## Geographical features

\(\left.\begin{array}{lll}bay (n) C \& /bei/ <br>
canal (n) C <br>
cape (n) C \& /kənæl/ \& baia <br>

canale\end{array}\right]\)| capo |
| :--- |

Her hotel was located in the middle of the bay.
A canal is a man-made waterway.
Zheng He's fleet rounded the Cape of Good Hope and set course westwards across the Atlantic.
Animals in the desert have to go without water for long lengths of time. Iguacu Falls are really exciting to visit.
A gulf is a large area of sea almost surrounded by land.
My friend was really proud because she'd managed to walk to the top of Mount Kilimanjaro.
The evidence supports claims that Zheng He sailed across the Indian Ocean.
Some people say that Cornwall is technically a peninsula.
The fleets sailed south along the coast of Argentina before navigating the Straits of Magellan.

## Binomials

| bits and pieces | /,bits on 'pisis/ | cosette |
| :---: | :---: | :---: |
| black and white | /,blæk ən 'wat// | netto |
| born and bred | /,boin ən 'bred/ | nato e cresciuto |
| down and out | /,daun ən 'aut/ | in bolletta |
| flesh and blood | /flef ən 'blıd/ | figli |
| forgive and forget | /fəıgiv ən fa'get/ | perdonare e dimenticare |
| here and now | /,hıə ən 'nau/ | immediatamente |
| long and hard | /,10p ən 'ha:d/ | molto attentamente |
| pick and choose | /.pik ən 'tfuiz/ | scegliere con cura |
| short and sweet | /. Sot on 'swit/ | di breve durata |
| sick and tired | /,sik ən 'taıəd/ | stufo |

I selected the basic map and then added a couple of bits and pieces.
I prefer black and white explanations - I don't like ambiguity.
I was born and bred in this country.
Someone who is down and out has no money or nowhere to live.
I always put my own flesh and blood before my friends.
Some people find it difficult to forgive and forget.
It's better to deal with problems here and now rather than putting things off.
Think long and hard before you make a decision.
You select the basic map and then pick and choose the places that are important to you.
She's coming home for a week or so - short and sweet but better than nothing.
I'm sick and tired of telling you to see a doctor.

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| to and fro | /tu: ən 'frəu/ | avanti e indietro |
| :--- | :--- | :--- |
| tried and tested | /,traid ən 'testid/ | sperimentato a lungo |

She's doing a lot of travelling - to and fro between New York and Washington every couple of days.
It's better to buy things that are tried and tested.

## Describing landscape

| a bare rocky ridge | /a , bea roki 'rid3/ |
| :---: | :---: |
| a deep narrow gorge | /ə disp nærəu 'gasd3/ |
| a fertile wooded valley | /ə , f3:tarl ,wudəd 'væli/ |
| gentle rolling hills | /,dzentl , raulin 'hilz/ |
| a jagged snowy peak | /ə,d3ægəd, snəui 'pi:k/ |
| a sheltered sandy cove | /a , Seltad ,sændi 'kəuv/ |
| a tall steep cliff | /a , to:l , stipp 'klif/ |

una spoglia cresta rocciosa The Grand Canyon in Arizona is full of bare rocky ridges.
una gola profonda e stretta Photo $B$ shows a deep narrow gorge.
una fertile valle boscosa Photo A shows a fertile wooded valley.
colline dolcemente ondulate You find a lot of gentle rolling hills in the south of England.
una cima innevata e Photo $C$ shows a jagged snowy peak.
frastagliata
un'insenatura sabbiosa e It's a sheltered sandy cove, ideal for sunbathing.
nascosta
a tall steep cliff
una scogliera alta e ripida Photo D shows a tall steep cliff.

