> is a very strong wind that moves in a circle.	ciclone
<b>deeply in love</b>	/'di:pli ɪn lʌv/	I am <b>deeply in love</b> with her, but is this too soon?	profondamente innamorato / a
<b>detective</b> <i>n</i>	/'dɪ'tektɪv/	A <b>detective</b> helps to solve crimes.	investigatore
<b>difficult to get on with</b>	/'dɪfɪkəlt tə get 'ɒn wɪð/	I find her sister really <b>difficult to get on with</b> .	difficile andare d'accordo con
<b>dreamily</b> <i>adv</i>	/'dri:mɪli/	The girl looked out the window <b>dreamily</b> .	con aria trasognata
<b>drunk</b> <i>adj</i>	/'drʌŋk/	He had too much wine and was <b>drunk</b> .	ubriaco / a
<b>earthquake</b> <i>n</i>	/'ɜ:θkweɪk/	What were they doing when the <b>earthquake</b> struck?	terremoto
<b>flood</b> <i>n</i>	/'flʌd/	A <b>flood</b> is when there is too much water in a river and it comes onto the streets or fields.	esondazione
<b>forest fire</b> <i>n</i>	/'fɒrɪst 'faɪə/	A <b>forest fire</b> is a big fire which can destroy many trees and houses.	incendio forestale
<b>go for it</b>	/'gəʊ fɔ:ɪt/	You clearly love this girl and I think you should <b>go for it</b> .	buttarsi
<b>have second thoughts</b>	/'hæv sekənd 'θɔ:ts/	It's normal to <b>have second thoughts</b> about the big decisions we make.	avere dei ripensamenti
<b>impulse</b> <i>n</i>	/'ɪmpʌls/	It was an <b>impulse</b> , but now I'm having second thoughts.	impulso
<b>it's worth</b>	/'ɪts 'wɜ:θ/	In my opinion, I don't think <b>it's worth</b> making problems at work.	valere la pena
<b>keep in touch</b>	/'ki:p ɪn 'tʌtʃ/	You can always <b>keep in touch</b> with colleagues on your phone.	tenersi in contatto
<b>masterfully</b> <i>adv</i>	/'mɑ:stəfəli/	'Vivienne,' said Hartley, <b>masterfully</b> . 'You must be mine.'	con tono autoritario
<b>monsoon</b> <i>n</i>	/'mɒn'su:n/	A <b>monsoon</b> is when it rains very heavily for three months or more.	monsone
<b>once in a lifetime</b>	/'wʌns ɪn ə 'laɪftaɪm/	Maybe this is a <b>once in a lifetime</b> moment for her.	unico / a e irripetibile
<b>risk</b> <i>v</i>	/'rɪsk/	Should I go, and <b>risk</b> having arguments all the time?	rischiare
<b>scream</b> <i>v</i>	/'skri:m/	You <b>scream</b> like a baby.	urlare
<b>separate</b> <i>adj</i>	/'seprət/	Should I suggest <b>separate</b> holidays this year?	separato / a
<b>storm</b> <i>n</i>	/'stɔ:m/	A blizzard is a very bad <b>storm</b> with snow and strong winds.	tempesta
<b>suburbs</b> <i>pl n</i>	/'sʌbɜ:bz/	I don't live in the city centre – I live in the <b>suburbs</b> .	sobborghi
<b>suggest</b> <i>v</i>	/'sə'dʒest/	Should I <b>suggest</b> separate holidays this year?	suggerire
<b>suspicious</b> <i>adj</i>	/'sə'spɪʃəs/	Hartley was <b>suspicious</b> that Vivienne loved another man.	sospettoso / a
<b>tram</b> <i>n</i>	/'træm/	Then he left the office and took a <b>tram</b> to Broadway.	tram
<b>trust</b> <i>v</i>	/'trʌst/	He's very honest, and I completely <b>trust</b> him.	avere fiducia
<b>tsunami</b> <i>n</i>	/'su:'nɑ:mi/	A <b>tsunami</b> is a very large wave in the sea.	tsunami
<b>whisper</b> <i>v</i>	/'wɪspə/	<b>Whisper</b> the answer to me, so no one can hear.	dire sottovoce



## More words in File 8

<b>angrily</b> <i>adv</i>	/ˈæŋgrəli/	They answered the phone <b>angrily</b> .	stizzosamente
<b>desperate</b> <i>adj</i>	/ˈdɛspərət/	I'm <b>desperate</b> . Should I phone her now and tell her? What should I do?	disperato / a
<b>feature</b> <i>n</i>	/ˈfi:tʃə/	Read three problems from a weekly <b>feature</b> in a British newspaper.	rubrica
<b>get advice</b>	/get əd'vaɪs/	Send us your problem and you will <b>get advice</b> from our readers.	ricevere consiglio
<b>ground</b> <i>n</i>	/graʊnd/	An earthquake is when the <b>ground</b> suddenly shakes very strongly.	terreno
<b>helpline</b> <i>n</i>	/ˈhɛlpɪn/	If you call a telephone <b>helpline</b> , you will have to wait a long time.	helpline
<b>honeymoon</b> <i>n</i>	/ˈhʌnɪmuːn/	The Swedish couple went on a three month world trip for their <b>honeymoon</b> .	luna di miele
<b>hyperactive</b> <i>adj</i>	/ˌhaɪpər'æktɪv/	There will be a <b>hyperactive</b> five-year-old in the seat behind you.	iperattivo / a
<b>lazily</b> <i>adv</i>	/ˈleɪzɪli/	They got up <b>lazily</b> .	pigramente
<b>marathon</b> <i>n</i>	/ˈmærəθən/	My wife is running her first <b>marathon</b> in London.	maratona
<b>matter</b> <i>n</i>	/ˈmætər/	This is a very important <b>matter</b> .	questione
<b>obtain</b> <i>v</i>	/əb'teɪn/	Did you <b>obtain</b> a visa?	ottenere
<b>route</b> <i>n</i>	/ru:t/	Mark their <b>route</b> on the map.	percorso
<b>seriously</b> <i>adv</i>	/ˈsɪəriəslɪ/	He takes his job very <b>seriously</b> .	seriamente
<b>smoke</b> <i>n</i>	/sməʊk/	The streets were full of <b>smoke</b> .	fumo
<b>weekly</b> <i>adj</i>	/ˈwi:kli/	Read three problems from a <b>weekly</b> feature in a British newspaper.	settimanale

