

Word/Phrase	Translation (Italian)	Frequency of Use	Part of Speech	Phonetic Spelling	Definition	Sample Sentence
Unit 1						
Objects						
agenda	agenda	**	<i>n C</i>	/əˈdʒendə/	a list of things that people will discuss at a meeting	This is today's agenda.
alarm clock	sveglia	**	<i>n C</i>	/ˈɒləː(r)m klɒk/	a clock that wakes you up at a particular time by making a noise	Is that the alarm clock?
bottle of water	bottiglia d'acqua		<i>n C</i>	/ˈbɒt(ə)l əv wɔːtə(r)/	a glass or plastic container containing water	That's my bottle of water.
business card	biglietto da visita		<i>n C</i>	/ˈbɪznəs kɑː(r)d/	a small card that has a person's name on it, as well as the address, telephone number, and email address of the company that they work for	This is my business card.
camera	macchina fotografica	***	<i>n C</i>	/ˈkæm(ə)rə/	a piece of equipment used for taking photographs	Is that a camera?
chair	sedia	***	<i>n C</i>	/tʃeə(r)/	a piece of furniture for one person to sit on, with a back, legs, and sometimes two arms	Excuse me. Is this your chair?
computer	computer	***	<i>n C</i>	/kəmˈpjʊtə(r)/	a machine that stores programs and information in electronic form and can be used for a variety of processes, for example writing, calculating, and communicating on the Internet	It's my computer.
desk	scrivania	***	<i>n C</i>	/desk/	a table that you sit at to write or work, often with drawers in it	This is my desk.
earphones	auricolari		<i>n pl</i>	/ˈɪə(r)ɪfəʊnz/	a piece of electronic equipment with parts that you wear over your ears to listen to recorded music	This is your phone, but those are my earphones.
glasses	occhiali	*	<i>n pl</i>	/ˈglɑːsɪz/	an object that you wear in front of your eyes to help you see better.	Are those your glasses?
memory stick	chiavetta USB		<i>n C</i>	/ˈmem(ə)ri stɪk/	a small disk drive that can store information for use in electronic equipment and that you carry around with you	The memory stick is in my computer.
mirror	specchio	***	<i>n C</i>	/ˈmɪrə(r)/	a piece of special glass in which you can see yourself or see what is behind you	This is my mirror.
newspaper	giornale	***	<i>n C/U</i>	/ˈnjuːzˌpeɪpə(r)/	a set of large printed sheets of folded paper containing news, articles, and other information, usually published every day.	Is that today's newspaper?
paper	carta	***	<i>n C/U</i>	/ˈpeɪpə(r)/	the thin flat substance that you use for writing on or wrapping things in	Is this the paper for the computer?
phone	telefono	***	<i>n C</i>	/fəʊn/	a telephone	This is your phone, but those are my earphones.
umbrella	ombrello	*	<i>n C</i>	/ʌmˈbrelə/	an object that you hold over your head when it is raining	Is that your umbrella?
wallet	portafoglio		<i>n C</i>	/ˈwɒlɪt/	a small flat case that people keep money, bank cards, and small documents in and usually carry in their pocket or bag	Hey! That's my wallet!
Countries & nationalities						
Brazil	Brasile		<i>n</i>	/brəˈzɪl/	a country in South America	He's from Brazil.
Brazilian	brasiliano/a		<i>adj</i>	/brəˈzɪljən/	someone who is Brazilian comes from Brazil; relating to Brazil, or its people or culture	He is from Rio de Janeiro in Brazil, he is Brazilian.
Britain	Gran Bretagna		<i>n</i>	/ˈbrɪt(ə)n/	England, Scotland, and Wales	We're from Britain.
British	britannico/a		<i>adj</i>	/ˈbrɪtɪʃ/	someone who is British comes from the UK; relating to the UK, or its people or culture	The British and Russian flags are red, white and blue.
China	Cina		<i>n</i>	/tʃaɪnə/	a large country in Asia	They're from China.
Chinese	cinese		<i>adj</i>	/tʃaɪˈniːz/	someone who is Chinese is from China; relating to China, or its language or culture	The Chinese flag is red and yellow.
France	Francia		<i>n</i>	/frɑːns/	a country in Europe	Pierre is from France.

French	francese		adj	/frɛntʃ/	someone who is French is from France; relating to France, or its language or culture	They are French students.
Germany	Germania		n	/ˈdʒɜː(r)məni/	a country in Europe	Jens is from Germany.
German	tedesco/a		adj	/ˈdʒɜː(r)mən/	someone who is German is from Germany; relating to Germany, or its language or culture	Mark is a German student.
Greece	Grecia		n	/grɪs/	a country in southern Europe	The students are from Greece.
Greek	greco/a		adj	/grɪk/	someone who is Greek is from Greece; relating to Greece, or its language or culture	This is a Greek restaurant.
Ireland	Irlanda		n	/ˈaɪələnd/	a country in northern Europe	He's a language teacher from Ireland.
Irish	irlandese		adj	/ˈaɪrɪʃ/	someone who is Irish is from Ireland; relating to Ireland, or its language or culture	He's from Ireland, so his nationality is Irish.
Italy	Italia		n	/ˈɪtəlɪ/	a country in southern Europe	My parents are from Italy.
Italian	italiano/a		adj	/ɪˈtæljən/	someone who is Italian is from Italy; relating to Italy, or its language or culture	The Italian flag is red, white and green.
Japan	Giappone		n	/dʒəˈpæn/	a country in Asia	Mixi is a social network in Japan.
Japanese	giapponese		adj	/dʒæpəˈniːz/	someone who is Japanese is from Japan; relating to Japan, or its language or culture	Mixi is a Japanese online social network.
Poland	Polonia		n	/ˈpəʊlənd/	a country in eastern Europe	I'm from Poland.
Polish	polacco/a		adj	/ˈpəʊlɪʃ/	someone who is Polish comes from Poland; relating to Poland, or its language or culture	I'm Polish.
Russia	Russia		n	/ˈrʌʃə/	a large country in northern Asia	V Kontakte is a social network in Russia.
Russian	russo/a		adj	/ˈrʌʃ(ə)n/	someone who is Russian is from Russia; relating to Russia, or its language or culture	The British and Russian flags are red, white and blue.
Turkey	Turchia		n	/ˈtɜː(r)ki/	a country in Europe	He's from Turkey.
Turkish	turco/a		adj	/ˈtɜː(r)kɪʃ/	someone who is Turkish is from Turkey; relating to Turkey, or its language or culture	The Turkish flag is red.
Drinks						
beer	birra	***	n C/U	/bɪə(r)/	a yellow or brown alcoholic drink made from malt and hops.	Would you like a beer?
coffee	caffè	***	n C/U	/ˈkɒfi/	a hot, slightly bitter drink made by pouring hot water over brown powder consisting of coffee beans that have been ground.	Would you like a coffee?
(orange, apple) juice	succo di (arancia, mela)	**	n C/U	/dʒuːs/	the liquid that comes out of fruit or vegetables when you squeeze them and is often used as a drink	I'd like an orange juice.
tea	tè	***	n C/U	/tiː/	a hot brown drink made by pouring boiling water onto the dried leaves of the tea bush	He has tea and she has a cola.
(mineral) water	acqua (minerale)	***	n U	/ˈwɔːtə(r)/	the clear liquid that falls as rain and is used for things such as drinking and washing	Can I have a glass of water?
wine	vino	***	n C/U	/waɪn/	an alcoholic drink made from grapes	Would you like a white wine?
Other words & phrases						
Altre parole e frasi						
afternoon	pomeriggio	***	n C/U	/ˈɑːftə(r)ˌnuːn/	the period of time between the middle of the day and the beginning of the evening	Good afternoon.
age	età	***	n C/U	/eɪdʒ/	the number of years that someone has lived	What's your name and age?
bar	bar	***	n C	/bɑː(r)/	a place where you go to buy and drink alcoholic drinks	They are in the bar.
cake	torta	***	n C/U	/keɪk/	a sweet food made by baking a mixture that usually contains sugar, eggs, flour, and butter or oil	Mmm, this cake is lovely!
country	paese	***	n C/U	/ˈkʌntri/	an area of land that has its own government and official borders	China is a very big country.
email	e-mail	***	n C/U	/iːˈmeɪl/	a system for sending messages from one computer to another	If you have any questions about your tour, please send me an email.

evening	sera	***	n C/U	/iːvniŋ/	the part of the day between the end of the afternoon and night, including the time when the sun goes down	Good evening.
glass	bicchiere	***	n C/U	/glɑːs/	a small container made of glass used for a drink	Would you like a glass of wine?
guide	guida	***	n C	/gaɪd/	someone whose job is to look after a group of people who are visiting a place and give them information about it	I am your tour guide for the Explore London tour.
invite	invitare	***	v	/ɪnvaɪt/	to ask someone to come to see you or to spend time with you socially	Explore London tours would like to invite you to a welcome party.
language	lingua	***	n C/U	/lɪŋgwɪdʒ/	the particular form of words and speech that is used by the people of a country, area, or social group	If you are a language teacher, click here.
meet	incontrare	***	v	/miːt/	to come together in order to talk to someone who you have arranged to see	Come for a drink and meet the other people on your tour.
morning	mattina	***	n C/U	/mɔː(r)nɪŋ/	the part of the day from when the sun rises until midday	Good morning.
nationality	nazionalità	*	n C/U	/næʃəˈnæləti/	the legal status of being a citizen of a particular country	What's your nationality?
new	nuovo/a	***	adj	/njuː/	recently arrived in a place or situation that you have not been in before	Julian, this is Alison. She's new.
online	online	**	adj	/ɒnlaɪn/	connected to or available through a computer or a computer network	Facebook is a big online network.
party	festa	***	n C	/paː(r)ti/	a social event at which people meet to celebrate something or to have fun by eating and drinking, dancing, playing games etc	Explore London tours would like to invite you to a welcome party.
practise	praticare	**	v	/præktɪs/	to repeat an activity regularly so that you become better at it	Choose a language you want to practise.
reception	reception	**	n U/C	/rɪˈsepʃ(ə)n/	the part of a large building such as a hotel or office where there is someone whose job is to welcome visitors, deal with questions etc	She's at the hotel reception.
room	camera	***	n C/U	/ruːm/	a part of a building with a floor, walls, and a ceiling	They are in room 34.
sandwich	sandwich/tramezzino	**	n C	/sæn(d)wɪdʒ/ /sæn(d)wɪtʃ/	a light meal that you make by putting a layer of food such as meat, cheese, or egg between two pieces of bread	This isn't my sandwich!
social network	social network		n C/U	/səʊʃ(ə)ˈnetwɜː(r)k/	a website for social interactions and personal relationships	Social networks are very popular on the internet now.
telephone	telefono	***	n C/U	/teliˈfəʊn/	a piece of electronic equipment that you use for speaking to someone in a different place. A telephone is often simply called a phone	Listen to a telephone call to TSLN.
tour	giro, tour	***	n C	/tuə(r)/	a journey in which you visit several places for pleasure	I am your tour guide for the Explore London tour.

Unit 2

Common verbs						
drink	bere	***	v	/drɪŋk/	to take liquid into your body through your mouth	I drink lots of tea.
eat	mangiare	***	v	/iːt/	to put food into your mouth and swallow it	I eat a lot of Mexican-American fast food.
go	andare	***	v	/gəʊ/	to move or travel to a place that is away from where you are now	We go to language classes every Thursday.
have	avere	***	v	/hæv/	to own something	I have a big car and a big house.
live	vivere	***	v	/lɪv/	to have your home in a particular place	They live in other countries.
read	leggere	***	v	/riːd/	to look at and understand words in a letter, book, newspaper etc	We read English newspapers.
speak	parlare	***	v	/spiːk/	to be able to talk in a particular language	He speaks Turkish.
study	studiare	***	v	/stʌdi/	the process of learning about a subject by reading and by going to school, university etc	I study alone.
travel	viaggiare	***	v	/træv(ə)l/	to go on a journey or visit different places, especially places that are far away from where you live or work	I travel a lot for my job.
work	lavorare	***	v	/wɜː(r)k/	to have a job, usually one that you are paid to do	We don't work now, we're retired.

