

Unit 7

The environment

climate change (n) U	/ˈklaɪmət ˈtʃeɪndʒ/	mutamento climatico	Clean energy may be a way to deal with climate change .
exhaust fume (n) pl	/ɪɡˈzɔːst ˈfjuːm/	gas di scarico	Diesel exhaust fumes may cause chronic asthma.
fossil fuel (n) C	/ˈfɒsl ˈfjuːəl/	combustibile fossile	Fossil fuels account for about 85% of world energy consumption.
global warming (n) C	/ˈɡləʊbl ˈwɔːmɪŋ/	riscaldamento globale	Global warming could cause sea levels to rise dramatically.
greenhouse gas(n) C	/ˈɡriːnhaʊs ˈɡæs/	gas di serra	Greenhouse gases like CO ₂ are a serious cause for concern.
organic food (n) U	/ɔːɡænik ˈfuːd/	alimenti biologici	Europe is now the biggest market for organic food in the world.
solar panel (n) pl	/ˈsəʊlə ˈpænl/	pannello solare	Spain wants to make solar panels compulsory in new buildings.
wind farm (n) C	/ˈwɪnd ˈfɑːm/	centrale eolica	Wind farms are best in coastal areas where the wind is strong and reliable.

Expression with *make*

make a difference	/ˈmeɪk ə ˈdɪfrəns/	distinguersi, fare la differenza	Make a difference this summer and wear a green T-shirt.
make a point of (doing) (sth)	/ˈmeɪk ə ˈpɔɪnt əv ˈduːɪŋ/	farsi un dovere di	Politicians should make a point of using public transport.
make it easier	/ˈmeɪk ɪt ˈiːziə/	facilitare	Governments should make it easier for people to be more green.
make sense	/ˈmeɪk ˈsens/	aver senso	It doesn't really make sense to be green if other countries are not green.
make the most of (sth)	/ˈmeɪk ðə məʊst əv/	trarre il massimo da (q.cosa)	We need to make the most of oil before it dries up completely.
make time for (sth)	/ˈmeɪk ˈtaɪm fə/	trovare il tempo per (q.cosa)	Schools should make time for ecology classes for all children.
make or break	/ˈmeɪk ɔː ˈbreɪk/	aver successo o fallire	The next ten years will be make or break for our planet.

Nouns & prepositions

advances in	/ədˈvɑːnsəz ɪn/	progressi in	Advances in genetically modified food will revolutionize our diet.
consumption of	/kənˈsʌmpʃn əv/	consumo di	Changes to air travel will drastically reduce our consumption of carbon dioxide.
demand for	/dɪˈmɑːnd fɔː/	richiesta di	The demand for new and better sun protection will increase.
drive for	/draɪv fɔː/	spinta, impulso verso	The drive for a perfect body will push forward the limits of cosmetic surgery.
increase in	/ɪnˈkriːs ɪn/	aumento di	An increase in global temperatures will affect people's holiday choices.
interest in	/ɪnˈtrəst ɪn/	interesse per, a	Interest in saving energy will result in a range of new kitchen appliances.
shortage of	/ˈʃɔːtɪdʒ əv/	carezza, mancanza di	There will be no shortage of new sports.
taste for	/teɪst fɔː/	predilezione per	Children will develop a taste for increasingly complicated computer games.

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Other words & phrases

account for (v)	/ə'kaʊnt fɔː/	incidere per	Fossil fuels currently account for about 85 percent of world energy consumption.
a host of	/ə 'həʊst əv/	gran numero di	As always there'll be a host of new fashion ideas.
all the rage	/ɔːl ðə 'reɪdʒ/	in voga	Virtual workouts will be all the rage .
appliance (n) C	/ə'plaɪəns/	congegno, elettrodomestico	In the kitchen, to name but two, hi-tech appliances will be revolutionised.
approve (v)	/ə'pruːv/	approvare	Her mother never approved of her husband.
asthma (n) U	/ˈæsmə/	asma	Diesel exhaust fumes may cause chronic asthma .
backpack (n) C	/ˈbæk.pæk/	zaino	You can fold away and put in your backpack when you go camping.
bare bones (n pl)	/beə bəʊnz/	struttura di base	Well, first of all we're stripping the house down to its bare bones : brick walls and bare floorboards.
barrier (n) C	/ˈbæriə/	impedimento	In our first session we pinpointed the main barriers to her stopping smoking.
beachwear (n) U	/bi:tʃweə/	abbigliamento da spiaggia	Beachwear for children will warn parents to get kids out of the sun when it's too hot.
blanket (n) C	/ˈblæŋkɪt/	coperta	Soft furnishings like blankets and cushions will flash warning signals to the elderly.
bleach (v)	/bli:tʃ/	candeggiare	The final fabric is bleached , dyed and sprayed with a fire retardant.
bleed (v)	/bli:d/	sanguinare	Winston cut his arm and was bleeding .
block (v)	/blɒk/	bloccare, ostacolare	Explore the problems and barriers blocking the client's way.
breeze (n) C	/briːz/	brezza	Thanks to virtual phones you could walk on a virtual beach and enjoy the Pacific breeze .
carbon (n) U	/ˈkɑːbən/	carbonio	British inventors have found a way to extract carbon from used car tyres to make printer ink.
charger (n) C	/ˈtʃɑːdʒə/	accumulatore	Made by the Dutch firm, Soldius, this solar charger can power up a mobile phone in a couple of hours.
charming (adj)	/ˈtʃɑːmɪŋ/	incantevole	'Greywater is used for flushing the toilet.' ' Charming! '
chronic (adj)	/ˈkrɒnɪk/	cronico	This causes widescale water pollution, chronic illness in farmworkers, and devastating effects on wildlife.
cooker (n) U	/ˈkʊkə/	fornello	The Solar Sizzler is a solar-powered cooker that concentrates the sun's ray to create heat.
crop (n) C	/krɒp/	coltura	Cotton is one of the most environmentally damaging crops in the world.