## File 9

### Vocabulary Banks

#### ANIMALS

<b>bat</b> <i>n</i>	/bæt/	Have you ever seen a <b>bat</b> at night?	pipistrello
<b>bear</b> <i>n</i>	/beə/	I saw a <b>bear</b> when I was on holiday in Canada.	orso
<b>bee</b> <i>n</i>	/bi:/	There is a <b>bee</b> in that flower.	ape
<b>bird</b> <i>n</i>	/bɜ:d/	A parrot is a kind of <b>bird</b> that can talk like a human.	uccello
<b>bull</b> <i>n</i>	/bʊl/	<b>Bull</b> fighting is popular in Spain.	toro
<b>butterfly</b> <i>n</i>	/ˈbʌtəflaɪ/	That <b>butterfly</b> is very beautiful.	farfalla
<b>camel</b> <i>n</i>	/ˈkæml/	The <b>camel</b> lives in dry, hot places.	cammello
<b>chicken</b> <i>n</i>	/ˈtʃɪkɪn/	The <b>chicken</b> laid two eggs.	gallina
<b>cow</b> <i>n</i>	/kaʊ/	The milk of a <b>cow</b> is very popular.	mucca
<b>crocodile</b> <i>n</i>	/ˈkrɒkədəɪl/	We saw a <b>crocodile</b> in the water when we were in northern Australia.	cocodrillo
<b>dolphin</b> <i>n</i>	/ˈdɒlfɪn/	The <b>dolphin</b> is the friendliest animal in the sea.	delfino
<b>elephant</b> <i>n</i>	/ˈɛlɪfənt/	We saw a big <b>elephant</b> on safari in Africa.	elefante
<b>fly</b> <i>n</i>	/flaɪ/	That <b>fly</b> is very annoying.	mosca
<b>giraffe</b> <i>n</i>	/dʒəˈrɑ:f/	I really enjoyed seeing the <b>giraffe</b> at the zoo.	giraffa
<b>goat</b> <i>n</i>	/gəʊt/	My uncle has cows, sheep, and a <b>goat</b> on his farm.	capra
<b>horse</b> <i>n</i>	/hɔ:s/	There is a field with a white <b>horse</b> in it behind our house.	cavallo
<b>jellyfish</b> <i>n</i>	/ˈdʒɛlɪfɪʃ/	It hurts when a <b>jellyfish</b> stings you.	medusa
<b>kangaroo</b> <i>n</i>	/ˌkæŋgəˈruː/	The <b>kangaroo</b> is an Australian animal.	canguro
<b>lion</b> <i>n</i>	/ˈlaɪən/	The <b>lion</b> is often called the king of the jungle.	leone
<b>monkey</b> <i>n</i>	/ˈmʌŋki/	Is that a <b>monkey</b> up in the trees?	scimmia
<b>mosquito</b> <i>n</i>	/məˈski:təʊ/	Is that a <b>mosquito</b> bite on your arm?	zanzara

mouse <i>n</i>	/maʊs/	There's a <b>mouse</b> in the kitchen. Get it out!	topo
pig <i>n</i>	/pɪɡ/	A <b>pig</b> is quite an intelligent animal.	maiale
rabbit <i>n</i>	/'ræbɪt/	My daughter has a pet <b>rabbit</b> .	coniglio
shark <i>n</i>	/ʃɑ:k/	I don't like to swim in the sea because I'm scared I'll see a <b>shark</b> .	squalo
sheep <i>n</i>	/ʃi:p/	Jumpers are made from the wool of <b>sheep</b> .	pecora
snake <i>n</i>	/sneɪk/	We saw a <b>snake</b> , but it wasn't a dangerous one.	serpente
spider <i>n</i>	/'spaɪdə/	There is a large <b>spider</b> in the bathroom.	ragno
tiger <i>n</i>	/'taɪɡə/	A <b>tiger</b> is a beautiful animal with black and orange stripes.	tigre
whale <i>n</i>	/weɪl/	The blue <b>whale</b> is the biggest animal in the world.	balena