Free time activities						
go dancing	andare a ballare		v	/gəʊ ɒ'dɑ:nsɪŋ/	to move your feet and your body in a pattern of movements that follows the sound of music	We go dancing every weekend.
go shopping	andare a fare shopping		v	/gəʊ ɒ'ʃɒpɪŋ/	to go to shops to look at and buy things	She goes shopping with friends.
go to restaurants	andare al ristorante		v	/gəʊ tə ɒ'rest(ə)rɒnts/	to go and eat in a building or room where meals and drinks are sold to customers sitting at tables	I don't go to restaurants.
go to the cinema	andare al cinema		v	/gəʊ tə ðə ɒ'sɪnəmə/	to go and watch a film on a big screen in a special building	He goes to the cinema alone.
listen to music	ascoltare la musica		v	/ɒ'lɪs(ə)n tə ɒ'mju:zɪk/	to pay attention to a sound made by voices or instruments arranged in a way that is pleasant	Does he listen to music?
play sports	fare sport		v	/pleɪ spɔ:t(r)tz/	to take part in a sport or game	I play sports with friends.
watch tv	guardare la tv		v	/wɒtʃ ɒ'ti ɒ'vi/	to look at something on a television, usually from the beginning to the end	We watch the BBC on satellite television.
Family						
aunt	zia	***	n C	/ɑ:nt/	the sister of your mother or father, or the wife of your uncle	My aunt lives in France.
brother	fratello	***	n C	/brʌðə(r)/	a boy or man who has the same parents as you	It's his brother's birthday.
child	bambino/a	***	n C	tʃaɪld/	a young person from the time they are born until they are about 14 years old	It is normal for a British woman to have her first child when she is 29 years old.
cousin	cugino/a	**	n C	/kʌz(ə)n/	a child of your uncle or aunt	This is John's cousin.
daughter	figlia	***	n C	/dɔ:tə(r)/	your female child	I have a daughter, Emily.
father	padre	***	n C	/fa:ðə(r)/	your male parent	My father isn't very happy
grandchild	nipote		n C	/græn(d)tʃaɪld/	the son or daughter of one of your children	They would like a grandchild.
granddaughter	nipote (femmina)	*	n C	/græn(d)dɔ:tə(r)/	the daughter of one of your children	I have two grandsons and a granddaughter.
grandfather	nonno	**	n C	/græn(d)fa:ðə(r)/	the father of one of your parents	I want to be a grandfather!
grandmother	nonna	**	n C	/græn(d)mʌðə(r)/	the mother of one of your parents	My grandmother lives with us.
grandparent	nonno/a	*	n C	/græn(d)peərənt/	the mother or father of your mother or father	I visit my grandparents every year.
grandson	nipote (maschio)	*	n C	/græn(d)sʌn/	the son of one of your children	Jack is her oldest grandson.
husband	marito	***	n C	/hʌzbənd/	the man that a woman is married to	Jane lives with her husband and her daughter.
mother	madre	***	n C	/mʌðə(r)/	your female parent	His mother says he's a good boy.
parent	genitore	***	n C	/peərənt/	a mother or father	Andy Castle lives with his parents.
sister	sorella	***	n C	/sɪstə(r)/	a daughter of your parents	I go to the cinema with my sister.
son	figlio	***	n C	/sʌn/	your male child	Andy is my only son.
uncle	zio	**	n C	/ʌŋk(ə)/	the brother of one of your parents, or the husband of your aunt	My uncle is a teacher.
Descriptions						
age	età	***	n C/U	/eɪdʒ/	the number of years that someone has lived	Are these adjectives for height, age or looks?
average-looking	bellezza comune	***	adj	/æv(ə)rɪdʒ ɒ'lʊkɪŋ/	not very attractive, but not ugly	He's an average-looking man.
beautiful	bello/a	***	adj	/bjʊ ɒ'təf(ə)l/	a beautiful person is extremely attractive	She's a beautiful singer.
dark	scuro/a	***	adj	/dɑ:(r)k/	black, or almost black, in colour	She has dark hair.
fair	biondo, chiaro	***	adj	/feə(r)/	fair hair is blonde (=light yellow) or very light brown in colour	She has fair hair.
fat	grasso	**	adj	/fæt/	a person or animal that is fat has too much flesh on their body and weighs too much	He's a fat man.
glasses	occhiali	*	n pl	/ɒ'gla:sɪz/	an object that you wear in front of your eyes to help you see better	She has glasses.
hair	capelli	***	n C/U	/heə(r)/	the mass of thin fibres that grows on your head	What colour hair does he have?
handsome	bello	**	adj	/hæns(ə)m/	a handsome man or boy has a very attractive face	He's a handsome young man.
height	altezza	***	n C/U	/haɪt/	the degree to which something is high or someone is tall	Are these adjectives for height, age or looks?

medium height	altezza media		adj	/ˈmiːdiəm haɪt/	not very tall and not very short	She's medium height.
middle-aged	di mezza età	*	adj	/ˈmɪd(ə)l eɪdʒd/	no longer young but not yet old	She's middle aged and has glasses.
old	vecchio/a	***	adj	/əʊld/	used for talking about the age of someone or something	She's thirty years old.
pretty	carina	**	adj	/ˈprɪti/	a pretty girl or woman is good-looking in a fairly ordinary way and has a nice face.	Delilah is pretty.
short	basso/a	***	adj	/ʃɔː(r)t/	measuring a small height, length, or distance	Delilah is short.
tall	alto/a	***	adj	/tɔːl/	a tall person or object has greater height than the average person or object	How tall is John?
thin	magro/a	***	adj	/θɪn/	someone who is thin has very little fat on their body	She's a thin woman.
ugly	brutto/a	**	adj	/ˈʌɡli/	someone who is ugly has a face that is unpleasant to look at.	He's an ugly politician.
weight	peso	***	n C/U	/weɪt/	a measurement of how heavy a person or thing is	What's his weight?
young	giovane	***	adj	/jʌŋ/	someone who is young has lived for only a short time	They are young children.
Other words & phrases						
boy	ragazzo	***	n C	/bɔɪ/	a male child	He is a very good boy.
bread	pane	***	n U	/bred/	a common food made from flour, water, and usually yeast	I don't eat bread.
cat	gatto	***	n C	/kæt/	an animal with soft fur, a long thin tail, and whiskers, that people keep as a pet or for catching mice.	I have a black cat.
chocolate	cioccolato	**	n C/U	/tʃɒklət/	a sweet brown food eaten as a sweet or used for flavouring other food	Would you like some chocolate?
different	diverso/a	***	adj	/ˈdɪfrənt/	not the same as another person or thing, or not the same as before	How is your life different?
divorce	divorzio	**	n C/U	/dɪˈvɔː(r)s/	to take legal action to end your marriage	On average, 45% of marriages end in divorce.
fashion	moda	***	n C/U	/ˈfæʃ(ə)n/	the fact that something such as a style of dress or an activity is popular at a particular time	What's the fashion this summer?
feelings	sentimenti	***	n pl	/ˈfiːlɪŋz/	an opinion that you have about something, especially when it is based on general thoughts rather than definite reasons	They talk about their feelings.
flat	appartamento	***	n C	/flæt/	a set of rooms for living in, usually on one floor of a large building.	How many people live in the family house or flat?
friend	amico/a	***	n C	/frend/	someone you know well and like, but who is not a member of your family	I live there with three friends.
get married	sposarsi		v	/get ɪmærid/	if someone marries someone else, they become the husband or wife of that person	When I meet the right girl, I'll get married.
girl	ragazza	***	n C	/gɜː(r)l/	a female child	When I meet the right girl, I'll get married.
home	casa	***	n C/U	/həʊm/	the place where you live	How old are people when they leave the family home?
house	casa	***	n C/U	/haus/	a building for living in, usually where only one family lives	Andy Castle lives with his parents, in his parents' house.
leave	lasciare	***	v	/liːv/	to leave a place permanently	I'll get married and leave home.
life	vita	***	n C/U	/laɪf/	your particular way of living and the experiences that you have	I have a very American life now.
love	amare	***	v	/lʌv/	to like or enjoy something very much	We love Spanish food.
man	uomo	***	n C	/mæn/	an adult male person	He's a handsome young man.
office	ufficio	***	n C/U	/ˈɒfɪs/	a room or building where the people in an organization or department work	I work in an office.
per cent	per cento	***	n	/pə(r)ɪsɪnt/	one part of 100, or a particular amount of a total that you have divided by 100.	40 per cent of the British population is married.

personal	personale	***	adj	/ˈpɜː(r)s(ə)nəl/	used about your own opinions or feelings and/or about events or experiences in your life	They talk about personal things.
podcast	podcast		n C	/ˈpɒdˌkɑːst/	a multimedia file, such as a radio programme or music video, that can be downloaded from the Internet and played on an ipod or similar piece of equipment.	I listen to the Weekly Podcast.
point of view	punto di vista	**	n C	/ˈpɔɪnt əv vjuː/	a way of judging a situation based on a particular aspect	What's your point of view?
politics	politica	***	n pl	/ˈpɒlətiks/	the study of how people gain and use political power	James studies politics.
problem	problema	***	n C	/ˈprɒbləm/	something that causes trouble or difficulty	It's not a problem.
same	uguale	***	adj	/seɪm/	exactly like another person or thing	Are men and women the same?
sports	sport	***	n pl	/spɔː(r)ts/	activities in which players or teams compete against each other, usually an activity that involves physical effort	I play sports with friends.
thing	cosa	***	n C	/θɪŋ/	an object, or an item.	Men and women like the same things as their friends.
university	università	***	n C/U	/ˌjuːnɪˈvɜː(r)səti/	an educational institution where students study for degrees and where academic research is done	I go to an American university.
woman	donna	***	n C	/ˈwʊmən/	an adult female person	She's a thin woman.
Unit 3						
Places to live						
city	città	***	n C	/ˈsɪti/	a large important town	Hugh's flat is in the city centre.
city centre	centro (della città)		n C	/ˈsɪti ˌsentə(r)/	the part of a city where the main shops and businesses are	Hugh's flat is in the city centre.
flat	appartamento	***	n C	/flæt/	a set of rooms for living in, usually on one floor of a large building	Gerard's flat is very quiet.
house	casa	***	n C/U	/haus/	a building for living in, usually where only one family lives	Hamed's house is in Luxor.
town	città	***	n C/U	/taʊn/	a place where people live and work that is larger than a village but smaller than a city	I live in a town.
village	paesino	***	n C	/ˈvɪlɪdʒ/	a very small town in the countryside	Jane lives in a village.
Parts of a house						
balcony	balcone	*	n C	/ˈbælkəni/	a place where you can stand just outside an upper window. It sticks out from the wall of a building.	Does your flat have a balcony?
bathroom	bagno	**	n C	/ˈbɑːθruːm/	a room containing a bath or shower, a washbasin, and often a toilet	Is there a bathroom?
bedroom	camera da letto	***	n C	/ˈbedruːm/	a room that you sleep in	How many bedrooms are there in your house?
dining room	sala da pranzo	*	n C	/ˈdaɪnɪŋ ruːm/	the room in a house or hotel where you eat meals	Is there a dining room in your house?
door	porta	***	n C	/dɔː(r)/	a large flat object that you open when you want to enter or leave a building, room, or vehicle	Sorry, that's the door.
hall	sala	***	n C	/hɔːl/	the area inside the front door of a house or other building that leads to other rooms	Go through the hall.
kitchen	cucina	***	n C	/ˈkɪtʃən/	a room where you prepare and cook food, and wash dishes	There are three kitchens.
living room	soggiorno	**	n C	/ˈlɪvɪŋ ruːm/	the main room in a house where you usually relax in comfortable chairs and entertain guests	Claudia has a lamp for the living room.
staircase	scala	*	n C	/ˈsteə(r)keɪs/	a set of stairs in a building, including the banister that you hold onto when you go up or down	There are two staircases.
window	finestra	***	n C	/ˈwɪndəʊ/	a frame in a wall with glass in it that lets light and air into a room and lets you see what is outside	There are 147 windows.
Furniture						
bed	letto	***	n C/U	/bed/	a piece of furniture that you sleep on, consisting of a soft comfortable part called a mattress and a base	I have a desk and a bed in my room.
bookcase	libreria	*	n C	/ˈbʊkkeɪs/	a piece of furniture with shelves in it for putting books on	There is a bookcase in her bedroom.