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cut down on (v)	/kʌt daʊn ɒn/	ridurre
damp (adj)	/dæmp/	umido
darling (n)	/dɑːlɪŋ/	tesoro
decorate (v)	/dekə'reɪt/	arredare
delightful (adj)	/dɪ'laɪtfl/	piacevole
devastating (adj)	/devə'steɪtɪŋ/	devastante
diesel (n) U	/diːzl/	gasolio
double glazing (n) U	/dʌbl 'gleɪzɪŋ/	doppi vetri
drill (n) C	/drɪl/	trapano
dump (v)	/dʌmp/	gettare nella discarica
dust (n) U	/dʌst/	polvere
dye (v) / (n) C	/daɪ/	tingere (v); tinta (n)
emission (n) C	/ɪ'mɪʃn/	emissione
erect (v)	/ɪ'rekt/	costruire
exert (v)	/ɪg'zɜːt/	esercitare
extract (v)	/ɪk'strækt/	estrarre
fabric (n) C	/fæbrɪk/	tessuto
fancy (v)	/fænsi/	immaginare
fertiliser (n) C	/fɜːtɪlaɪzə/	fertilizzante
fittings (n pl)	/fɪtɪŋz/	accessori, attrezzature
floorboard (n) C	/flɔːbɔːd/	assi del pavimento
flush (v)	/flʌʃ/	azionare lo scarico
foot the bill (v)	/fʊt ðə bɪl/	pagare il conto

I'm trying to **cut down on** my energy consumption.

The back wall is north-facing and really **damp**.

Nell, **darling**! Have I come at a bad time?

Martha Stewart is a lifestyle guide who tells people how to **decorate** their homes.

What other **delightful** features is your 'eco-home' going to have?

This causes widescale water pollution, chronic illness in farmworkers, and **devastating** effects on wildlife.

Diesel exhaust fumes may cause chronic asthma.

The previous owners put in PVC windows with **double glazing**.

It's not my fault. There's something wrong with that **drill**.

More than one million tyres are **dumped** every year.

Come in, but mind all the **dust** and the rubble and stuff.

The final cloth is **dyed** with natural plant **dyes**.

The £1,000,000 project will provide the castle with one third of its electrical needs, resulting in a reduction of approximately 600 tonnes in carbon **emissions** every year.

Plans to **erect** a wind farm on the Isle of Skye have provoked complaints from residents.

Do you feel that there is any pressure on you to conform to a particular lifestyle? If yes, who or what **exerts** that pressure?

British inventors have found a way to **extract** carbon from used car tyres to make printer ink.

The final **fabric** is bleached, dyed and sprayed with a fire retardant.

Fancy a run along your favourite beach? It'll all be possible from the comfort of your own gym.

Organic cotton is grown without using any chemical pesticides or **fertilisers** and the final cloth is unbleached and dyed with natural plant dyes.

We don't really know when all the materials and **fittings** are going to be delivered.

Winston's hired a sanding machine for sanding the **floorboards**.

The greywater is used to **flush** the toilet.

Local authorities will **foot the bill** for all householders who want to insulate their outside walls.