## Useful words and phrases

abnormal <i>adj</i>	/æb'nɔ:ml/	A phobia is a very strong and <b>abnormal</b> fear or dislike of something.	abnorme
aggressive <i>adj</i>	/ə'ɡresɪv/	What would you do if a large <b>aggressive</b> animal ran towards you?	aggressivo / a
allergic <i>adj</i>	/ə'lɜ:dʒɪk/	Are you <b>allergic</b> to any animals?	allergico / a
bark <i>v</i>	/bɑ:k/	Sometimes our neighbour's dog will <b>bark</b> all night.	abbaiare
bite <i>v</i>	/baɪt/	Did the snake <b>bite</b> you?	mordere
brain <i>n</i>	/breɪn/	The drug causes changes to part of the <b>brain</b> used in learning and memory.	cervello
complicated <i>adj</i>	/'kɒmplɪkeɪtɪd/	Which do you think makes the sufferers' lives most <b>complicated</b> ?	complicato / a
cure <i>n</i>	/kjʊə/	Doctors have found a <b>cure</b> for people with phobias.	cura
drug <i>n</i>	/drʌɡ/	There is a <b>drug</b> that can help people to overcome their phobias.	farmaco
effective <i>adj</i>	/ɪ'fektɪv/	The new drug could be used to make this therapy more <b>effective</b> .	efficace
float <i>v</i>	/fləʊt/	I would <b>float</b> in the water and pretend to be dead.	galleggiare
fur coat <i>n</i>	/fɜ: kəʊt/	What would you do if someone offered to buy you a <b>fur coat</b> ?	pelliccia
guinea pig <i>n</i>	/'ɡɪni pɪɡ/	David Loosmore would happily be a <b>guinea pig</b> for the pill.	cavia
insects <i>pl n</i>	/'ɪnsekt/	Are there any animals or <b>insects</b> you are really afraid of?	insetti
keep still <i>v</i>	/ki:p stɪl/	I would <b>keep still</b> and look it straight in the eyes.	stare fermo
logical <i>adj</i>	/'lɒdʒɪkl/	Number the expressions in what you think is the most <b>logical</b> order.	logico / a
lottery <i>n</i>	/'lɒtəri/	If I won a lot of money in the <b>lottery</b> , I would buy a house.	lotteria
memory <i>n</i>	/'meməri/	The drug causes changes to part of the brain used in learning and <b>memory</b> .	memoria
overcome <i>v</i>	/,əʊvə'kʌm/	There is a drug that can help people to <b>overcome</b> their phobias.	superare
panic <i>n</i>	/'pænɪk/	They often feel <b>panic</b> when they go out and only feel safe at home.	panico
phobia <i>n</i>	/'fəʊbiə/	People with this <b>phobia</b> are terrified of spiders.	fobia
placebo <i>n</i>	/plə'si:bəʊ/	The people who took the pill felt less afraid than those who took a <b>placebo</b> .	placebo
poisonous <i>adj</i>	/'pɔɪzənəs/	What would you do if a <b>poisonous</b> snake bit you on the leg?	velenoso / a
safari <i>n</i>	/sə'fɑ:ri/	If you went on a <b>safari</b> , what animal would you most like to see?	safari
shore <i>n</i>	/ʃɔ:/	What would you do if you were in the sea quite near the <b>shore</b> when you saw a shark?	spiaggia

shout <i>v</i>	/ʃaʊt/	I would <b>shout</b> 'down' at it several times.	gridare
sting <i>n</i>	/stɪŋ/	I would rub the <b>sting</b> with a towel to clean it.	puntura
suck <i>v</i>	/sʌk/	I would <b>suck</b> the bite to get the poison out.	succhiare
sweat <i>v</i>	/swet/	Getting on the plane is hard and when the plane takes off I start to <b>sweat</b> .	sudare
therapy <i>n</i>	/'θerəpi/	The normal treatment for people with phobias is exposure <b>therapy</b> .	terapia
tie <i>v</i>	/taɪ/	I would <b>tie</b> something, e.g. a scarf on my leg above the bite.	legare
treatment <i>n</i>	/'tri:tmənt/	The normal <b>treatment</b> for people with phobias is exposure therapy.	trattamento
vinegar <i>n</i>	/'vɪnɪgə/	I would wash the sting with <b>vinegar</b> or sea water.	aceto
wave <i>v</i>	/weɪv/	I would <b>wave</b> my hand to make it go out.	agitare

## More words in File 9

backwards <i>adv</i>	/'bækwədz/	I would put my hands in my pockets and walk slowly <b>backwards</b> .	all'indietro
balcony <i>n</i>	/'bælkəni/	I get very nervous if I go up high, for example on a <b>balcony</b> on the 20th floor.	balcone
cancer <i>n</i>	/'kænsə/	He injured his foot playing football and he later became ill with <b>cancer</b> .	cancro
captain <i>n</i>	/'kæptɪn/	His father was a <b>captain</b> in the British army.	capitano
organization <i>n</i>	/'ɔ:ɡənəɪ'zeɪʃn/	Are you a member of a club or <b>organization</b> ?	organizzazione
pockets <i>pl n</i>	/'pɒkɪts/	I would put my hands in my <b>pockets</b> and walk slowly backwards.	tasche
primary school <i>n</i>	/'praɪməri sku:l/	My seven-year-old son goes to <b>primary school</b> .	scuola elementare
public speaking <i>n</i>	/'pʌblɪk spi:kɪŋ/	The actor Harrison Ford has been afraid of <b>public speaking</b> all his life.	parlare in pubblico
reggae <i>n</i>	/'regeɪ/	Bob Marley (1945–1981) is often called the father of <b>reggae</b> .	reggae
respected <i>adj</i>	/'rɪ'spektɪd/	His eldest son Ziggy is a very <b>respected</b> reggae musician.	apprezzato / a
retire <i>v</i>	/'rɪ'taɪə/	I want to <b>retire</b> at 65.	andare in pensione
secondary school <i>n</i>	/'sekəndri sku:l/	My 14-year-old daughter goes to <b>secondary school</b> .	scuola media
top floor flat <i>n</i>	/'tɒp flɔ: flæt/	Do you live in a <b>top floor flat</b> ?	appartamento all'ultimo piano