chair	sedia	***	n C	/tʃeə(r)/	a piece of furniture for one person to sit on, with a back, legs, and sometimes two arms	We don't have any chairs.
clock	orologio	**	n C	/klɒk/	an object that shows the time	Where's the clock?
cooker	fornello, cucina	*	n C	/ˈkʊkə(r)/	a large piece of kitchen equipment that is used for cooking	We have a big cooker in the kitchen.
cupboard	armadio	**	n C	/ˈkʌbə(r)d/	a tall piece of furniture, usually attached to a wall and used for storing things, with shelves inside and one or two doors at the front	There is a cupboard in the classroom.
curtain	tenda	**	n C	/ˈkɜː(r)t(ə)n/	a long piece of cloth, usually one of a pair, that hangs down and covers a window	Your mother has some old curtains.
desk	scrivania	***	n C	/desk/	a table that you sit at to write or work, often with drawers in it	I have a desk and a bed in my room.
fridge	frigorifero	*	n C	/ˈfrɪdʒ/	a piece of equipment that is used for storing food at low temperatures	The wine is in the fridge.
lamp	lampada	**	n C	/læmp/	an electric light, especially a small one, that stands on a table or desk	Would you like a lamp?
picture	quadro	***	n C	/ˈpɪktʃə(r)/	a drawing, painting, or photograph	There are some pictures on the wall.
plant	pianta	***	n C	/ˈplɑːnt/	a living thing that grows in soil, has leaves and roots, and needs water and light from the sun to live	There aren't any plants.
sofa	divano	*	n C	/ˈsəʊfə/	a large, soft, comfortable seat with arms and a back that two or three people can sit on	There's a sofa in the living room.
stereo	stereo	*	n C	/ˈsteriəʊ/	a set of electronic equipment with two speakers, used for listening to the radio, CDs, and cassettes	I have a big stereo in my room.
television	televisione	***	n C	/ˈtelɪ.vɪʒ(ə)n/	a piece of electrical equipment with a screen, used for watching programmes	There isn't a television in the classroom.
wardrobe	guardaroba	*	n C	/ˈwɔː(r)dreɪb/	a large piece of furniture like a large cupboard where you can hang your clothes	Is there a wardrobe?
Ordinal numbers						
first	primo	***		/ˈfɜː(r)st/	before any others or before everything else	This is my first flat
second	secondo	***		/ˈsekənd/	in the place or position counted as number 2	It's on the second floor.
third	terzo			/θɜː(r)d/	in the place or position counted as number 3	My office is on the third floor.
fourth	quarto			/ˈfɔː(r)θ/	in the place or position counted as number 4	My flat is on the fourth floor.
fifth	quinto			/ˈfɪfθ/	in the place or position counted as number 5	It's on the fifth floor.
sixth	sesto			/ˈsɪksθ/	in the place or position counted as number 6	We live on the sixth floor.
seventh	settimo			/ˈsev(ə)nθ/	in the place or position counted as number 7	It's on the seventh floor.
eighth	ottavo			/ˈeɪtθ/	in the place or position counted as number 8	Edward works on the eighth floor.
ninth	nono			/ˈnaɪnθ/	in the place or position counted as number 9	Where's the bathroom on the ninth floor?
tenth	decimo			/ˈtenθ/	in the place or position counted as number 10	It's on the tenth floor.
Other words & phrases						
art	arte	***	n C/U	/ɑː(r)t/	paintings, drawings, and sculptures that are created to be beautiful or to express ideas	I love the Modern Art Museum.
baby	neonato, bambino	***	n C	/ˈbeɪbi/	a very young child who cannot yet talk or walk	We have a new baby.
big	grande	***	adj	/bɪg/	large in size	Michael and Catherine's house isn't very big.
café	bar	**	n C	/ˈkæfeɪ/	an informal restaurant where you can get simple cheap meals and drinks	Where is the café?
dark	buio/a	***	adj	/ˈdaː(r)k/	lacking light	It's a dark flat.
easy	facile	***	adj	/ˈiːzi/	not difficult to do, or not needing much work	My work isn't easy.
elevator	ascensore		n C	/ˈeleveɪtə(r)/	a lift in a building	There are three elevators.
entrance	ingresso	***	n C/U	/ˈentrens/	the place where you can enter a room, building, or area	There is one entrance through a black door on Downing Street.

famous	famoso/a	***	adj	/ˈfeɪməs/	if someone or something is famous, a lot of people know their name or have heard about them	The famous Hollywood letters are near our house!
film star	star del cinema		n C	/ˈfɪlm stɑː(r)/	a very famous film actor	George Clooney is a film star.
floor	pavimento	***	n C	/ˈflɔː(r)/	the flat area that you walk on inside a building or room	There's some pizza on the floor.
horrible	orribile	**	adj	/ˈɒrəb(ə)l/	very unpleasant	It's a horrible flat.
information	informazioni	***	n U	/ˌɪnfə(r)ˈmeɪʃ(ə)n/	knowledge or facts about someone or something	You work at the information desk.
lift	ascensore	***	n C/U	/lɪft/	a machine that carries people up or down between different levels of a tall building	They're on the right, next to the lift.
lovely	bello/a	***	adj	/ˈlʌvli/	very attractive	We have a lovely big family house on the beach.
modern	moderno/a	***	adj	/ˈmɒdə(r)n/	relating to or belonging to the present time	I love the Modern Art Museum.
museum	museo	***	n C	/ˈmjuːziəm/	a building where many valuable and important objects are kept so that people can go and see them	You are a visitor to the museum.
new	nuovo/a	***	adj	/njuː/	replacing something that you no longer have or something that is no longer useful	How's your new flat?
nice	bello/a	***	adj	/naɪs/	attractive, enjoyable, or pleasant	The street is nice.
noisy	rumoroso/a	*	adj	/ˈnɔɪzi/	making a lot of noise	It's a little noisy.
official	ufficiale	***	adj	/əˈfɪʃ(ə)l/	done by people in authority	Number 10 is the official residence of the Prime Minister of Britain.
old	vecchio/a	***	adj	/əʊld/	something that is old has existed or been used for a long time	Your mother has some old curtains.
outside	fuori	***	adv (?)	/ˈaʊtˌsaɪd/	not within the limits of something	A policeman always stands outside the door.
policeman	poliziotto	**	n C	/pəˈliːsmən/	a male police officer	A policeman always stands outside the door.
quiet	tranquillo/a	***	adj	/ˈkwaɪət/	making very little or no noise	Gerard's flat is very quiet.
residence	casa, residenza	**	n C/U	/ˈrezɪd(ə)ns/	a house or other place where someone lives, especially a large house used by an important person	Number 10 is the official residence of the Prime Minister of Britain.
school	scuola	***	n C/U	/skuːl/	a place where children go to be taught	Her house is in front of the school.
shop	negozio	***	n C/U	/ʃɒp/	a place where you buy things or where you pay for a service	Hugh's flat is not close to the shops.
stand	stare (in piedi)	***	v	/stænd/	to have your body in an upright position supported by your feet	A policeman always stands outside the door.
Unit 4						
Phrases with have, go & get						
have breakfast/dinner/lunch	fare colazione/cena/pranzo		phr	/hæv ˌbrekfəst, ˌdaɪnə(r), ˌlʌntʃ/	the first meal you have in the morning/your main meal/the meal in the middle of the day	It's nice to have a relaxing breakfast/dinner/lunch.
have a drink/a coffee/a sandwich	bere qc/bere un caffè/mangiare un panino		phr	/hæv ə drɪŋk, ə ˌkɒfi, ə ˌsænd(wɪdʒ)/	to drink alcohol/coffee/eat a sandwich	You have a sandwich and a drink.
have a break	fare una pausa		phr	/hæv ə breɪk/	to stop what you are doing for a short period of time	It's a time to have a break.
have a nap	fare un pisolo		phr	/hæv ə nəp/	to sleep for a short period of time, usually during the day	Do you have a nap during the day?
get dressed	vestirsi		phr	/get ˌdrest/	to put your clothes on	I get dressed in the morning.
get up	alzarsi		phr	/get ʌp/	to get out of bed after sleeping	What time do you get up in the morning?
get home	arrivare a casa		phr	/get ˌhəʊm/	arrive at the place where you live	I get home at 6:15.
go home	andare a casa		phr	/gəʊ ˌhəʊm/	travel to the place where you live	I go home at 6:00.
go to bed	andare a letto/dormire		phr	/gəʊ tə ˌbed/	to lie down to sleep	In the evening, I read a book, or go to bed.
go to sleep	andare a dormire/letto		phr	/gəʊ tə ˌsliːp/	to begin sleeping	You listen to quiet, relaxing music and then go to sleep.
Months						
January	gennaio	***	n C/U	/ˈdʒænjuəri/	the first month of the year	Nothing Day is on 6th January.

February	febbraio	***	n C/U	/fɛbruəri/	the second month of the year, between January and March	Valentines Day is on 14th February.
March	marzo	***	n C/U	/mɑ:(r)tʃ/	the third month of the year, between February and April	Why is 5th March important for you?
April	aprile	***	n C/U	/eɪprəl/	the fourth month of the year, between March and May	In April there's Earth Day.
May	maggio	***	n C/U	/meɪ/	the fifth month of the year, between April and June	May Day is on the first of May
June	giugno	***	n C/U	/dʒuːn/	the sixth month of the year, between May and July	In June we have Father's Day.
July	luglio	***	n C/U	/dʒuːlaɪ/	the seventh month of the year, between June and August	Canada Day is on 1st July.
August	agosto	***	n C/U	/ɔːgəst/	the eighth month of the year, between July and September	I go on holiday in August.
September	settembre	***	n C/U	/sepˈtembə(r)/	the ninth month of the year, between August and October	My children start school in September.
October	ottobre	***	n C/U	/ɒkˈtəʊbə(r)/	the tenth month of the year, between September and November	In October there's United Nations Day.
November	novembre	***	n C/U	/nəʊˈvembə(r)/	the eleventh month of the year, between October and December	The American Thanksgiving Day is in November.
December	dicembre	***	n C/U	/dɪˈsembə(r)/	the twelfth and last month of the year, between November and January	Christmas is in December.
Housework						
do the ironing	stirare			/duː ðə ˈaɪə(r)nɪŋ/	the job of making clothes smooth with an iron	He does the ironing on Mondays.
do the shopping	fare la spesa			/duː ðə ˈʃɒpɪŋ/	to go to a shop to buy things	I do the shopping on Saturdays.
clean the bathroom	pulire il bagno			/kliːn ðə ˈbɑːθruːm/	to remove the dirt and dust in the bathroom	You don't clean the bathroom.
make dinner	preparare/fare la cena			/meɪk ˈdɪnə(r)/	to prepare and heat food for the main meal of the day	She usually makes dinner.
make the bed	fare il letto			/meɪk ðə ˈbed/	to arrange the covers on a bed so that they are tidy	I make the bed every morning.
wash the clothes	fare il bucato			/wɒʃ ðə ˈkleʊðz/	to clean clothing, usually with soap and water	Once a year he washes the clothes.
water the plants	innaffiare le piante			/wɔːtə(r) ðə ˈplɑːnts/	to pour water on plants to keep them healthy	We water the plants twice a week.
do the dishes	lavare i piatti			/duː ðə ˈdɪʃɪz/	to wash plates, knives, forks, etc used for a meal	I often do the dishes.
set the table	apparecchiare la tavola			/set ðə ˈteɪb(ə)/	to put all the dishes, forks, knives etc needed for a meal onto a table	They set the table for breakfast every morning.
take out the rubbish	portare fuori la spazzatura			/teɪk aʊt ðə ˈrʌbɪʃ/	to put waste outside your house so that it can be collected and taken away	We take out the rubbish once a week.
Other words & phrases						
breakfast	prima colazione	***	n C/U	/ˈbrekfəst/	the first meal you have in the morning	It's nice to have a relaxing breakfast.
calendar	calendario	**	n C	/ˈkælɪndə(r)/	a list of important events and the dates they take place	I always buy a new calendar in January
card	biglietto	***	n C/U	/kɑː(r)d/	a piece of thick stiff paper folded into two equal parts, with a picture and a message on it	She wants no parties, no gifts, no cards for her birthday.
class	classe	***	n C/U	/klaːs/	a group of students who are taught together: can be followed by a singular or plural verb	I am late for English class.
closed	chiuso/a	**	adj	/kləʊzd/	not operating or doing business, especially for the night or weekend	What time does Metronaps open and close?
dinner	cena	***	n C/U	/ˈdɪnə(r)/	the main meal of the day, eaten in the evening or at midday	He gets home at 9:00 and has dinner.
Earth	terra	***	n C/U	/ɜː(r)θ/	the planet on which we live	In April there's Earth Day.
finish	finire	***	v	/ˈfɪnɪʃ/	to do the last part of something so that it is complete	What time does he finish work?
gym	palestra	*	n C/U	/dʒɪm/	a building or club where you go to do physical exercises, swim, and play sports	After his meetings he goes to the gym.
Halloween	Halloween		n C/U	/ˈhæləʊˈiːn/	the night of 31st October, when children dress as witches (=women with magic powers) and ghosts (=the spirits of dead people)	In October there's Halloween.
idea	idea	***	n C/U	/aɪˈdɪə/	a thought that you have about how to do something or how to deal with something	The idea for Nothing Day comes from the United States.
lunch	pranzo	***	n C/U	/lʌntʃ/	a meal that you eat in the middle of the day	Do you want to have lunch?