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four wheeler (n) C	/fɔː 'wiːlə/	automobile	With petrol prices rising dramatically, it seems that no one loves four wheelers anymore.
frustrated (adj)	/frʌ'streɪtɪd/	frustrato	She was a bit frustrated by the coaching philosophy at the beginning.
furnishings (n) pl	/fɜːnɪʃɪŋz/	tessuti	Soft furnishings like blankets and cushions will flash warning signals to the elderly.
genetically modified food (n) U	/dʒəˌnetɪkli ˌmɒdɪfaɪd 'fuːd/	alimenti geneticamente modificati	Advances in genetically modified food will revolutionize our diet.
germ (n) C	/dʒɜːm/	germe	Be careful to avoid giving your germs to other people.
get in shape	/get ɪn 'ʃeɪp/	ritornare in forma	Ever tried to make a change to your lifestyle? Get in shape ? Change your job?
glove (n) C	/glʌv/	guanto	We'll be able to read the football results on the palm of our gloves .
greywater tank (n) C	/ˈɡreɪwɔːtə ˌtæŋk/	serbatoio di scarico	The greywater tank recycles all the water from the shower, bath and washing machine.
guided tour (n) C	/ɡaɪdɪd 'tuə/	giro turistico guidato	Would you like to have the guided tour first?
guzzle (v)	/ɡʌzl/	consumare eccessivamente	More and more of these gas- guzzling four wheelers are finding themselves out on the streets.
heat-sensitive (adj)	/hiːtˌsensətɪv/	sensibile al calore	Heat-sensitive fabrics will come into their own with a hundred and one different uses.
helmet (n) C	/ˈhelmt/	casco	You'll be able to have a cycle ride over the Pyrenees thanks to a virtual reality helmet .
hire (v)	/haɪə/	noleggiare	Winston's hired one of those sanding machines for sanding the floorboards.
hydro-electric (adj)	/haɪdrəʊˈlektɪk/	idroelettrico	Windsor Castle is to get a hydro-electric power system.
icon (n) C	/aɪkən/	icona	She is a lifestyle guide and an American icon .
ink (n) C	/ɪŋk/	inchiostro	This new system should open the way to cheaper printer ink .
insulation (n) C	/ɪnsjuˈleɪʃn/	isolamento	Insulation protects a house from the cold and makes it warmer.
integrate (v)	/ɪntɪˌɡreɪt/	incorporare	A whole range of clothes will be developed that can integrate electronics with fabrics.
invariably (adv)	/ɪnˈveəriəbli/	invariabilmente	When she does stop smoking, she invariably starts up again.
kick (n) C	/kɪk/	calcio	We'll have the virtual ability to watch the kicks from any angle.
kid (n) C	/kɪd/	bambino, ragazzo	Beachwear for children will warn parents to get kids out of the sun when it's too hot.
kilt (n) C	/kɪlt/	kilt	Dads'll be investing in kilts and sarongs as skirts for men become a fashion possibility.

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laptop (n) C	/ləpˌtɒp/	laptop, computer portatile	It is compatible with all the major phone manufacturers and the company is developing a version that will work with MP3 players, laptops and cameras.
layer (n) C	/leɪə/	strato	Sweatshirts will show it's time to put on another layer when it's too cold.
life coach (n) C	/laɪf ˌkəʊtʃ/	consigliere	Brian Moffat is a life coach who helps people change their lives for the better.
lifestyle (n) U	/laɪfˌstɑɪl/	stile di vita	Local farmers welcome the wind farm as it will help subsidize their lifestyles .
marine (adj)	/məˈriːn/	marino	Engineers say the underwater turbines will have little impact on the marine life of the river.
merchandise (n) pl	/ˈmɜːtʃəndaɪz/	merce	Her shopping website and lifestyle merchandise have made her a millionaire several times over.
moral support (n) s	/ˈmɒrəl səˈpɔːt/	sostegno morale	With Brian's moral support , I'll have given up smoking by the end of the year.
mutual (adj)	/ˈmjuːtʃuəl/	comune	A mutual friend told her about me and she got in touch.
neighbouring (adj)	/ˈneɪbərɪŋ/	vicino	Cancer rates in cotton-producing states are significantly higher than in neighbouring states.
packaging (n) pl	/ˈpækɪdʒɪŋ/	imballaggio, confezione	Advances in packaging technology mean that we will be able to keep food fresh for much longer.
palm (n) C	/pɑːm/	palmo	We'll be able to read the football results on the palm of our gloves.
pathway (n) C	/ˈpɑːθweɪ/	sentiero	Just one hour of sunlight will power the bricks for three nights, and they can be used for walls, roads and pathways .
pesticide (n)	/ˈpestɪsaɪd/	pesticida	In developing countries, more than 50% of all pesticides used in agriculture are sprayed onto cotton fields.
pinpoint (v)	/ˈpɪnpɔɪnt/	individuare	In our first session we pinpointed the main barriers to her stopping smoking.
plumbing (n) pl	/ˈplʌmɪŋ/	impianto idraulico	He's going to need help with the wiring and the plumbing .
plummet (v)	/ˈplʌmɪt/	precipitare	Second homeowners don't want to see the value of their holiday property plummeting .
pop in (v)	/pɒp ɪn/	fare un salto da	I was just passing and I thought I'd pop in and see how the work's going.
portion (n) C	/ˈpɔːʃn/	porzione	Mini portions will be more and more fashionable.