## File 10

### Useful words and phrases

base <i>v</i>	/'beɪs/	Did you <b>base</b> your design on something else?	basare
behaviour <i>n</i>	/'beɪhɪvjə/	Everything he does is spoiled by his attitude and his bad <b>behaviour</b> .	comportamento
biology <i>n</i>	/'baɪ'ɒlədʒi/	<b>Biology</b> usually studies humans, animals, or plants.	biologia
board game <i>n</i>	/'bɔ:d geɪm/	'Monopoly' is a popular <b>board game</b> .	gioco da tavolo
bullet-proof vest <i>n</i>	/'bʊlɪt pru:f vest/	The <b>bullet-proof vest</b> is used by the police all over the world.	giubbotto antiproiettile
cash machine <i>n</i>	/'kæʃ mə'ʃi:n/	The <b>cash machine</b> wasn't invented until 1967.	bancomat
chemistry <i>n</i>	/'kemɪstri/	<b>Chemistry</b> helps us understand what things are made of.	chimica
design <i>v</i>	/'dɪ'zaɪn/	To <b>design</b> a new building, you need to draw a plan that shows how to make it.	progettare
discover <i>v</i>	/'dɪ'skʌvə/	Scientists are still trying to <b>discover</b> a cure for cancer.	scoprire
disposable <i>adj</i>	/'dɪ'spəʊzəbl/	How many <b>disposable</b> nappies are used every day?	usa e getta
focus <i>n</i>	/'fəʊkəs/	In which sentence is the <b>focus</b> more on the dishwasher?	enfasi

<b>fundamental</b> <i>adj</i>	/ˌfʌndə'mentl/	They said it had 52 <b>fundamental</b> errors including taking too long to play.	fondamentale
<b>geography</b> <i>n</i>	/dʒi'ɒɡrəfi/	<b>Geography</b> is the study of humans and the world.	geografia
<b>hair drier</b> <i>n</i>	/heə 'draɪə/	I need a <b>hair drier</b> to dry my hair.	asciugacapelli
<b>hammer</b> <i>n</i>	/'hæmə/	Tins used to be opened with difficulty using a knife and a <b>hammer</b> .	martello
<b>information technology</b> <i>n</i>	/ˌɪnfə'meɪʃn tek,nɒlədʒi/	<b>Information technology</b> is the study of computing.	informatica
<b>invent</b> <i>v</i>	/ɪn'vent/	I have lots of ideas of things I'd like to <b>invent</b> .	inventare
<b>invention</b> <i>n</i>	/ɪn'venʃn/	Mrs Graham's <b>invention</b> is called Tipp-Ex today.	invenzione
<b>logo</b> <i>n</i>	/'ləʊɡəʊ/	The Nike <b>logo</b> is world-famous.	logo
<b>marks</b> <i>pl n</i>	/mɑ:ks/	I didn't use to study a lot but got good <b>marks</b> .	voti
<b>material</b> <i>n</i>	/mə'tɪəriəl/	What was special about the <b>material</b> Stephanie Kwolek invented?	materiale
<b>maths</b> <i>n</i>	/mæθs/	I'm not good with numbers so I don't like <b>maths</b> .	matematica
<b>nappies</b> <i>pl n</i>	/'næpi:z/	How many disposable <b>nappies</b> are used every day?	pannolini
<b>novel</b> <i>n</i>	/'nɒvl/	The film was based on a famous <b>novel</b> .	romanzo
<b>physical education</b> <i>n</i>	/'fɪzɪkl ,edʒu'keɪʃn/	<b>Physical education</b> is sport at school.	educazione fisica
<b>physics</b> <i>n</i>	/'fɪzɪks/	Many people think <b>physics</b> is the hardest subject at school.	fisica
<b>president</b> <i>n</i>	/'prezɪdənt/	The company <b>president</b> saw the game and took it home to try it.	presidente
<b>psychology</b> <i>n</i>	/saɪ'kɒlədʒi/	Like Holmes, House uses his knowledge of <b>psychology</b> to solve cases.	psicologia
<b>religious education</b> <i>n</i>	/'rɪ'lɪdʒəs ,edʒu'keɪʃn/	<b>Religious education</b> is an important part of school in many countries.	educazione religiosa
<b>report</b> <i>n</i>	/'rɪ'pɔ:t/	When you were at school did you get a <b>report</b> at the end of every year?	pagella
<b>science</b> <i>n</i>	/'saɪəns/	Chemistry, biology, and physics are all <b>science</b> subjects.	scienza / scientifico / a
<b>starting point</b> <i>n</i>	/'stɑ:tɪŋ pɔɪnt/	The internet was the <b>starting point</b> for so many technologies.	punto di partenza
<b>subjects</b> <i>pl n</i>	/'səb'dʒektz/	Did you study any other <b>subjects</b> at primary or secondary school?	materie