meeting	riunione	***	n C	/ˈmiːtɪŋ/	an occasion when people gather to discuss things and make decisions	I'm not stressed in meetings after work.
nap	pisolino		n C	/ˈnæp/	to sleep for a short period of time, usually during the day	Do you have a nap during the day?
nothing	niente	***	prn	/ˈnʌθɪŋ/	not anything	On Nothing Day, people do nothing.
open	aperto/a	***	adj	/əˈəʊpən/	if a shop, restaurant etc is open, people are working there and the public can use or visit it	How many hours is it open?
shower	doccia	**	n C	/ˈdʒəʊə(r)/	a piece of equipment that produces a flow of water that you stand under to wash your body	I always have a shower in the morning.
special	speciale	***	adj	/ˈspeʃ(ə)l/	different from and usually better than what is normal or ordinary	What months are these special days in?
United Nations	Nazioni Unite		n C	/ˈjuːˌnaɪtɪd ˌneɪʃ(ə)nz/	an international organization that encourages countries to work together in order to solve world problems such as war, disease, and poverty	United Nations Day is in October.
Unit 5						
Things to take on holiday						
alarm clock	sviglia	**	n C	/ˈələ:(r)m klɒk/	a clock that wakes you up at a particular time by making a noise	I have an alarm clock on my phone.
guidebook	guida	*	n C	/ˈɡaɪd bʊk/	a book for tourists that provides information about a place	Do you have the guidebook?
passport	passaporto	*	n C	/ˈpɑːspɔ:(r)t/	an official document containing your photograph and showing which country you are a citizen of	Did you remember the passports?
phrasebook	frasario		n C	/ˈfreɪz bʊk/	a small book that contains useful words and phrases in a particular foreign language, used especially by tourists	Do you have an English phrasebook?
sunglasses	occhiali da sole		n pl	/ˈsʌŋ ˈɡlaːsɪz/	glasses with dark lenses that you wear to protect your eyes when the sun is bright	Where are my sunglasses?
ticket	biglietto	***	n C	/ˈtɪktɪt/	a piece of paper that shows you have paid for a journey on a train, plane etc	They remembered the tickets.
The weather						
cloudy	nuvoloso/a		adj	/ˈklaʊdi/	full of clouds	In London today it's cloudy and windy, but warm.
cold	freddo/a	***	adj	/kəʊld/	with a low temperature or a temperature that is lower than normal	It was very cold.
cool	fresco/a	***	adj	/kuːl/	rather cold, often in a pleasant way	It's rainy and cool.
rainy	piovoso/a		adj	/ˈreɪni/	a rainy day is one on which it rains a lot	It's rainy and cold.
snowy	nevoso/a		adj	/ˈsnəʊi/	covered in snow	It's cold and snowy in Whitehorse.
sunny	soleggiato/a	*	adj	/ˈsʌni/	bright with light from the sun	It was sunny and warm.
warm	caldo/a	***	adj	/wɔ:(r)m/	fairly hot in a way that is comfortable and pleasant	It was nice and warm for me!
windy	ventoso/a	*	adj	/ˈwɪndi/	with a lot of wind	In New York today it's cloudy and windy, but warm.
Other words & phrases						
accessible	accessibile		adj	/əkˈsesəb(ə)l/	an accessible place is easy to find or get to	The airport is very accessible.
airport	aeroporto	***	n C	/ˈeə(r)ˌpɔ:(r)t/	a place where planes arrive and leave, consisting of runways (long roads where planes land and take off) and large buildings for passengers called terminals	Airports are usually outside city centres.
animal	animale	***	n C	/ˈænɪm(ə)l/	any living thing that can move independently and that has senses for recognizing and reacting to the environment around it	Animals are welcome.
available	disponibile	***	adj	/əˈveɪləb(ə)l/	able to be obtained, taken, or used	We have conference rooms available.
barbecue	barbecue/grigliata	*	n C	/ˈbɑ:(r)ɪ,kjuː/	a meal at which meat and other food is cooked and eaten outside, often a meal that you invite friends to	When it's sunny, we have a barbecue.

bilingual	bilingue		adj	/baɪˈlɪŋgwəl/	someone who is bilingual is able to speak two languages extremely well	My colleague is bilingual.
bird	uccello	***	n C	/bɜː(r)d/	an animal covered in feathers, with two wings for flying and a hard pointed mouth called a beak or a bill	Which train has a name that means bird?
bullet	proiettile	**	n C	/ˈbʊlɪt/	a small piece of metal that is shot from a gun and causes serious damage to the person or thing it hits	Which train is called a bullet train?
clean	pulito/a	***	adj	/kliːn/	not dirty	There are clean warm beds at the hotel.
complimentary	in omaggio		adj	/ˌkɒmplɪˈment(ə)ri/	if something is complimentary, you do not have to pay for it	All our 81 rooms have a bathroom with shower, complimentary tea and coffee.
convenient	comodo/pratico	**	adj	/kənˈviːniənt/	easy to use or suitable for a particular purpose	In many ways they are more convenient than airplanes.
concert	concerto	**	n C	/ˌkɒnsə(r)t/	an event at which an orchestra, band, or musician plays or sings in front of an audience	The concert was very good.
continental breakfast	colazione continentale		n C/U	/ˌkɒntɪˈnɛnt(ə)l ˌbrɛkfəst/	a breakfast consisting of bread and butter, coffee or tea, and sometimes pastries or croissants	Our famous Sky Central continental breakfast comes with the price of your room.
cook	cucinare	***	v	/kʊk/	to prepare food and heat it so that it is ready to eat	You cooked dinner.
design	design	***	n C/U	/dɪˈzaɪn/	the way that something is made so that it works in a certain way or has a certain appearance	All our 81 rooms have internet access and modern furniture and design.
destination	destinazione	**	n C	/ˌdestrɪˈneɪʃ(ə)n/	the place where someone or something is going	What are the popular destinations for tourists from your country?
dictionary	dizionario	**	n C	/ˌdɪkʃən(ə)ri/	a book that gives a list of words in alphabetical order and explains what they mean	Look the word up in a dictionary.
draw	disegnare	***	v	/drɔː/	to create a picture by making lines with a pen or pencil	My son can draw pictures.
drive	guidare	***	v	/draɪv/	to control a vehicle so that it moves somewhere	Can you drive a car?
electronic	elettronico/a	***	adj	/ˌelekˈtrɒnɪk/	using electricity and extremely small electrical parts such as microchips and transistors	My iPod is electronic.
establishment	istituzione	***	n C/U	/ɪˈstæblɪʃmənt/	an institution, organization, or business	Please note: the guesthouse is a non-smoking establishment.
exchange rate	cambio	*	n C	/ɪksˈtʃeɪndʒ reɪt/	the value of the money of one country when you change it into the money of another country	The exchange rate is very good at the moment.
friendly	amichevole	***	adj	/ˈfren(d)li/	someone who is friendly is always pleasant and helpful towards other people	It's a happy, friendly 18th century guest house.
go skiing	andare a sciare		v	/gəʊ ˌskiːɪŋ/	the sport or activity of moving over snow on skis	I go skiing once a year.
hear	sentire	***	v	/hɪə(r)/	to realize that someone or something is making a sound	Can you hear me?
high-speed	ad alta velocità		adj	/ˈhaɪspiːd/	moving or operating very quickly	With high-speed trains people can go from city centre to city centre.
iPod	ipod		n C	/ɪˈaɪpɒd/	a small music player with headphones that you carry around with you and on which you can store large amounts of music, especially music from the Internet	I wanted the iPod.
jazz	jazz	*	n U	/dʒæz/	a type of music that developed in the late 19th century in which there is a strong lively beat and the players often improvise (=make up the music as they play)	Montreal jazz is my favourite music.
machine	macchina	***	n C	/məˈʃiːn/	a piece of equipment that does a particular job by using electricity, steam, gas etc	That's an amazing machine!
meal	pasto	***	n C/U	/miːl/	an occasion when you eat, especially breakfast, lunch, or dinner	There is also a hotel restaurant for your evening meals.
money	soldi	***	n U	/ˈmʌni/	what you earn, save, invest and use to pay for things	Train tickets cost a lot of money.
passenger	passaggero	***	n C	/ˌpæsɪndʒə(r)/	someone who travels in a motor vehicle, aircraft, train, or ship but is not the driver or one of the people who works on it	Passengers on a high-speed train have more space than in an airplane.
play chess/tennis	giocare a scacchi / tennis		v	/pleɪ ˌtʃes, ˌtenɪs/	to take part in a game of chess or tennis	I sometimes play tennis at the weekends.
sing	cantare	***	v	/sɪŋ/	to make music using your voice	Can you sing?

swim	nuotare	**	v	/swɪm/	to move through water by making movements with your arms and legs	I can't swim.
torch	torcia	*	n C	/tɔː(r)tʃ/	a small electric light operated by batteries that you hold in your hand.	Do you have a torch in your car?
translate	tradurre	**	v	/trænsˌlert/	to change spoken or written words into another language	Can you translate that into English?
translation	traduzione	**	n C/U	/trænsˌleɪʃ(ə)n/	spoken or written words that have been changed into a different language	What's the English translation?
type	battere/scrivere a macchina	*	v	/taɪp/	to write something using a keyboard	I type emails on my computer.
unnecessary	inutile	**	adj	/ʌnˌnesəs(ə)ri/	not needed	It's day time, so the torch is unnecessary.
view	vista	***	n C/U	/vjuː/	a picture or photograph of a place, especially an attractive place	This is a quiet, rural location with lots of walks nearby, and excellent views.
warm	caldo/a	***	adj	/wɔː(r)m/	fairly hot in a way that is comfortable and pleasant	There are clean warm beds in the hotel.
Unit 6						
Celebrations						
birthday	compleanno	**	n C	/ˈbɜː(r)θdeɪ/	the day each year that has the same date as the one on which you were born	Click here to see a list of other people born on my birthday.
ceremony	cerimonia	**	n C/U	/ˈserəməni/	a formal public event with special traditions, actions, or words	I didn't go to the ceremony.
champagne	champagne		n U	/ˌʃæmpəneɪn/	a type of French sparkling wine that people often drink to celebrate special occasions	I always drink champagne New Year's Eve.
congratulate	congratularsi con	*	v	/kənˌgrætʃuleɪt/	to tell someone that you are pleased about their success, good luck, or happiness on a special occasion	We all congratulated him.
New Year's Eve	Capodanno	**	n C	/njuː ɹɪ(r)z v/	the evening of 31st December, when many people celebrate with their family or friends by staying awake until midnight	It will be a good New Year's Eve.
retirement	pensionamento	*	n C/U	/rɪˈtaɪə(r)mənt/	the time when you stop working, especially because you have reached the age when you are officially too old to work, or the act of doing this	My father had a party for his retirement.
wedding	matrimonio	***	n C	/ˈwedɪŋ/	a ceremony in which two people get married	Kyle and Sue didn't have a big wedding.
Films & books						
cartoon	cartone animato	*	n C	/kɑː(r)tuːn/	a film or television programme, especially for children, that is made by photographing a series of drawings so that people and things in them seem to move	My son watched a cartoon this morning.
comedy	commedia	**	n C/U	/ˈkɒmədi/	a funny film, play or television programme	This film is a comedy.
horror	orrore	**	n C/U	/ˈhɒrə(r)/	books and films that are intended to frighten people	We watched a horror film at the cinema.
love story	storia d'amore		love story n C	/ˈlʌv stɔːri/	a story of how two people meet and fall in love	He wrote a famous love story.
romance	romanzo d'amore	*	n C/U	/rəʊˈmæns/	a book or film about a romantic relationship	I want to read a romance on holiday.
science fiction	fantascienza	*	n U	/ˈsaɪəns fɪkʃ(ə)n/	books and films about imaginary future events and characters, often dealing with space travel and life on other planets. Science fiction is often called sci-fi.	I read a science fiction book last week.
thriller	thriller	*	n C	/ˈθrɪlə(r)/	a book, play, or film that tells an exciting story, especially about something dangerous like a crime	He wrote a thriller.
western	western	***	n C	/ˈwestə(r)n/	a film about the western United States in the 1800s, usually with cowboys	He acted in several westerns.
Feelings						
angry	arrabbiato/a	***	adj	/ˈæŋɡri/	very annoyed	Men cry when they are angry
bored	annoiato/a	**	adj	/bɔː(r)d/	feeling impatient or dissatisfied, because you are not interested in something or because you have nothing to do.	She is bored.
happy	felice	***	adj	/ˈhæpi/	feeling pleased and satisfied	I was so happy for them.