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power up (v)	/paʊə 'ʌp/	fornire di energia	Made by the Dutch firm, Soldius, this solar charger can power up a mobile phone in a couple of hours.
PVC (n) U	/pi: vi: 'si:/	PVC (polivinilcloruro)	The previous owners put in PVC windows with double glazing, we're going to replace them with wooden windows with triple glazing.
razor (n) C	/reɪzə/	rasoio	An electric razor is not the most eco-friendly way of shaving.
recycle (v)	/ri:'saɪkl/	riciclare	All lovers of creative recycling will be happy to hear about a new use for used car tyres.
refine (v)	/rɪ'fam/	raffinare	The black carbon powder that is normally used is refined from pure oil.
remote (adj)	/rɪ'məʊt/	remoto	The Island of Skye is a remote but beautiful island.
retardant (n) C	/rɪ'tɑ:dənt/	ignifugo	The final fabric is bleached, dyed and sprayed with a fire retardant .
rubble (n pl)	/rʌbl/	calcinacci	Come in, but mind all the dust and the rubble and stuff.
sanding machine (n) C	/sændɪŋ mə'ʃi:n/	levigatrice	Winston hired a sanding machine for the floorboards.
sarong (n) C	/sə'rɒŋ/	sarong	Dads'll be investing in kilts and sarongs as skirts for men become a fashion possibility.
seaweed (n pl)	/si:wi:d/	alghe marine	Seaweed will take off as the number one health food product.
self-cleaning (adj)	/self'kli:nɪŋ/	autopulente	Self-cleaning ovens are already available in some shops.
shave (v)	/ʃeɪv/	sbarbare, sbarbarsi	What is the most eco-friendly way of shaving ?
sledgehammer (n) C	/sledʒ'hæmə/	mazza	Winston will smash up all the tiles with his sledge hammer .
smash up (v)	/smæʃ 'ʌp/	frantumare	Winston will smash up all the tiles with his sledge hammer.
spray (v)	/spreɪ/	spruzzare	The final fabric is bleached, dyed and sprayed with a fire retardant.
step-by-step (adj)	/stepbaɪ'steɪp/	graduale	Here is a step-by-step model for how to run a coaching session.
strip (v)	/stri:p/	spogliare	We're going to strip the house down to its brick walls and bare floorboards.
subsidize (v)	/sʌbsɪ'daɪz/	sovvenzionare	Local farmers welcome the wind farm as it will help subsidize their lifestyles.
supplement (n) C	/sʌplɪmənt/	integratore	We'll be eating seaweed supplements along with most of our meals.
SUV (n) C	/es ju: 'vi:/	SUV	The much loved American SUV (sports utility vehicle) is quickly losing its appeal.
take (sth) to pieces	/teɪk tə 'pi:səz/	fare (q.cosa) a pezzi	It looks like you're taking the whole house to pieces !
tank (n) C	/tæŋk/	serbatoio, vasca	The greywater tank recycles all the water from the shower, bath and washing machine.
tasty (adj)	/teɪsti/	saporito	Advances in packaging technology mean we'll be able to keep food fresh and tasty for much longer.

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thermos bag (n) C	/θɜ:məs ˌbæg/	borsa termica
throw a party	/θrəʊ ə ˈpɑ:ti/	dare una festa
tile (n) C	/taɪl/	tegola, piastrella
tip (n) C	/tɪp/	suggerimento
truck (n) C	/trʌk/	camion
tunnel (n) C	/tʌnl/	sottopassaggio
turbine (n) C	/tɜ:bain/	turbina
tyre (n) C	/taɪə/	pneumatico
underwater (adj)	/ˌʌndəˈwɔ:tə/	sommerso
watch out for	/wɒtʃ ˈaʊt fɔ:/	fare attenzione a
widescale (adj)	/waɪdskeɪl/	ampia scala
willpower (n) U	/wɪlˌpaʊə/	forza di volontà
wiring (n) pl	/ˈwaɪrɪŋ/	impianto elettrico

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Ultra-light materials mean that **thermos bags** and bottles will be easier to carry.

Martha Stewart is a lifestyle guide who tells people how to **throw a party**.

Winston will smash up all the **tiles** with his sledge hammer.

Can you add four more **tips** to the leaflet?

You carry heavy goods in a **truck**.

Virtual reality options will include being able to see players coming out of the **tunnel**.

A series of underwater **turbines** are to be installed in the river Thames.

More than one million **tyres** are dumped every year.

A series of **underwater** turbines are to be installed in the river Thames.

Watch out for a huge increase in the consumption of all kinds of seafood.

This causes **widescale** water pollution, chronic illness in farmworkers, and devastating effects on wildlife.

Now she's getting results through her own strength and **willpower** she's much happier.

He's going to need help with the **wiring** and the plumbing.