## More words in File 10

<b>arithmetic</b> <i>n</i>	/ə'rɪθmətɪk/	Kenneth is good at <b>arithmetic</b> .	aritmetica
<b>attitude</b> <i>n</i>	/'ætɪtju:d/	Everything he does is spoiled by his <b>attitude</b> and his bad behaviour.	atteggiamento
<b>author</b> <i>n</i>	/'ɔ:θə/	Ken Follett is the best-selling <b>author</b> of The Pillars of the Earth.	autore
<b>choice</b> <i>n</i>	/tʃɔɪs/	Too much <b>choice</b> is making us feel unhappy and dissatisfied.	scelta
<b>compulsory</b> <i>adj</i>	/kəm'pʌlsəri/	Education is <b>compulsory</b> until 18 or 19 in many countries.	obbligatorio / a
<b>confuse</b> <i>v</i>	/kən'fju:z/	It is easy to <b>confuse</b> him.	confondere
<b>confusion</b> <i>n</i>	/kən'fju:ʒn/	He got lost in the <b>confusion</b> .	confusione
<b>curious</b> <i>adj</i>	/'kjʊəriəs/	He is so <b>curious</b> . He wants to know everything.	curioso / a
<b>decision</b> <i>n</i>	/dɪ'sɪʒn/	Do you ever worry about making the wrong <b>decision</b> ?	decisione
<b>decisive</b> <i>adj</i>	/dɪ'saɪsɪv/	Do you know anybody who is very <b>decisive</b> ?	deciso / a
<b>disorganized</b> <i>adj</i>	/dɪs'ɔ:gənəɪzɪd/	I used to be very <b>disorganized</b> , for example I often left my books at home.	disorganizzato / a
<b>dissatisfied</b> <i>adj</i>	/dɪs'sætɪsfɑɪd/	Too much choice is making us feel unhappy and <b>dissatisfied</b> .	scontento / a
<b>educate</b> <i>v</i>	/'edʒukeɪt/	Teachers try to <b>educate</b> students.	educare
<b>education</b> <i>n</i>	/'edʒu'keɪʃn/	I enjoyed <b>education</b> after primary school.	istruzione
<b>elect</b> <i>v</i>	/'ɪlekt/	Who did you <b>elect</b> to do the task?	designare

<b>flowery</b> <i>adj</i>	/ˈflaʊəri/	Helen must learn not to use such <b>flowery</b> language.	fiorito / a
<b>imagination</b> <i>n</i>	/ɪˌmædʒɪˈneɪʃn/	He has a really good <b>imagination</b> and is so good at thinking up stories.	immaginazione
<b>indecisive</b> <i>adj</i>	/ɪˌndɪˈsɪsɪv/	I'm quite <b>indecisive</b> so I find it hard to make decisions.	indeciso / a
<b>nickname</b> <i>n</i>	/ˈnɪkneɪm/	Did you use to have a <b>nickname</b> ?	soprannome
<b>opt</b> <i>v</i>	/ɒpt/	Which one did you <b>opt</b> for?	scegliere
<b>options</b> <i>pl n</i>	/ˈɒpʃnz/	We have so many <b>options</b> that making a decision is stressful.	opzioni
<b>possibilities</b> <i>pl n</i>	/ˌpɒsəˈbɪlətɪz/	Deciding which TV channel to watch is difficult when there are so many <b>possibilities</b> .	possibilità
<b>researcher</b> <i>n</i>	/ˈriːsɜːtʃə/	A <b>researcher</b> has discovered that too much choice makes us feel unhappy.	ricercatore / ricercatrice
<b>same sex school</b> <i>n</i>	/seɪm seks ˈskuːl/	Who didn't like being at a <b>same-sex school</b> ?	scuola omogenea
<b>spoil</b> <i>v</i>	/spɔɪl/	Don't let your bad behaviour <b>spoil</b> your good marks.	rovinare

## File 11

### Vocabulary Banks

#### EXPRESSING MOVEMENT

<b>across</b> <i>prep</i>	/əˈkrɒs/	The bank is just <b>across</b> the road.	dall'altra parte di
<b>along</b> <i>prep</i>	/əˈlɒŋ/	We went for a walk <b>along</b> the street.	lungo
<b>come back</b> <i>phr v</i>	/kʌm ˈbæk/	He's leaving, and he doesn't know if he'll <b>come back</b> .	ritornare
<b>down</b> <i>prep</i>	/daʊn/	She went <b>down</b> the steps five minutes ago.	giù
<b>get off</b> <i>phr v</i>	/get ˈɒf/	<b>Get off</b> the bus at the railway station.	scendere
<b>Go away!</b> <i>phr v</i>	/gəʊ əˈweɪ/	<b>Go away!</b> I don't want to speak to you.	Vai via!
<b>go back</b> <i>phr v</i>	/gəʊ ˈbæk/	I'm tired. Can we <b>go back</b> home now?	tornare
<b>in</b> <i>prep</i>	/ɪn/	What sports can you see <b>in</b> the photos?	in
<b>into</b> <i>prep</i>	/ɪntə/	I just need to go <b>into</b> the shop for something.	in
<b>out</b> <i>prep</i>	/aʊt/	I certainly can't go <b>out</b> for a wild night during the week.	fuori
<b>out of</b> <i>prep</i>	/aʊt ɒv/	Go <b>out of</b> the shop and cross the road.	fuori da
<b>over</b> <i>prep</i>	/əʊvə/	Go <b>over</b> the bridge and turn left.	su
<b>past</b> <i>prep</i>	/pɑːst/	It's <b>past</b> the church and next to the post office.	oltre
<b>round / around</b> <i>prep</i>	/raʊnd / əˈraʊnd/	They went for a run <b>around</b> the lake.	intorno / attorno
<b>run away</b> <i>phr v</i>	/rʌn əˈweɪ/	When she was a child, she once tried to <b>run away</b> from home.	scappare, fuggire
<b>run off</b> <i>phr v</i>	/rʌn ˈɒf/	The man tried to <b>run off</b> when he saw the policeman.	fuggire
<b>through</b> <i>prep</i>	/θruː/	I go <b>through</b> the tunnel every day.	attraverso
<b>towards</b> <i>prep</i>	/təˈwɔːdz/	Walk <b>towards</b> the lake and you can see my house on the right.	verso
<b>under</b> <i>prep</i>	/ˈʌndə/	The car went <b>under</b> the bridge.	sotto
<b>up</b> <i>prep</i>	/ʌp/	Go <b>up</b> the steps and turn right.	su