nervous	ansioso/a	**	adj	/ˈnɜː(r)vəs/	feeling excited and worried, or slightly afraid	He is nervous.
sad	triste	***	adj	/sæd/	feeling unhappy, especially because something bad has happened	It's a very sad film.
Adjectives of opinion						
awful	terribile	**	adj	/ˈɔːf(ə)/	used for emphasizing how unpleasant someone or something is	It was an awful film.
bad	cattivo, brutto	***	adj	/bæd/	of very low quality	The actors were bad.
excellent	eccellente	***	adj	/ˈɛksələnt/	extremely good	I think London is excellent.
good	buono, bravo	***	adj	/ɡʊd/	of a high quality or standard	They are good players.
great	fantastico/a	***	adj	/ɡreɪt/	enthusiastic about something or someone	It was great to see him again after all these years.
horrible	orribile	**	adj	/ˈɒrəb(ə)/	very unpleasant	The gardens are horrible.
lovely	bello/a	***	adj	/ˈlʌvli/	very attractive	You have a lovely house.
nice	bello, buono	***	adj	/naɪs/	attractive, enjoyable, or pleasant	some nice food for a picnic.
terrible	terribile	***	adj	/ˈterəb(ə)/	very bad in quality or ability	The football match was terrible.
wonderful	meraviglioso/a	***	adj	/ˈwʌndə(r)f(ə)/	extremely good	We had a wonderful dinner.
Other words & phrases						
acceptable	accettabile	**	adj	/əkˈseptəb(ə)/	considered by most people to be reasonable or to be something that can be allowed	In Britain and America it is more acceptable for men to cry today.
act	recitare	***	v	/ækt/	to perform in plays or films	He acted in many films by Tim Burton.
actor	attore	***	n C	/ˈæktə(r)/	someone who performs in plays and films, especially as their job	An actor from your country.
athlete	atleta	*	n C	/ˈæθliət/	someone who is good at sports, especially athletics, and takes part in sports competitions	Matthew Pinsent is a British Olympic athlete.
author	autore	**	n C	/ˈɔːθə(r)/	someone who writes books, articles etc, especially as their job	Can you guess the famous author?
boat ride	giro in barca		n C	/ˈbɔt raɪd/	a short trip or journey in a small boat on a lake or river	We can go for a boat ride on the Thames.
buy	comprare	***	v	/baɪ/	to get something by paying money for it	We will buy some nice food for a picnic.
cry	piangere	***	v	/kraɪ/	to have tears coming from your eyes, especially because you are sad	It's difficult for British men to cry.
fall	cadere	***	v	/fɔːl/	to move quickly downwards from a higher position, usually by accident	Why did the glass fall off the table?
favourite	preferito/a	**	adj	/ˈfeɪv(ə)rət/	your favourite person or thing of a particular kind is the one that you like the best	It's my favourite sport.
feel	sentire	***	v	/fiːl/	to be in a particular state as a result of an emotion or a physical feeling	How do you feel?
health	salute	***	n U	/helθ/	the condition of your body, especially whether or not you are ill	Crying is good for your health
horse	cavallo	***	n C	/hɔː(r)s/	a large animal that people ride	He is learning to ride a horse.
medal	medaglia	**	n C	/ˈmed(ə)/	a small flat piece of metal that you are given for winning a competition or doing something very brave	Matthew Pinsent cried when he won a gold medal at the Olympics.
president	presidente	***	n C	/ˈprezɪdnt/	the political leader of a country that does not have a king or queen	Even two US presidents cried quietly on television.
psychologist	psicologo	**	n C	/saɪˈkɒlədʒɪst/	someone who studies how people's minds work and how this affects their behaviour	British psychologists and researchers say that men cry easily.
stress	stress	***	n C/U	/stres/	a worried or nervous feeling that stops you relaxing, caused, for example, by pressure at work or financial or personal problems	I have a lot of stress at work.
symbol	simbolo	**	n C	/ˈsɪmb(ə)/	a picture or shape used to represent something	It's about symbols in the art of a famous Italian painter.

twice	due volte	***	adv	/ˈtwɑːs/	two times	A twice-a-year blog
was born	è nato/a		v	/wəz bɔː(r)n/	when a baby is born, it comes out of its mother's body and starts its life.	He was born in Kentucky, USA
weekend	weekend	***	n C	/ˈwiːkɛnd/	Saturday and Sunday	I watched a DVD last weekend.
win	vincere	***	v	/wɪn/	to defeat everyone else by being the best or by finishing first in a competition	They're very happy when they win an Oscar.
Unit 7						
Food						
apple	mela	***	n C/U	/ˈæp(ə)/	a hard round fruit that is white inside and has a smooth green, yellow, or red skin, which is called peel when it has been removed	Every morning I had three apples
banana	banana	*	n C/U	/bəˈnɑːnə/	a long curved fruit with a yellow skin	Banana and apple soup?!?
bean	fagiolo	**	n C	/biːn/	a seed of various plants that is cooked and eaten.	It's simple – it has rice, beans and corn.
bread	pane	***	n U	/bred/	a common food made from flour, water, and usually yeast (=a substance that makes the bread grow larger)	Don't eat any bread.
butter	burro	**	n U	/ˈbʌtə(r)/	a solid yellow food made from cream that you spread on bread or use in cooking	Would you like some butter on your bread?
cake	torta	***	n C/U	/keɪk/	a sweet food made by baking a mixture that usually contains sugar, eggs, flour, and butter or oil	We drank coffee and ate cake.
carrot	carota	*	n C/U	/ˈkærət/	a long hard orange vegetable that grows under the ground and has green leaves on its top	I'd like some carrots.
cheese	formaggio	**	n C/U	/ˈtʃiːz/	a solid food made from milk	Do you want some cheese on your pasta?
chicken	pollo		n C	/ˈtʃɪkɪn/	a bird kept for its eggs and meat	Eat lots of fish, meat and chicken.
chips	patatine fritte	***	n pl	/ˈtʃɪps/	a long thin piece of potato cooked in hot oil	Would you like chips with your steak?
chocolate	cioccolato	**	n C/U	/ˈtʃɒklət/	a sweet brown food eaten as a sweet or used for flavouring other food	We ate some chocolate cake.
corn	mais	**	n U	/kɔː(r)n/	the seeds of a corn plant that are cooked for food, or fed to animals	It has rice, beans and corn.
curry	curry		n C/U	/ˈkʌri/	an Indian food consisting of meat or vegetables cooked in a sauce with a hot flavour, often eaten with rice	We ate a very nice curry last night.
diet	dieta	**	n C/U	/ˈdaɪət/	the food that a person or animal usually eats	She's on the Soup diet.
egg	uovo	***	n C	/eg/	the round object with a shell that a female bird produces and a baby bird develops in	You can eat eggs with this diet.
fish	pesce	***	n C/U	/fɪʃ/	an animal that lives in water and swims	You can eat fish and tomatoes at lunch.
fruit	frutta	***	n C/U	/fruːt/	a type of food that grows on trees or plants	He doesn't eat vegetables or fruit.
garlic	aglio	*	n U	/ˈgɑː(r)lɪk/	a round white vegetable with small sections called cloves which you add to food for a strong pleasant flavour	For this paella you need some garlic.
ice cream	gelato		n C/U	/aɪs ˈkriːm/	a frozen sweet food made from cream or milk and sugar, often with fruit or chocolate added to flavour it	Can I have some ice cream, please?
lemon	limone		n C/U	/ˈlemən/	fruit with a hard yellow skin and sour juice	Make it with salt, pepper and a lemon.
lettuce	insalata	*	n C/U	/ˈletɪs/	a vegetable with large thin green leaves that you eat raw in a salad	You can eat some lettuce.
milk	latte	***	n U	/mɪlk/	a white liquid that comes from cows, goats, and sheep, which people drink and use in cooking.	For breakfast, have some milk.
nutrition	alimentazione/nutrizione	*	n U	/njuːˈtrɪf(ə)n/	the science of food and its effect on health and growth	Complete the information for the Nutrition Reference Guide.
onion	cipolla	**	n C	/ˈɒnjən/	a round vegetable with thin dry skin and many layers inside that tastes and smells very strong	You can have a tomato and onion salad.
orange	arancia	**	n C	/ˈɒrɪndʒ/	a round fruit that has a hard orange-coloured skin called peel, and that divides into parts called segments	Can I have an orange?

pasta	pasta	*	n C/U	/ˈpæstə/	an Italian food made from flour and water, and sometimes eggs.	Do you like pasta?
pepper	peperone	*	n C/U	/ˈpepə(r)/	a green or red vegetable	The vegetarian pizza has tomato sauce, onion, green pepper and mushroom.
potato	patata	**	n C/U	/pəˈteɪtəʊ/	a very common hard round vegetable that has a brown, red, or yellow skin and is white or yellow inside	You can eat fish and potatoes at lunch.
rice	riso	**	n U	/raɪs/	a food consisting of small white or brown grains that are eaten cooked	Did you eat any rice this week?
salt	sale	*	n U	/sɔːlt/	a white substance that is often added to food before or after cooking to improve its flavour.	Do you have any salt?
sauce	sugo, salsa	**	n C/U	/sɔːs/	a liquid food that you put on other foods to give them a particular flavour	I'd like a Margarita pizza (tomato sauce and cheese).
sausage	salsiccia	*	n C/U	/ˈsɒsɪdʒ/	a food that consists of a tube of skin containing very small pieces of meat mixed with spices	They have some nice Spanish sausages.
shellfish	frutto di mare		n C/U	/ˈfɛlˌfrʊ/	sea creatures with a hard shell around them, for example crabs, mussels, and oysters	For this paella you need rice, different kinds of shellfish, ...
soup	zuppa	**	n C/U	/suːp/	a liquid food that is made by cooking meat, fish, vegetables etc with water or milk	I can't eat this soup. It's too cold.
spinach	spinaci		n U	/ˈspɪnɪdʒ/	a vegetable with dark green leaves that can be cooked or eaten raw in salads	The spinach is lovely.
steak	bistecca	*	n C/U	/steɪk/	the meat from a cow, especially a piece without fat that is high in quality	I ate a big steak at the restaurant.
sugar	zucchero	***	n U	/ˈʃʊɡə(r)/	a sweet substance consisting of very small white or brown pieces that is added to food or drinks to make them taste sweet	There's a lot of sugar in this coffee.
tomato	pomodoro		n C	/təˈmɑːtəʊ/	a round red fruit eaten as a vegetable raw in salads or cooked	I'd like a tomato and onion salad.
vegetable	verdura	***	n C/U	/ˈvedʒtəb(ə)l/	a part of a plant used as food, for example a potato, bean, or cabbage	Rice and vegetables are important dishes in the Middle East.
water	acqua	***	n U	/ˈwɔːtə(r)/	the clear liquid that falls as rain and is used for things such as drinking and washing	She drank some water.
wine	vino	***	n C/U	/waɪn/	an alcoholic drink made from grapes	The man likes the wine.
Describing food						
cold	freddo/a	***	adj	/kəʊld/	with a low temperature or a temperature that is lower than normal	I hate cold soup!
cooked	cotto/a		adj	/kʊkt/	cooked food has been heated and is ready to eat	Find someone who always eats cooked vegetables.
delicious	buonissimo	*	adj	/dɪˈlɪʃəs/	with a very pleasant taste or smell	Delicious!
healthy	sano/a	***	adj	/ˈhelθi/	working well and likely to continue to be successful	71% of Americans say they try to eat more healthy food at restaurants now than in the past.
hot	caldo/a	***	adj	/hɒt/	very high in temperature	The tea was very hot.
raw	crudo/a	**	adj	/rɔː/	raw food has not been cooked, or has not been thoroughly cooked	Find someone who doesn't like raw vegetables.
salty	salato/a		adj	/ˈsɔːlti/	containing salt, or tasting like salt	The boyfriend can only eat salty food
spicy	piccante		adj	/ˈspɑːsi/	spicy food has a strong hot flavour	Do you like spicy food?
sweet	dolce	***	adj	/swiːt/	tasting like sugar	It's too sweet.
Eating out						
bill	conto	***	n C	/bɪl/	a piece of paper that shows how much money you owe after eating in a restaurant.	When we finished the meal we asked for the bill.
dessert	dolce	*	n C/U	/dɪˈzɜː(r)t/	sweet food that you eat after the main part of a meal	We ate some chocolate cake for dessert.
main course	secondo piatto		n C	/ˈmeɪn kɔː(r)s/	the biggest part of a meal	We had fish for the main course.