## Other words \& phrases

| adamant (adj) | /ædəmənt/ | fermamente convinto |
| :---: | :---: | :---: |
| affluent (adj) | /æfluant/ | ricco |
| artefact (n) C | /aitıfækt/ | manufatto |
| a tall order ( n ) U | /a toil 'oxda/ | una cosa impossibile |
| Aussie (n) C | /bzi/ | australiano |
| breed (v) C | /bri:d/ | riprodurre |
| buzz (n) C / (v) | /baz/ | mormorio ( n ), essere chiassoso (v) |
| by and large | /,bai ən laad3/ | in linea di massima |

Menzies and his followers are adamant that Zheng He's fleet circumnavigated the globe.
Although we are much more affluent it seems we are not any happier than before.
Chinese artefacts and computer simulations support their theory.
That sounds like a tall order.
There's this great website, 'mapping the world', it's got loads of really interesting stuff, just about every map that was ever drawn, from the Romans to the Aussies!
Animals for breeding were carried on the ships.
I really enjoyed the buzz of it all.
When the Star Wars producers first found it, it was a quiet little place - now it's a buzzing tourist resort.

By and large there is usually a correlation between a nation's wealth and the happiness of its people.

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circumnavigate (v)
colony (n) C
controversial (adj)
correlation (n) C
counterpart (n) C

| crawling (adj) <br> crucial (adj) | /kro:lin/ <br> /kru: $1 /$ | brulicante cruciale |
| :---: | :---: | :---: |
| Dane (n) C | /dein/ | danese |
| deter (v) <br> dispute (v) | /dr't3:/ /'dispju:t/ | scoraggiare discutere |
| down under ( n ) U | /,daun 'ındə/ | Australia |
| dragon (n) C | /drægən/ | drago |
| epic (n) C <br> estuary (n) C <br> euphoric (adj) | /'epik/ <br> /estjuəri/ <br> /ju:'forik/ | impresa <br> estuario <br> euforico |
| fjord (n) C | /fjosd/ | fiordo |
| fleet ( n ) C | /flit/ | flotta |
| flood (v) | /flıd/ | inondare |
| footage ( n ) U | /futid3/ | ripresa cinematografica |
| glossy (adj) | /'glosi/ | patinato |
| itinerary ( n ) C | /ar'tnərəri/ | itinerario |
| league table (n) C | /ligg ,terbl/ | classifica |

Menzies and his followers are adamant that Zheng He's fleet circumnavigated the globe.
They took everything they thought they would need to start new colonies
Why do you think this book is so controversial?
By and large there is usually a correlation between a nation's wealth and the happiness of its people.
His fleet not only sailed to America but also circumnavigated the globe almost one hundred years before their European counterparts.
It's a perfect beach but it's crawling with tourists in the summer.
For politicians, understanding what makes people happy is crucial. Among the richer nations, some, like the Danes and the Swiss, are much happier than others.
The lack of historical evidence does not deter Menzies and his followers. Nobody disputes the Chinese fleets' capacity for long sea voyages at that time.
He got sick and tired of them going on about how he came from "down under".

Zheng He's dragon ships travelled on more than one occasion from China to the east coast of Africa.
The big budget adaptation of Gulliver's Travels is going to be an epic. An estuary is the part of a river where it becomes wide and joins the sea. Advertisements often show pictures of smiling faces, pretty resorts and euphoric carnivals.
Have you ever visited the fjords of Norway?
They are adamant that Zheng He's fleet circumnavigated the globe. Parts of the ship could be flooded to create giant fish tanks. I get as much footage as I can of the locations I'm interested in. Advertisements on TV and in glossy magazines sell the idea of happiness. I really enjoyed the itinerary you put together for the trip.
A new survey gives information, in the form of league tables, about people's perceptions of happiness.
You choose the places that are most important to you on the map and then you magnify them.

| mainland (adj) | /mem,lænd/ | continentale |
| :---: | :---: | :---: |
| maze (n) C | /merz/ | dedalo |
| navigate (v) | /nævigeit/ | navigare |
| ocean-going (adj) | /əu¢n'gəuin/ | d'alto mare |
| out of the way (adj) | /aut əv ðə wei/ | fuori mano |
| paramount (adj) | /'pærəmaunt/ | sommo, massimo |
| pending (adj) | /'pendin/ | imminente |
| perception (n) C | /pa'sepfn/ | percezione |
| pipedream (n) C | /paip,drim/ | sogno irrealizzabile |
| plain (n) C | /plein/ | pianura |
| plot (v) | /plot/ | tracciare |
| Pom (n) C | /ppm/ | "inglese" |
| populate (v) | /pppju,lert/ | popolare |
| repulse (v) | /ri'psls/ | disgustare |
| round (v) | /raund/ | doppiare |
| rural (adj) | /rueral/ | rurale |
| satire (n) C | /'sætasa/ | satira |
| set sail (v) | /,set 'seil/ | salpare |
| setting ( n ) C | /'setıy/ | ambientazione |
| settlement (n) C | /'setlmənt/ | insediamento |