#### PHRASAL VERBS

<b>be over</b> <i>phr v</i>	/bi əʊvə/	The match will <b>be over</b> at about 5.30 p.m.	terminare
<b>call back</b> <i>phr v</i>	/kɔːl ˈbæk/	He's out. Could you <b>call back</b> later?	richiamare
<b>come on</b> <i>phr v</i>	/kʌm ˈɒn/	<b>Come on!</b> Let's go.	dai
<b>fill in</b> <i>phr v</i>	/fɪl ˈɪn/	Could you <b>fill in</b> this form?	compilare
<b>find out</b> <i>phr v</i>	/faɪnd ˈaʊt/	I want to <b>find out</b> about hotels in Madrid.	ottenere informazioni
<b>get on with</b> <i>phr v</i>	/get ˈɒn wɪð/	I don't <b>get on with</b> Anna. She's really annoying.	andare d'accordo con
<b>get up</b> <i>phr v</i>	/get ˈʌp/	I <b>get up</b> at 10.00 a.m. every morning.	alzarsi
<b>give back</b> <i>phr v</i>	/gɪv ˈbæk/	When can you <b>give back</b> that book you borrowed?	restituire
<b>give up</b> <i>phr v</i>	/gɪv ˈʌp/	I need to <b>give up</b> smoking.	smettere
<b>go away</b> <i>phr v</i>	/gəʊ əˈweɪ/	I want to <b>go away</b> for the weekend. I need a break.	andare via
<b>go out</b> <i>phr v</i>	/gəʊ ˈaʊt/	Let's <b>go out</b> to a restaurant tonight.	uscire

<b>look after</b> <i>phr v</i>	/lʊk 'ɑ:ftə/	My sister said she would <b>look after</b> Jimmy for me today.	aver cura, accudire
<b>look for</b> <i>phr v</i>	/'lʊk fɔ:/	Can you help me <b>look for</b> my key? I've lost it!	cercare
<b>look forward to</b> <i>phr v</i>	/lʊk 'fɔ:rwəd tə/	I <b>look forward to</b> seeing you soon.	sperare di vedere
<b>look up</b> <i>phr v</i>	/'lʊk ʌp/	You should <b>look up</b> words you don't know in the dictionary.	cercare
<b>pay back</b> <i>phr v</i>	/peɪ 'bæk/	Did I <b>pay back</b> the money I borrowed from you?	restituire
<b>pick up</b> <i>phr v</i>	/pɪk 'ʌp/	<b>Pick up</b> these clothes from the floor.	raccogliere
<b>put away</b> <i>phr v</i>	/pʊt ə'weɪ/	Your room is a mess. Can you <b>put away</b> your clothes?	riporre
<b>put on</b> <i>phr v</i>	/pʊt 'ɒn/	It's bedtime – go and <b>put on</b> your pyjamas.	mettersi
<b>sit down</b> <i>phr v</i>	/sɪt 'daʊn/	Please, <b>sit down</b> and relax.	sedersi
<b>stand up</b> <i>phr v</i>	/stænd 'ʌp/	It's polite to <b>stand up</b> when your manager comes in.	alzarsi
<b>take back</b> <i>phr v</i>	/teɪk 'bæk/	I think I'll <b>take back</b> these jeans I bought. They're too small.	riportare al negozio
<b>take off</b> <i>phr v</i>	/teɪk 'ɒf/	Could you <b>take off</b> your boots, please?	togliersi
<b>throw away</b> <i>phr v</i>	/'θrəʊ ə'weɪ/	Don't <b>throw away</b> that letter!	buttare via
<b>try on</b> <i>phr v</i>	/traɪ 'ɒn/	I'm going to <b>try on</b> these jeans.	provare
<b>turn down</b> <i>phr v</i>	/tɜ:n 'daʊn/	<b>Turn down</b> the music! It's very loud.	abbassare
<b>turn off</b> <i>phr v</i>	/tɜ:n 'ɒf/	There's nothing on. Shall I <b>turn off</b> the TV?	spengere
<b>turn on</b> <i>phr v</i>	/tɜ:n 'ɒn/	Could you <b>turn on</b> the TV? There's a good movie on.	accendere
<b>turn up</b> <i>phr v</i>	/tɜ:n 'ʌp/	<b>Turn up</b> the TV! I can't hear.	alzare
<b>write down</b> <i>phr v</i>	/raɪt 'daʊn/	<b>Write down</b> my address or you might forget it.	prendere nota