meal	pasto	***	<i>n C</i>	/mi□/	an occasion when you eat, especially breakfast, lunch, or dinner	When we finished the meal we asked for the bill.
menu	menu	**	<i>n C</i>	/□menju□/	a list of the food that is available in a restaurant, café etc	Can I have the menu, please?
tip	mancia	**	<i>n C</i>	/tɪp/	a small amount of money that you give to someone in addition to what you owe for a service	We left a tip for the waiter.
waiter	cameriere	*	<i>n C</i>	/□weɪtə(r)/	a man or boy who brings food and drink to your table in a restaurant or café	You are the waiter at Bella Pizza.
waitress	cameriera	*	<i>n C</i>	/□weɪtrəs/	a woman or girl who brings food and drink to your table in a restaurant or café	The waitress asked us what we wanted to eat.
Other words & phrases						
almost	quasi	***	<i>adv</i>	/□ɔːlməʊst/	nearly but not completely	Almost every country has rice in its diet.
dry	secco, asciutto	***	<i>adj</i>	/draɪ/	something that is dry has no water in it or on it	You can grow rice on dry land.
wet	bagnato/a	***	<i>adj</i>	/wet/	covered with water or another liquid	Rice grows on wet land.
Unit 8						
Transport						
airport	aeroporto	***	<i>n C</i>	/□eə(r)□pɔː(r)t/	a place where planes arrive and leave, consisting of runways (=long roads where planes land and take off) and large buildings for passengers called terminals	But every time I was at the airport, I felt terrible.
bicycle	bicicletta	**	<i>n C</i>	/□baɪsɪk(ə)l/	a vehicle with two wheels that you ride by pushing pedals with your feet	More people use public transport and bicycles now in London because of this law.
boat	barca	***	<i>n C</i>	/bəʊt/	a small vehicle that people use for travelling on water	I would like to make a long journey by boat.
bus	autobus	***	<i>n C</i>	/bʌs/	a large road vehicle with a lot of seats that you pay to travel on, especially one that takes you fairly short distances and stops frequently	He goes to work by bus every day.
bus stop	fermata dell'autobus		<i>n C</i>	/□bʌs stɒp/	a place marked by a sign at the side of a road where buses stop to let passengers get on and off	We waited for an hour at the bus stop.
car	auto	***	<i>n C</i>	/kɑː(r)/	a road vehicle for one driver and a few passengers	A car is on the wrong side of the road in East London.
car park	parcheggio		<i>n C</i>	/□kɑː(r) paː(r)k/	an area or a building where people can leave their cars for a short time	Do we have to pay for the car park?
drive	guidare	***	<i>v</i>	/draɪv/	to control a vehicle so that it moves somewhere	It now costs £10 (€12) a day to drive in central London.
motorbike	motocicletta	*	<i>n C</i>	/□məʊtə(r)□baɪk/	a road vehicle that has two wheels and an engine and looks like a large heavy bicycle	Can you ride a motorbike?
on foot	a piedi			/ɒn □fʊt/	walking	We can go on foot.
plane	aereo	***	<i>n C</i>	/pleɪn/	an aircraft with wings and at least one engine	Did you travel by plane?
port	porto	***	<i>n C</i>	/pɔː(r)t/	an area of water where ships stop, including the buildings around it	The ship is in the port at the moment.
ride	guidare	***	<i>v</i>	/raɪd/	to sit on a bicycle, motorcycle etc, and control it as it moves along	Can you ride a motorbike?
station	stazione	***	<i>n C</i>	/□steɪʃ(ə)n/	a building or place where buses, trains, or other public vehicles stop so that passengers can get on or off	Excuse me, where's the station?
train	treno	***	<i>n C</i>	/treɪn/	a group of railway vehicles that are connected and pulled by an engine	They go to work by train.
underground	metro, metropolitana		<i>n U</i>	/□ʌndə(r)□graʊnd/	a system of public transport consisting of trains that travel in tunnels below a city	We can take the underground.
Action verbs						
kiss	baciare	***	<i>v</i>	/kɪs/	to touch someone with your lips when you say hello or goodbye to them	I saw them kiss in the romantic film.
run	correre	***	<i>v</i>	/rʌn/	to move quickly to a place using your legs and feet	She can run very fast.
sing	cantare	***	<i>v</i>	/sɪŋ/	to make music using your voice	Some people are singing in Oxford Street.

sleep	dormire	***	v	/sli:p/	to go into a natural state in which you are unconscious for a time and your body rests, especially for several hours at night	I sleep for 8 hours every night.
smoke	fumare	**	v	/sməʊk/	to put a cigarette in your mouth and breathe in smoke from it	Do you smoke?
walk	camminare	***	v	/wɔ:k/	to move forwards by putting one foot in front of the other	Do you walk, take public transport or drive?
Other words & phrases						
accident	incidente	***	n C/U	/ɪ'æksɪd(ə)nt/	a crash involving a car, train, plane, or other vehicle	The chances of being in a plane accident were about 0.000000004%.
adult	adulto/a	***	n C	/ɪ'ædʌlt/	someone who is no longer a child and is legally responsible for their actions	More than 10 million British adults are afraid of flying.
alone	da solo	***	adj	/ə'ləʊn/	without anyone with you	If you don't like flying, you are not alone
business partner	socio in affari		n C	/ɪ'biznəs pa:(r)tne(r)/	a company or person that is involved with the business dealings of another company or person	Jack Lewis, your business partner, is leaving work now.
company	azienda	***	n C	/ɪ'kʌmp(ə)ni/	an organization that provides services, or that makes or sells goods for money	He's leaving our company!
common	comune	***	adj	/ɪ'kɒmən/	happening frequently, or existing in large amounts or numbers	Fear of flying is one of the most common phobias in the world.
course	corso	***	n C	/kɔ:(r)s/	a series of lessons or lectures in an academic subject or a practical skill	The writer went on a course for people afraid of flying.
exactly	esattamente	***	adv	/ɪg'zækt(t)li/	no more and no less than a particular amount or time	He explained exactly how a plane works
fear	paura	***	n C/U	/fɪə(r)/	the feeling that you have when you are frightened	Fear of flying is one of the most common phobias in the world.
flight	volo	***	n C/U	/flaɪt/	a journey through air or space in a vehicle such as a plane	What did the people do when the flight started?
follow	seguire	***	v	/fɒləʊ/	to walk, drive etc closely behind someone in order to watch them	Do you want me to follow him?
hand	mano	***	n C	/hænd/	the part of your body at the end of each arm that you use for picking up and holding things	Some people held hands.
law	legge	***	n C/U	/lɔ:/	an official rule that people must obey	In 2003, the mayor of London made a new law to help reduce traffic.
phobia	fobia		n C	/fə'biə/	a very strong feeling of disliking or being afraid of someone or something	She gave us information about phobias and taught us a relaxation technique.
photograph	fotografia	***	n C	/fəʊtə'grɑ:f/	a picture of something that you make with a camera	He took a photograph of his family.
pilot	pilota	***	n C	/pɪlət/	someone who flies an aircraft	The writer talked to a pilot.
police station	stazione di polizia	*	n C	/pə'li:s steɪʃ(ə)n/	the building where the local police force works	He found a camera, so he took it to the police station.
safe	sicuro/a	***	adj	/seɪf/	not likely to cause damage, injury, or harm	I knew that planes were very safe.
secret	segreto	***	n C	/sɪ'krət/	a piece of information that is known by only a small number of people, and is deliberately not told to other people	It's a secret meeting.
security	sicurezza	***	n C	/sɪ'kjʊərəti/	the department within an organization that protects buildings and workers	I don't like going through security, it makes me nervous.
stranger	sconosciuto	**	n C	/streɪndʒə(r)/	someone who you do not know	I don't like talking to a stranger on a plane.
survive	sopravvivere	***	v	/sə(r)'vaɪv/	to manage to deal with something difficult or unpleasant	I could get on a plane and survive.
take	prendere	***	v	/teɪk/	to use a particular type of transport	Why don't we take a taxi?
Unit 9						
Clothes						
boot	stivale	***	n C	/bu:t/	a type of shoe that covers all of your foot and part of your leg	I can't find my other boot!

dress	abito	***	n C	/dres/	a piece of clothing that covers a woman's body and part of her legs	That's a beautiful dress.
jacket	giacca	***	n C	/ˈdʒækɪt/	a short coat that covers the upper part of the body and is made in many styles for different occasions and different kinds of weather	It's a good idea to put on a jacket for an interview.
jeans	jeans	*	n C	/dʒiːnz/	trousers made of heavy cotton cloth called denim that you wear in informal situations	She bought some new jeans yesterday.
jumper	maglione	*	n C	/ˈdʒʌmpə(r)/	a warm piece of clothing, usually made of wool, that you pull over your head and that covers your upper body and arms	Right now I'm wearing a jumper.
shirt	camicia	***	n C	/ʃɜː(r)t/	a piece of men's clothing that covers the top part of the body	I think a shirt and tie make a good impression at an interview.
shoe	scarpa	***	n C	/ʃuː/	something that you wear on each foot, usually over socks	A dirty shirt makes a very bad impression, and so do dirty shoes.
skirt	gonna	**	n C	/skɜː(r)t/	a piece of clothing for a woman or girl. It hangs from the waist and is not joined between the legs	I think you shouldn't wear a very short skirt for a first meeting ...
tie	cravatta	**	n C	/taɪ/	a long narrow piece of cloth that a man wears around his neck under the collar of a shirt. It is tied with a knot	I think a shirt and tie make a good impression at an interview.
trainers	scarpe da ginnastica	*	n C	/ˈtreɪnə(r)z/	strong, comfortable shoes which are designed for doing sports in, but which many people wear as informal clothing	You can't wear trainers here.
trousers	pantaloni	**	n C	/ˈtraʊzə(r)z/	a piece of clothing covering the body from the waist to the feet, divided into separate parts for each leg and worn by both men and women	A shirt and trousers is fine.
T-shirt	maglietta		n C	/ˈtiːʃɜː(r)t/	a soft shirt that usually has short sleeves and no collar	It's sunny, so I'm wearing a T-shirt.
Body						
arm	braccio	***	n C	/aː(r)m/	one of the two long parts of your body with your hands at the end	Stretch your arms, your hands and your shoulders.
back	schiena	***	n C	/bæk/	the part of your body between your neck and your bottom, or the opposite side to your chest and stomach	Keep your back straight
chest	petto	***	n C	/tʃest/	the upper front part of your body between your neck and your stomach	My chest hurts!
elbow	gomito	**	n C	/ˈelbəʊ/	the part in the middle of your arm, where it bends	My elbow hurts when I play tennis
finger	dito	***	n C	/ˈfɪŋɡə(r)/	your fingers are the long thin parts on the end of your hands	He types with one finger.
foot (plural feet)	piede (piedi)	***	n C	/fʊt, fiːt/	the part of your body at the end of your leg, on which you stand	Keep your back straight and your feet on the floor.
hand	mano	***	n C	/hænd/	the part of your body at the end of each arm that you use for picking up and holding things	In Canada, you should shake a person's hand.
head	testa	***	n C	/hed/	the top part of your body that has your brain, eyes, mouth etc in it	Many English-speaking countries have the Queen of England's head on their coins.
knee	ginocchio	***	n C	/niː/	the part in the middle of your leg, where it bends	She hurt her knee playing tennis.
leg	gamba	***	n C	/leg/	one of the two parts of your body to which your feet are attached	My son can stand on one leg.
neck	collo	***	n C	/nek/	the part of the body that joins the head to the rest of the body	You can hurt your neck if you sit for a long time every day.
shoulder	spalla	***	n C	/ˈʃəʊldə(r)/	one of the two parts of your body between your neck and the top of your arms	Stretch your arms, your hands and your shoulders.
stomach	stomaco	**	n C	/ˈstʌmək/	the soft part at the front of your body between your chest and your legs	How's your stomach?
wrist	polso	**	n C	/rɪst/	the part of your body between your hand and your arm	You can hurt your wrists if you type for a long time every day.