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Enjoy open sea sailing across Atlantic from San Miguel to mainland Europe.
Cappadocia is an amazing place - a maze of narrow valleys
Menzies claims they navigated the Straits of Magellan almost 100 years before Magellan did.
Long sea voyages were now seen as an unnecessary luxury and the building of ocean-going vessels had become a crime punishable by death.
It was a perfect location, so out of the way, so untouched by the modern world.
Happiness can suffer in societies where material possessions are of paramount importance.
I have no other projects pending so I'm going to do a bit of travelling. A new survey gives information, in the form of league tables, about people's perceptions of happiness.
'Why is New Zealand highlighted?' 'Ah, that's a pipedream - I've always wanted to go there.'
A plain is a large, flat area of land.
Menzies used reconstructions of $15^{\text {th }}$ century night skies to plot Zheng He's course.
'Pom' is a slightly insulting Australian word for someone who comes from the UK.

There were interpreters in seventeen different languages, skilled craftsmen and hundreds of women to populate the new settlements.
They were repulsed by some of his strange habits.
His fleet rounded the Cape of Good Hope, set course westwards across the Atlantic and reached the coast of Brazil sometime in December 1421

Only 150 years ago the San Fernando Valley was a rural farming area.
It's a brilliant satire of Britain at the beginning of last century.
History books tell how his ships set sail from Nanjing on the river Yangtze.
The location could be a street, a building, a historic setting or a particular kind of landscape.
Chinese artefacts and settlements in Sri Lanka support claims that he sailed across the Indian Ocean.

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| sizeable (adj) | /'sazzabl/ | di discreta dimensione | It's best if the location is within reach of a sizeable town. |
| :---: | :---: | :---: | :---: |
| skilled (adj) | /skild/ | specializzato | There were interpreters and skilled craftsmen on the ships. |
| spice (n) C | /spars/ | interesse | To add a bit of spice the studio has asked for the locations all to be within easy reach of each other. |
| step back (v) | /step bæk/ | farsi da parte | It'll be time for me to step back and let the location manager take over from there ... and good luck to her! |
| submarine ( n ) C | /,sabmə'rim/ | sottomarino | Gavin Menzies is a retired British submarine commander. |
| supply (v) | /so'plai/ | fornire | That company supplies ink for photocopiers. |
| temporary (adj) | /'temperrri/ | temporaneo | Going on holiday for two weeks is only a temporary solution. |
| unspoilt (adj) | /nn'sporid/ | incontaminato | Enter through the straits of Gibraltar, with incredible views of Rif mountains in Morocco on one side and the unspoilt beaches of western Andalusia on the other. |
| upside down (adv) | /,ıpsard 'daun/ | capovolto | 'It's based on an Australian map.' 'Yeah, I can see ... it's upside down.' |
| vessel (n) C | /'vesl/ | vascello | The building of ocean-going vessels had become a crime punishable by death. |
| veteran (adj) | /'vet(ə)rən/ | veterano | Sophie's a veteran location scout and she's going to tell us some of the secrets of location hunting. |
| wash away (v) | /wnd ə'wei/ | portar via | In fact, it rained so much that thousands of dollars of equipment were washed away in the water. |
| well-earned (adj) | /,wel'3:nd/ | ben meritato | Dock at Gibraltar for a few days of well-earned rest before continuing to Balearic Islands. |
| workshop (n) C | /'w3:k ${ }^{\text {dop/ }}$ | gruppo di studio, seminario | The workshop failed to reach any practical conclusions. |