## Useful words and phrases

<b>athletics</b> <i>n</i>	/æθ'letɪks/	Running is an <b>athletics</b> event.	atletica
<b>bad loser</b> <i>n</i>	/bæd 'lu:zə/	My brother is a really <b>bad loser</b> .	cattivo perdente
<b>baseball</b> <i>n</i>	/'beɪsbɔ:l/	They are called umpires in tennis and <b>baseball</b> .	baseball
<b>basketball</b> <i>n</i>	/'bɑ:skɪtbɔ:l/	In <b>basketball</b> you have to throw the ball through a ring with a basket.	pallacanestro
<b>beat</b> <i>v</i>	/bi:t/	England <b>beat</b> Germany 5–1.	battere
<b>blame</b> <i>v</i>	/bleɪm/	Don't <b>blame</b> your defeat on the referees.	dare la colpa
<b>boxing</b> <i>n</i>	/'bɒksɪŋ/	<b>Boxing</b> is a fight, usually between two men.	boxe
<b>coach</b> <i>n</i>	/kəʊtʃ/	My tennis <b>coach</b> has really helped me improve my game.	istruttore
<b>contract</b> <i>n</i>	/'kɒntrækt/	Luciano Gaucci announced that the player's <b>contract</b> would not be renewed.	contratto
<b>cycling</b> <i>n</i>	/'saɪklɪŋ/	I usually go <b>cycling</b> at the weekend.	in bicicletta
<b>defeat</b> <i>n</i>	/dɪ'fi:t/	Don't blame your <b>defeat</b> on the referees.	sconfitta
<b>dehydrated</b> <i>adj</i>	/'di:haɪ'dreɪtɪd/	We're making him drink water because he's becoming <b>dehydrated</b> .	disidratato / a
<b>dignity</b> <i>n</i>	/'dɪgnəti/	The hardest lesson to learn in sport is how to lose with <b>dignity</b> .	dignità
<b>disqualify</b> <i>v</i>	/dɪs'kwɒlɪfaɪ/	They will <b>disqualify</b> you if you try to cheat.	squalificare
<b>false start</b> <i>n</i>	/'fɔ:ls 'stɑ:t/	Jon Drummond was disqualified for a <b>false start</b> .	falsa partenza
<b>fool</b> <i>n</i>	/'fu:l/	He also called the umpire 'an incompetent <b>fool</b> !'	cretino / a
<b>football</b> <i>n</i>	/'fʊtbɔ:l/	In <b>football</b> you have to kick the ball into a goal.	calcio
<b>football club</b> <i>n</i>	/'fʊtbɔ:l klʌb/	But Jung-Hwan also played for the Italian <b>football club</b> Perugia.	squadra di calcio
<b>furious</b> <i>adj</i>	/'fjuəriəs/	He became <b>furious</b> and shouted 'You cannot be serious!' at the umpire.	furioso / a
<b>golf</b> <i>n</i>	/gɒlf/	In <b>golf</b> you have to get a small ball into a hole far away.	golf
<b>handball</b> <i>n</i>	/'hændbɔ:l/	<b>Handball</b> is like football but you use your hands, not your feet.	pallamano
<b>hockey</b> <i>n</i>	/'hɒki/	I play <b>hockey</b> at school.	hockey
<b>incompetent</b> <i>adj</i>	/ɪn'kɒmpɪtənt/	He also called the umpire 'an <b>incompetent</b> fool!'	incompetente

<b>insult</b> v	/ɪn'sʌlt/	He tried to <b>insult</b> the referee.	insultare
<b>intention</b> n	/ɪn'tenʃn/	I have no <b>intention</b> of paying a salary to somebody who has ruined Italian football.	intenzione
<b>motor racing</b> n	/'məʊtə reɪsɪŋ/	Formula 1 is a famous <b>motor racing</b> event.	gara automobilistica
<b>opponent</b> n	/ə'pəʊnənt/	Don't refuse to shake hands with your <b>opponent</b> .	avversario
<b>referee</b> n	/'refə'reɪ/	A <b>referee</b> or umpire is an official who makes the players obey the rules.	arbitro
<b>refuse</b> v	/'rɪ'fju:z/	Don't <b>refuse</b> to shake hands with your opponent.	rifiutarsi
<b>rugby</b> n	/'rʌɡbi/	<b>Rugby</b> doesn't have a round ball and you have to throw it backwards.	rugby
<b>score a goal</b> v	/skɔ:ɪ ə ɡəʊl/	How was the match? Did you <b>score a goal</b> ?	fare goal
<b>skiing</b> n	/'ski:ɪŋ/	<b>Skiing</b> holidays are popular in winter.	sciistico / a
<b>tennis</b> n	/'tenɪs/	In <b>tennis</b> you have to hit the ball over a net.	tennis
<b>umpire</b> n	/'ʌmpaɪə/	A referee or <b>umpire</b> is an official who makes the players obey the rules.	giudice
<b>volleyball</b> n	/'vɒlɪbɔ:l/	<b>Volleyball</b> is often played on a beach.	pallavolo
<b>windsurfing</b> n	/'wɪndzɜ:fɪŋ/	You need a strong wind to go <b>windsurfing</b> .	surf