Face						
cheek	guancia	**	<i>n C</i>	/tʃiŋk/	the soft part on each side of your face below your eyes	It was cold so his cheeks were red.
chin	mento	**	<i>n C</i>	/tʃɪn/	the centre of the bottom part of your face, below your mouth and above your neck	He doesn't have much hair on his chin.
ear	orecchio	***	<i>n C</i>	/iə(r)/	one of the two parts at the sides of your head that you hear with	My brother has big ears.
eye	occhio	***	<i>n C</i>	/aɪ/	one of the two body parts in your face that you use for seeing	I don't trust a person if he or she doesn't make eye contact.
hair	capelli	***	<i>n U</i>	/heə(r)/	the mass of thin fibres that grows on your head	Whose hair is in picture B?
mouth	bocca	***	<i>n C</i>	/maʊθ/	the part of your face below your nose that you use to eat and speak	He has a small mouth and a long chin.
nose	naso	***	<i>n C</i>	/neʊz/	the part of your face above your mouth that you use for smelling and breathing	She has a big nose.
tooth (plural teeth)	dente (denti)	***	<i>n C</i>	/tuθ, tiθ/	one of the hard white objects inside your mouth that you use for biting and for chewing food	When I eat cold ice cream it hurts my teeth.
Health problems						
cold	raffreddore	**	<i>n C</i>	/kəʊld/	a minor illness that blocks your nose and makes you cough	I've got a cold.
headache	mal di testa	*	<i>n C</i>	/hedɛɪk/	a pain in your head	I've got a headache.
hurt	fare male	***	<i>v</i>	/hɜ:(r)t/	to feel pain somewhere in your body	My back hurts.
ill	malato/a	***	<i>adj</i>	/ɪl/	not healthy, because of a medical condition or an injury	Are you ill often?
stomach ache	mal di stomaco		<i>n C/U</i>	/stʌmək eɪk/	pain in your stomach	I can't work because I've got stomach ache.
tired	stanco/a	***	<i>adj</i>	/taɪə(r)d/	needing to rest or sleep	You are very tired.
toothache	mal di denti		<i>n U</i>	/tuθθeɪk/	a pain in one or more of your teeth	I've got a toothache.
Unit 10						
Places in a city						
bank	banca	***	<i>n C</i>	/bæŋk/	a financial institution that people or businesses can keep their money in or borrow money from	You mustn't smoke now in any offices, banks, restaurants or pubs in India.
chemist	farmacia	**	<i>n C</i>	/kɛmɪst/	a shop that sells medicines, beauty products, and toiletries	She bought the medicine at the chemist.
cinema	cinema	**	<i>n C</i>	/sɪnəmə/	a building where you pay to go and watch a film	We went to the cinema last night.
disco	discoteca	*	<i>n C</i>	/dɪskəʊ/	a place or event where people dance to popular music	The disco is full of people at the weekends.
hospital	ospedale	***	<i>n C</i>	/hɒspɪt(ə)l/	a place where people stay when they are ill or injured and need a lot of care from doctors and nurses	He was in hospital for a week when he was ill.
hotel	albergo	***	<i>n C</i>	/həʊ'tel/	a building where you pay to stay in a room and have meals	The Cape Grace is a five-star hotel next to the sea in Cape Town.
library	biblioteca	***	<i>n C</i>	/lɪbrəri/	a place where books, documents, CDs etc are available for you to look at or borrow	You bring the books back to the library.
nightclub	discoteca		<i>n C</i>	/naɪtklʌb/	a place where people go in the evening to dance, drink alcohol, or watch entertainers	Cape Town is home to the biggest nightclub in South Africa.
pool	piscina	***	<i>n C</i>	/puːl/	a large structure filled with water for people to swim in	At Cape Grace you can go swimming in the pool.
school	scuola	***	<i>n C/U</i>	/skuːl/	a place where children go to be taught	In Cathedral City, California it's illegal to take a dog to school.
shop	negozio	***	<i>n C</i>	/ʃɒp/	a place where you buy things or where you pay for a service	There are hundreds of little shops at the market.
shopping centre	centro commerciale		<i>n C</i>	/ʃɒpɪŋ sentə(r)/	an area where a group of different shops and businesses such as banks and restaurants are all built next to each other	The V&A Waterfront is the most popular shopping centre.
stadium	stadio	*	<i>n C</i>	/steɪdiəm/	a large building, usually without a roof, where people watch sports events such as football matches or races	Nick's city has big stadiums.

supermarket	supermercato	**	n C	/ˈsuːpə(r)ˌmɑː(r)kɪt/	a very large shop that sells food and other products for the home. You go around the shop pushing a trolley and putting things in it, then you pay for your goods at the checkout.	I have no food, so I'm going to the supermarket.
town hall	municipio		n C	/ˈtaʊn ˈhɔːl/	a building that has all the offices of a town's local government	The town hall is in the city centre.
Describing a town/city						
beautiful	bello/a	***	adj	/ˈbjʊtəf(ə)l/	something that is beautiful is very pleasant to look at	Cape Town is one of South Africa's most beautiful cities.
boring	noioso/a	**	adj	/ˈbɔːrɪŋ/	not at all interesting, and making you feel impatient or dissatisfied	I think that living in a big city is never boring.
cheap	economico/a	***	adj	/tʃiːp/	not expensive	You can find cheap jewellery at the shopping centre.
cosmopolitan	cosmopolita, multiculturale		adj	/ˈkɒzməˌpɒlɪt(ə)n/	showing the influence of many different countries and cultures	Lots of people say that Toronto is interesting, because it's cosmopolitan.
dangerous	pericoloso/a	***	adj	/ˈdeɪndʒərəs/	likely to have a bad effect or to cause a problem	It's the most dangerous part of the city.
expensive	costoso/a	***	adj	/ˈkɒspensɪv/	something that is expensive costs a lot of money	Life in Madrid is not expensive.
friendly	amichevole, simpatico	***	adj	/ˈfren(d)li/	someone who is friendly is always pleasant and helpful towards other people	Are the people friendly?
historical	storico	***	adj	/hɪˈstɒrɪk(ə)l/	connected with history or with the past	I think that Ottawa has more historical buildings than Toronto.
interesting	interessante	***	adj	/ˈɪntrestɪŋ/	something that is interesting makes you want to know about it or take part in it	Which law do you think is the most interesting?
modern	moderno/a	***	adj	/ˈmɒdə(r)n/	using the most recent methods, ideas, designs, or equipment	Mexico City is more modern than other cities in Mexico.
noisy	rumoroso/a	*	adj	/ˈnɔɪzi/	making a lot of noise	Is it very noisy?
polluted	inquinato/a	*	adj	/pəˈluːtɪd/	to make air, water, or land too dirty and dangerous for people to use in a safe way	Is the air polluted?
quiet	tranquillo/a	***	adj	/ˈkwaiət/	used about places in which there is little noise	Nick's city is very clean and quiet.
safe	sicuro/a	***	adj	/seɪf/	used about places and situations where you are protected from danger	Toronto and Ottawa are both safe cities.
ugly	brutto/a	**	adj	/ˈʌɡli/	something that is ugly is unpleasant to look at	Some parts of the city are very ugly.
unfriendly	antipatico, poco amichevole	*	adj	/ʌnˈfren(d)li/	not friendly	Are the people friendly or unfriendly in the city?
go + -ing						
go dancing	andare a ballare			/gəʊ ˈdɑːnsɪŋ/	to move your feet and your body in a pattern of movements that follows the sound of music	This is the best place to go dancing and have a good time.
go diving	fare immersioni			/gəʊ ˈdaɪvɪŋ/	to jump into water with your head first and your arms stretched out in front of you	On special adventure tours you can go diving with a great white shark.
go sightseeing	fare un giro turistico			/gəʊ ˈsaɪtˌsiːɪŋ/	to travel around a place to see the interesting things in it	If you want to go sightseeing, you must go to Robben Island.
go shopping	fare shopping			/gəʊ ˈʃɒpɪŋ/	to go to a shop to buy things	What's the best place to go shopping for clothes?
go swimming	andare in piscina			/gəʊ ˈswɪmɪŋ/	to swim for enjoyment, for exercise, or in races	At Cape Grace you can go swimming in the pool.
go walking	fare una passeggiata, fare trekking			/gəʊ ˈwɔːkɪŋ/	to go for a long walk, often in hills or mountains	You can also go walking around the top of the mountain.
Size & colours						
big	grande	***	adj	/bɪɡ/	large in size	Nick's city has big stadiums.
dark	scuro/a	***	adj	/dɑː(r)k/	black, or almost black, in colour	It's a dark brown T-shirt.
gold	d'oro	***	adj	/ɡəʊld/	something that is gold is the colour of gold	It's a gold pen.

large	grande	***	adj	/la:(r)dʒ/	bigger than usual in size	A supermarket is a large place where you can buy ...
light	chiaro/a	***	adj	/laɪt/	pale in colour, not dark	It's a light blue T-shirt.
silver	argento	*	adj	/sɪlvə(r)/	light grey in colour	There are silver ones and these black ones.
small	piccolo/a	***	adj	/smɔ:l/	not large in size, amount, or number	Alicante is smaller than Madrid.
tiny	minuscolo/a	***	adj	/tʰaɪni/	extremely small	It's a tiny black keyring.
Other words & phrases						
apartheid	apartheid		n U	/əˈpɑ:(r)tʰeɪt/	the political system that existed in the past in South Africa, in which only white people had political rights and power	Robben Island was one of South Africa's worst prisons during apartheid.
at least	almeno			/æt ˈliːst/	not less than a particular amount or number, and possibly more	Add at least one more sentence of your own.
bizarre	bizarro/a	*	adj	/bɪˈzɑ:(r)/	strange and difficult to explain	They now have several hundred bizarre laws
carry	portare	***	v	/kæri/	to have something with you, usually in your pocket or bag	In the majority of American cities, you needn't have a permit to carry a gun.
dancefloor	pista da ballo		n C	/ˈdɑ:nsflo:(r)/	an area in a club, restaurant etc designed for people to dance on	The giant building has a dancefloor for 5,000 people.
get dressed	vestirsi			/get drest/	to put your clothes on	If you want to go swimming in Destin, Florida, you must get dressed in your hotel room and not in your car.
gun	pistola	***	n C	/gʌn/	a weapon that shoots bullets, for example a pistol or a rifle	You needn't have a permit to buy a gun.
illegal	illegale	**	adj	/ɪˈliɡ(ə)l/	not allowed by the law	In Cathedral City, California it's illegal to take a dog to school.
jewellery	gioielli	**	n U	/dʒuːəlri/	objects that you wear as decoration	You can find cheap jewellery at the shopping centre.
keyring	portachiavi		n C	/ˈkiːrɪŋ/	a metal ring used for keeping keys together	Does the man like the keyrings?
lose	perdere	***	v	/luːz/	to stop having something because it has been taken from you or destroyed	Where did you lose your keys?
mug	tazzone	*	n C	/mʌɡ/	a cup with straight sides and no saucer, used mainly for hot drinks	How many mugs does the woman take?
offer	offrire	***	v	/ɒfə(r)/	to provide something such as a product or service	We have collected here a small sample of the best Cape Town has to offer.
permit	permesso		n C	/pɜ:(r)mɪt/	an official document that gives you permission to do something	You needn't have a permit to buy a gun.
pig	maiale	**	n C	/pɪɡ/	an animal with no fur and a curly tail kept by farmers for its meat	You mustn't take a pig to the beach in Miami Beach, Florida.
quality	qualità	***	n C/U	/kwɒləti/	the quality of something is how good or bad it is	You can find quality clothes at the shopping centre.
shark	squalo	*	n C	/ʃɑ:(r)k/	a large fish with sharp teeth that lives in the sea	The ocean near Cape Town is famous for sharks.
shout	gridare, urlare	***	v	/ʃaʊt/	to say something in a loud voice	You must not shout or sing in public at night in the town of Topeka, Kansas.
skill	abilità	***	n C/U	/skɪl/	the ability to do something well, usually as a result of experience and training	Football players have a lot of skill.
snake	serpente	*	n C	/sneɪk/	a long thin animal with no legs and a smooth skin	In Toledo, Ohio it's against the law to throw a snake at another person.
spa	terme		n C	/spa:/	a place with a natural supply of mineral water where people go because the water is considered to improve health	At Cape Grace you can relax in the spa.