## More words in File 11

<b>bunker</b> n	/'bʌŋkə/	The <b>bunker</b> in golf is full of sand.	bunker
<b>buzz</b> n	/bʌz/	The <b>buzz</b> of being 'live' on the radio is really wonderful.	eccitazione
<b>coincidence</b> n	/kəʊ'ɪnsɪdəns/	It was a <b>coincidence</b> that both boys were called 'Jim' by their new parents.	coincidenza
<b>concentrate</b> v	/'kɒnsntreɪt/	I can't <b>concentrate</b> with that music on.	concentrarsi
<b>energetic</b> adj	/'enə'dʒetɪk/	I feel awake and <b>energetic</b> in the morning.	energico / a
<b>goal</b> n	/ɡəʊl/	In football you have to kick the ball into a <b>goal</b> .	goal
<b>hole</b> n	/həʊl/	The aim of golf is to get a small ball into a small <b>hole</b> .	buca
<b>identical</b> adj	/'aɪ'dentɪkl/	When Jim Lewis was six years old, he discovered that he had an <b>identical</b> twin brother.	identico / a
<b>lap</b> n	/ləp/	This is a short race – only one <b>lap</b> .	giro
<b>match point</b> n	/'mætʃ 'pɔɪnt/	It's <b>match point</b> to Murray.	match point
<b>net</b> n	/net/	In tennis you have to hit the ball over a <b>net</b> .	rete
<b>penalty</b> n	/'penəlti/	Hand ball! That must be a <b>penalty</b> .	rigore
<b>season</b> n	/'si:zn/	It depends on the <b>season</b> . I find I need much more sleep in the winter.	stagione
<b>serve</b> v	/sɜ:v/	In tennis it's important to learn how to <b>serve</b> the ball skilfully.	servire
<b>track</b> n	/træk/	The marathon finishes on the <b>track</b> in the stadium.	pista
<b>twin</b> n	/'twɪn/	When Jim Lewis was six years old, he discovered that he had an identical <b>twin</b> brother.	gemello / a
<b>World Cup</b> n	/'wɜ:ld 'kʌp/	England won the Rugby <b>World Cup</b> in 2003 by beating Australia in the last minute of the match.	Coppa del Mondo

## File 12

### Useful words and phrases

<b>arrest</b> v	/ə'rest/	He arrived at his local police station and said 'Please <b>arrest</b> me again!'	arrestare
<b>build connections</b>	/bɪld kə'nekʃnz/	Gossip can be a positive thing when people use it to <b>build connections</b> with other people.	costruire relazioni
<b>feel guilty</b>	/'fi:l 'ɡɪlti/	Sometimes we might <b>feel guilty</b> if we gossip about other people.	sentirsi in colpa
<b>genes</b> pl n	/'dʒi:nz/	McAndrew believes that gossiping is in our <b>genes</b> .	geni
<b>gossip</b> n, v	/'ɡɒsɪp/	Who do people most often <b>gossip</b> about?	spettegolare

<b>in general</b>	/ɪn 'dʒenrəl/	<b>In general</b> , men share gossip with their wives or girlfriends, not their male friends.	in generale
<b>kettle</b> <i>n</i>	/'kɛtl/	Put the <b>kettle</b> on. I need a cup of tea.	bollitore
<b>local</b> <i>adj</i>	/'ləʊkl/	The dog had run away and gone to the <b>local</b> railway station.	locale
<b>microchip</b> <i>n</i>	/'maɪkrəʊtʃɪp/	Thanks to a <b>microchip</b> in its neck, they discovered that its name was Diesel.	microchip
<b>microwave</b> <i>n</i>	/'maɪkrəweɪv/	She said she left the dinner in the <b>microwave</b> .	microonde
<b>nanny</b> <i>n</i>	/'næni/	We have a <b>nanny</b> to look after our children.	tata
<b>neighbour</b> <i>n</i>	/'neɪbə/	He left the dog with a <b>neighbour</b> .	vicino / a
<b>pass on</b> <i>phr v</i>	/'pɑ:s 'ɒn/	Research has shown that people were happy to <b>pass on</b> good news about their friends.	comunicare
<b>pleasure</b> <i>n</i>	/'pleɪʒə/	McAndrew believes that we feel <b>pleasure</b> when we share interesting information.	piacere
<b>pottery</b> <i>n</i>	/'pɒtəri/	I made a vase in my <b>pottery</b> class.	ceramica
<b>prison</b> <i>n</i>	/'prɪzn/	He was freed early from <b>prison</b> on the condition that he promised to live with his parents.	prigione
<b>private life</b> <i>n</i>	/'praɪvət laɪf/	To gossip is to talk about other people, especially their <b>private life</b> .	vita privata
<b>robber</b> <i>n</i>	/'rɒbə/	The <b>robber</b> took all our money and jewellery.	rapinatore / rapinatrice
<b>security guard</b> <i>n</i>	/'sɪ'kjʊərətɪ ɡɑ:d/	Lewis was a <b>security guard</b> and Springer was a deputy sheriff.	guardia giurata
<b>selection</b> <i>n</i>	/'sɪ'lekʃn/	Here is our <b>selection</b> of last week's true stories.	selezione
<b>slippers</b> <i>pl n</i>	/'slɪpəz/	I wear <b>slippers</b> , not shoes, inside the house.	pantofole
<b>social skill</b> <i>n</i>	/'səʊʃl skɪl/	McAndrew says that gossiping is a <b>social skill</b> , and we need to learn to do it well.	abilità sociale
<b>supper</b> <i>n</i>	/'sʌpə/	What shall we eat for <b>supper</b> ?	cena