strange	strano/a	***	adj	/streɪndʒ/	unusual or unexpected, especially in a way that surprises or worries you	Do you have any strange laws in your town or country?
teddy bear	orsacchiotto		n C	/ˈtɛdi beə(r)/	a soft toy bear	It's a big brown teddy bear.
throw	lanciare	***	v	/θrəʊ/	to use your hand to send an object through the air	In Toledo, Ohio it's against the law to throw a snake at another person.
towel	asciugamano	**	n C	/ˈtaʊəl/	a piece of material used for drying your hands or body, or for drying dishes	They're small white towels.
Unit 11						
Jobs						
accountant	contabile, ragioniere	**	n C	/əˈkaʊntənt/	someone whose job is to prepare financial records for a company or person	My brother is an accountant.
actor	attore	***	n C	/ˈæktə(r)/	someone who performs in plays and films, especially as their job	Brad Pitt is a famous actor.
builder	costruttore	**	n C	/ˈbɪldə(r)/	someone whose job is to repair and build houses	Do you know a good builder?
doctor	medico	***	n C	/ˈdɒktə(r)/	someone whose job is to treat people who are ill or injured	Are you a doctor?
nurse	infermiera	***	n C	/nɜː(r)s/	someone who is trained to look after ill or injured people, usually in a hospital	In Britain there are men and women nurses.
secretary	segretaria	***	n C	/ˈsekɹətəri/	someone in an office who works for someone else and who does jobs such as arranging meetings, making phone calls, and preparing letters	Her secretary sent me an email.
security guard	sorvegliante		n C	/sɪˈkjuərəti ɡɑː(r)d/	someone whose job is to guard something	He works as a security guard.
vet	veterinario		n C	/vet/	a doctor for animals. Vet is short for veterinary surgeon.	I took my dog to the vet yesterday.
waiter	cameriere	*	n C	/ˈweɪtə(r)/	a man or boy who brings food and drink to your table in a restaurant or café	Will is a waiter.
Describing work						
badly-paid	pagato male		adj	/ˈbædlipeɪd/	if someone is badly paid, they do not earn much money, or they earn less money than is fair for the work they do	What jobs are badly-paid?
employed	occupato		adj	/ɪmˈplɔɪd/	someone paid regularly to do a job or to work as a member of an organization	This means that more people will be employed in the service sector.
full-time	a tempo pieno	**	adj	/ˈfʊltaɪm/	done for the number of hours that people normally work in a complete week	Part-time jobs will be more common than full-time jobs.
part-time	part-time	**	adj	/ˈpɑː(r)ttaɪm/	done for only part of the time that an activity is usually performed	Do students have part-time jobs?
permanent	fisso/a	***	adj	/ˈpɜː(r)mənənt/	happening or existing for a long time or for all time in the future	You won't have a permanent job for life in the future.
temporary	temporaneo/a	***	adj	/ˈtemp(ə)rəri/	temporary workers do a job for a limited period of time	A lot of young people do temporary work.
unemployed	disoccupato/a	***	adj	/ˈʌnɪmˈplɔɪd/	without a job	Are there many unemployed people in your country?
well-paid	pagato bene		adj	/ˈwelpeɪd/	a well-paid person receives a good amount of money for work	What jobs are well-paid in your country?
Collocations with make & do						
do a good job	fare un buon lavoro			/du ə ɡʊd dʒɒb/	to do something well	I sometimes do a good job when I'm motivated.
do homework	fare i compiti			/du ð hæʊmˈwɜː(r)k/	work that a teacher gives a student to do out of class	I always do my homework every night
make a friend	fare amicizia			/meɪk ə frend/	to become the friend of someone and treat them in a kind way	I usually make friends easily.
make a mistake	fare un errore			/meɪk ə mɪˈsteɪk/	something that you have not done correctly, or something you say or think that is not correct	I sometimes make mistakes in English.
make coffee	fare il caffè			/meɪk ɪkɒfi/	to pour hot water onto a powder made from ground coffee beans so that you have a hot drink	I never make coffee in the morning.

make plans	fare piani, progetti			/meɪk plænz/	make arrangements to achieve something	I sometimes make plans for the future.
Phrasal verbs						
clean up	pulire, mettere in ordine		v	/ˌkliːn ʌp/	to make a place completely clean and tidy	Please clean up when you finish your break.
log on	effettuare il login		v	/lɒg ɒn/	to start using a computer system, for example by typing a particular word	Log on with your username and password.
shut down	spegnere		v	/ʃʌt daʊn/	if a machine or computer shuts down, or if someone shuts it down, it stops operating	When you finish, please shut down the computer.
throw away	buttare via		v	/θrəʊ əweɪ/	to get rid of something that you no longer want, for example by putting it in a dustbin	Do not throw away paper.
turn off	spegnere		v	/tɜː(r)n ɒf/	to stop a piece of equipment working temporarily by pressing a button or by moving a switch	Turn off all lights at the end of the day.
Other words & phrases						
chance	possibilità	***	n C/U	/tʃɑːns/	an opportunity for you to do something, especially something that you want to do	When you make a mistake, see this as a chance to learn something new.
chapter	capitolo	***	n C	/ˈtʃæptə(r)/	one of the sections into which a book is divided	There are 12 chapters in the book.
invisible	invisibile	**	adj	/ɪnˈvɪzəb(ə)l/	something that is invisible cannot be seen	Behind the Scenes talks to the people who do the invisible jobs.
opportunity	opportunità, possibilità	***	n C/U	/ˌɒpə(r)ˈtjuːnəti/	a chance to do something, or a situation in which it is easy for you to do something	People who speak two or more languages will have better opportunities.
public	pubblico	***	adj	/ˈpʌblɪk/	available for people in general to use	Are hospitals in your country public or private?
quit	lasciare, abbandonare	*	v	/kwɪt/	to stop doing something	John hates his job, so he wants to quit.
regret	rimpiangere	**	v	/rɪˈɡret/	to feel sorry or sad that something has happened	Many people hate the dentist, but if you don't go you will regret it later.
save (money)	risparmiare (soldi)	***	v	/seɪv/	to regularly put money in a bank or invest it so that you can use it later	It's never too late to save money.
volunteer work	lavoro volontariato			/ˌvɒləntɪə(r) wɜː(r)k/	work that is not paid	Do some volunteer work.
Unit 12						
Music						
band	banda	***	n C	/bænd/	a small group of musicians who play popular music such as jazz or rock	I've seen lots of new and classic rock bands.
classical (music)	(musica) classica	*	n U	/ˈklæsɪk(ə)l/	music written according to standard European forms or structures by people such as Mozart and Beethoven	We went to a classical music concert last weekend.
folk (music)	(musica) popolare		n U	/fəʊk/	traditional music from a particular country, region, or community, especially music developed by people who were not professional musicians	I really like folk music.
jazz	jazz	*	n U	/dʒæz/	a type of music that developed in the late 19th century in which there is a strong lively beat and the players often improvise (=make up the music as they play)	The bar plays jazz music in the evenings.
musician	musicista	**	n C	/mjuːzɪf(ə)n/	someone who performs or writes music, especially as their job	Think of a musician or band that you like.
pop (music)	(musica) pop	*	n U	/pɒp/	a type of music, usually played on electronic instruments, that is popular with many people because it consists of short songs with a strong beat and simple tunes that are easy to remember	In the past I liked pop music.
R&B	R & B		n U	/ɑː(r) ɒn bi/	a type of popular music that African American musicians developed from blues and jazz	She likes dancing to R&B.
rap	rap		n C/U	/ræp/	a way of talking using rhythm and rhyme, usually over a strong musical beat	Do you have much rap music on your iPod?

rock (music)	(musica) rock	***	<i>n U</i>	/rɒk/	a type of music that developed from rock 'n' roll and uses a heavy regular beat, electric guitars, singing, and a tune that is easy to remember	How long has the man liked rock music?
singer	cantante	**	<i>n C</i>	/ˈsɪŋə(r)/	someone who sings, especially someone who sings well or as a job	Listen to a person talking about her favourite singer.
song	canzone	***	<i>n C</i>	/sɒŋ/	a piece of music with words that you sing	He has written a song.
songwriter	cantautore		<i>n C</i>	/ˈsɒŋˌraɪtə(r)/	someone who writes songs	He's a great songwriter but he can't sing very well.
Media						
camera	macchina fotografica	***	<i>n C</i>	/ˈkæm(ə)rə/	a piece of equipment used for making television programmes, films, or videos	Don't look into the camera!
game show	gioco televisivo		<i>n C</i>	/ˈgeɪm ʃəʊ/	a television programme in which people play games or answer questions in order to win prizes	They won a lot of money on the game show.
journalist	giornalista	**	<i>n C</i>	/ˈdʒɜː(r)nəlɪst/	someone whose job is to report the news for a newspaper, magazine, radio programme, or television programme	Can the journalist ask you some questions?
newspaper	giornale	***	<i>n C</i>	/ˈnjuːzˌpeɪpə(r)/	a set of large printed sheets of folded paper containing news, articles, and other information, usually published every day	I read the newspaper every morning.
radio	radio	***	<i>n C</i>	/ˈreɪdiəʊ/	a system of broadcasting information and programmes that people can listen to	She's been on local radio.
the (morning/evening) news	telegiornale (della mattina/sera)	***	<i>n U</i>	/ðə ˈnjuːz/	a television or radio broadcast that gives you information about recent events, read by a newsreader with special reports by correspondents	Think of some people who are on television or in the news a lot at the moment.
Other words & phrases						
achievement	riuscita, successo	***	<i>n C /U</i>	/əˈtʃɪvmənt/	a particular thing that you have achieved	Winning this award is a great achievement.
award	premio	***	<i>n C</i>	/əˈwɔː(r)d/	a prize or other reward that is given to someone who has achieved something	He has won an award.
beginning	inizio	***	<i>n C</i>	/bɪˈɡɪnɪŋ/	the first part of something	Every end is a new beginning.
brochure	brochure/opuscolo	*	<i>n C</i>	/ˈbrəʊʃə(r)/	a small magazine containing details and pictures of goods or services that you can buy	An advertisement brochure for a language school.
choose	scegliere	***	<i>v</i>	/tʃuːz/	to decide which you want from a number of people or things	Time chooses the Person of the Year as the individual or group of individuals who have had the biggest effect on the year's news.
founder	fondatore	*	<i>n C</i>	/ˈfaʊndə(r)/	someone who starts a school, organization, business, or community	Mark Zuckerberg, founder of Facebook. (2010)
lifetime	corso della vita	**	<i>n C</i>	/ˈlaɪfˌtaɪm/	the period of time when someone is alive	'Music is enough for a lifetime, but a lifetime is not enough for music.'
memorize	memorizzare	*	<i>v</i>	/ˈmeməraɪz/	to learn something so that you remember it perfectly	I memorize a new English word every day